



Australian Government

SITHASC033 Prepare dim sum

Release: 1

SITHASC033 Prepare dim sum

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to prepare and cook dim sum following standard recipes. It requires the ability to select, prepare and portion ingredients and to use relevant equipment and cookery methods.

The unit applies to hospitality and catering organisations that offer Chinese cuisine, and to cooks who usually work under the guidance of more senior chefs.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Unit Code	Unit Title
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SITXFSA005	Use hygienic practices for food safety
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Competency Field

Asian Cookery

Unit Sector

Hospitality

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Select ingredients.
 - 1.1. Confirm food production requirements from standard recipes.
 - 1.2. Calculate ingredient amounts according to requirements.
 - 1.3. Identify and select dim sum ingredients from stores according to recipe, quality, freshness and stock rotation requirements.
 - 1.4. Check perishable supplies for spoilage or contamination prior to preparation.
2. Select, prepare and use equipment.
 - 2.1. Select type and size of equipment suitable to requirements.
 - 2.2. Safely assemble and ensure cleanliness of equipment before use.
 - 2.3. Use equipment safely and hygienically according to manufacturer instructions.
3. Portion and prepare ingredients.
 - 3.1. Sort and assemble ingredients according to food production sequencing.
 - 3.2. Measure, weigh and portion ingredients according to recipe requirements.
 - 3.3. Minimise waste to maximise profitability of food items prepared.
4. Cook dim sum.
 - 4.1. Portion dim sum precisely.
 - 4.2. Prepare fillings, glazing and coating agents to correct consistency, according to recipe.
 - 4.3. Size and shape buns and dumplings.
 - 4.4. Select and use dim sum cookery processes.
 - 4.5. Prepare accompaniments as required.
 - 4.6. Follow standard recipes and make food quality adjustments within scope of responsibility.
5. Present and store dim sum.
 - 5.1. Portion and serve dim sum according to recipe requirements.
 - 5.2. Present dim sum on appropriate service-ware.
 - 5.3. Add accompaniments according to standard recipe requirements.
 - 5.4. Visually evaluate dish and adjust presentation.
 - 5.5. Ensure food safety, quality and shelf life by storing dim sum and accompaniments in appropriate environmental conditions.
 - 5.6. Clean work area and dispose of or store surplus and re-usable by-products according to organisational procedures, environmental considerations and cost-reduction initiatives.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	- locate information in standard recipes to determine food preparation requirements - interpret manufacturer instructions for equipment - locate and read date codes and rotation labels on food products.
Writing skills to:	record notes on recipe requirements.
Numeracy skills to:	- calculate the number of portions - determine cooking times and temperatures - measure quantities of ingredients using simple measuring instruments.
Problem-solving skills to:	- evaluate quality of ingredients and finished dishes and make adjustments to ensure a quality product - adjust taste, texture and appearance of food products according to identified deficiencies.
Planning and organising skills to:	efficiently sequence the stages of food preparation and production.
Self-management skills to:	manage own speed, timing and productivity.

Unit Mapping Information

Supersedes and is equivalent to SITHASC014 Prepare dim sum.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=68c40a93-e51d-4e0f-bc06-899dff092694>

Assessment Requirements for SITHASC033 Prepare dim sum

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- prepare 10 items each for six different types of dim sum from the list in the knowledge evidence
- prepare appropriate accompaniments for the above dim sum
- use each of the following preparation processes when preparing above dim sum:
 - blending and balancing flavours and aromatics
 - cutting
- use each of the following cookery processes and complete mise en place activities when preparing above dim sum:
 - boiling
 - deep-frying
 - shallow frying
 - braising
 - steaming
- prepare, plate and present above dim sum:
 - within commercial time constraints
 - following procedures for portion control and food safety practices when handling and storing dim sum
 - responding to at least one special customer request.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- culinary terms and trade names for ingredients commonly used in the production of dim sum:
 - coating and setting agents
 - coconut products
 - fat compounds
 - fillings
 - flours
 - herbs and spices
 - oils

- meat
- seafood
- vegetables
- required changes to dim sum to reflect cultural and regional considerations and variations
- contents of date codes and rotation labels for stock
- characteristics of dim sum ingredients and finished dishes:
 - accompaniments and garnishes
 - appearance and presentation
 - freshness and other quality indicators
 - service style
 - taste
 - texture
- types of dim sum and required preparation and cookery processes:
 - chicken buns
 - chive dumplings
 - pork buns
 - pork wontons
 - pot-sticker dumplings
 - prawn dumplings
 - Shanghai dumplings
 - soup meat buns
 - spring rolls
 - stuffed bean curd
 - stuffed crab claws
 - symbolic dim sum
 - vegetarian dumplings
- effects of cooking techniques on taste, texture and appearance
- appropriate environmental conditions for storing dim sum products and dishes to:
 - ensure food safety
 - optimise shelf life
- safe operational practices using essential functions and features of equipment used to produce and present dim sum.

Assessment Conditions

Skills must be demonstrated in an operational commercial kitchen. This can be:

- an industry workplace; or
- a simulated industry environment, such as an industry-realistic training kitchen servicing customers.

Assessment must ensure access to:

- fixtures and large equipment:
 - commercial:
 - blender
 - food processor
 - commercial grade work benches (1.5m/person)
 - commercial refrigeration facilities:
 - freezer
 - fridge
 - designated storage area for dry goods and perishables
 - sink
 - gas electric or induction stove tops (two burners per person)
- small equipment:
 - containers for hot and cold food
 - cutting boards
 - graters and peelers
 - knives and cleavers
 - measures:
 - measuring jugs
 - measuring spoons
 - portion controlled scoops
 - mincer
 - pastry and dough rollers
 - pans and pots:
 - stainless steel, cast iron and non-stick fry pans
 - pots
 - service-ware:
 - platters, dishes and bowls
 - cutlery and serving utensils
 - chopsticks
 - small utensils:
 - sieve
 - skimmer
 - strainer
 - scraper
 - spatula
 - pastry brush
 - fruit corer
 - whisk
 - spice grinder
 - spoons and ladles

- steamer
- food safe gloves
- diverse and comprehensive range of perishable food supplies for Asian cookery
- cleaning materials and equipment:
 - cleaning cloths
 - commercial cleaning and sanitising agents and chemicals for cleaning commercial kitchens, equipment and food storage areas
 - dustpans and brooms
 - garbage bins and bags
 - hand towel dispenser and hand towels
 - mops and buckets
 - separate hand basin and soap for hand washing
 - sponges, brushes and scourers
 - tea towels
- organisational specifications:
 - equipment manufacturer instructions
 - current commercial stock control procedures and documentation for ordering, monitoring and maintaining stock
 - mise en place lists and standard recipes
 - food safety plan
 - guidelines relating to food disposal, storage and presentation requirements
 - safety data sheets (SDS) for cleaning agents and chemicals
- safe working environment.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors; and:

- have worked in industry for three years where they have applied the skills and knowledge of this unit of competency.

Links

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