



Australian Government

Department of Education, Employment and Workplace Relations

SISSTNS303A Coach stroke production and tactics for junior tennis players

Release: 2

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Modification History

Not Applicable

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to coach junior tennis players in fundamental stroke production and tactical strategies appropriate to singles and doubles.

Application of the Unit

This unit applies to those working as assistant tennis coaches. This may include those undertaking a supportive role in the planning and implementation of tennis activities for junior players.

Licensing/Regulatory Information

No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

Nil

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements describe the essential outcomes of a unit of competency.

Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.

1. Introduce fundamental aspects of stroke production.

- 1.1. Identify the ***fundamental aspects of stroke production*** to be developed.
- 1.2. Provide opportunities for players to practice components of stroke production according to ***relevant legislation and organisational policies and procedures***.

2. Coach junior tennis players to produce strokes and apply tactics.

- 2.1. Introduce players to the major stroke types.
- 2.2. Demonstrate and explain tennis strokes and ***stroke fundamentals, strategies and tactics*** for singles and doubles tennis according to relevant legislation and organisational policies and procedures.
- 2.3. Support players to practice each type of tennis stroke and apply tactical knowledge and perspective.
- 2.4. Observe and monitor player progress and adjust activities where required according to relevant legislation and organisational policies and procedures.

3. Analyse and correct stroke production and tactics.

- 3.1. Analyse individual and group progress and select appropriate corrective strategies.
- 3.2. Develop and implement an ***improvement program***.
- 3.3. Devise stroke development and tactical progression and regression activities to address correction requirements of individuals and groups.
- 3.4. Apply correction activities to encourage junior players and provide constructive feedback.

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication and interpersonal skills to:
 - interact with participants and convey information about activities
 - explain stroke fundamentals, strategies and tactics
- observation skills to:
 - identify learning needs
 - monitor individual and group progress
 - select appropriate corrective strategies
- problem-solving skills to:
 - recognise and accommodate the needs of individual learners of different age groups and ability levels
 - adjust coaching session to improve skills and tactical knowledge of players
- numeracy skills to support effective time management to deliver coaching activities within timeframes
- literacy skills to develop an improvement program.

Required knowledge

- legislation and organisational policies and procedures to enable safe conduct of all activities
- technical, tactical, physical and psychological needs of junior tennis players to plan developmentally appropriate activities
- fundamental aspects of stroke production as applied to each type of stroke
- progressions for tactical development to determine next points of progression
- tactical and technical errors and related correction strategies or activities
- player positions and strategies relevant to singles and doubles
- equipment and resource requirements to ensure suitability to junior players
- tennis skills to demonstrate major stroke types and tactics.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- demonstrates technical tennis skills to support explanation of aspects of stroke production, major stroke types and tactics
- analyses player progress and determines appropriate corrective strategies and improvement plans
- structures sessions to provide appropriate skill progression and regression for individuals and groups
- structures and delivers coaching activities to support and reinforce positive learning outcomes for junior players.

Context of and specific resources for assessment

Assessment must ensure coaching of multiple sessions for junior players that are of sufficient duration and breadth to demonstrate competency and consistency of performance

Assessment must also include access to:

- groups of participants to take part in junior level tennis activities
- a tennis venue with courts suitable for the conduct of tennis activities
- equipment for tennis activities.

Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- observation of demonstrating stroke fundamentals, strategies and tactics for singles and doubles tennis
- observation of monitoring player's development of skills and tactics and adjusting activities where required
- oral or written questioning to assess knowledge of the application of legislation and organisational policies and procedures required to maintain participant safety

- third-party reports from a supervisor or leader detailing performance.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended. Industry has determined that this unit must be assessed with the following unit:

- SISSCGP201A Apply legal and ethical coaching practices.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Fundamental aspects of stroke production may include:

- grip
- stance
- footwork
- initial preparation
- swing pattern
- contact
- follow through.

Relevant legislation may include:

- occupational health and safety
- working with children
- equal opportunity
- privacy
- environmental regulations.

Organisational policies and procedures may include:

- occupational health and safety
- risk management
- communication protocols
- supervision requirements
- use and maintenance of equipment and procedures
- first aid procedures
- code of ethics.

Stroke fundamentals, strategies and tactics may include:

- forehand, ground strokes
- backhand, ground strokes
- serve
- net play
- lob
- singles and doubles play.

Improvement program may include:

- systematic analysis of play
- checklist of improvements
- corrective strategies and activities
- timetable for implementing corrective strategies.

Unit Sector(s)

Sport

Competency Field

Tennis