



Australian Government

Department of Education, Employment and Workplace Relations

SISSSOC301A Perform advanced level soccer skills

Release: 2

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Modification History

Not Applicable

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to perform the advanced level skills of soccer. This unit focuses on the development and performance of advanced level soccer skills during drills, activities, games and competitions.

Application of the Unit

This unit applies to current, junior or aspiring athletes who are competing in soccer at a local, state or national level. It may also apply to those in sports development or soccer coaching roles.

Licensing/Regulatory Information

No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

Nil

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements describe the essential outcomes of a unit of competency.

Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.

1. Prepare for drills, activities, games and competitions.

- 1.1. Access and interpret soccer ***rules, regulations and policies.***
- 1.2. Determine ***biomechanical principles*** as they apply to soccer.
- 1.3. Identify ***advanced skills of soccer*** and determine observable body movements for each stage of these skills in priority of importance when performing the skills.
- 1.4. Identify the advanced level skills of soccer players applicable to each position and player and their purpose.

2. Participate in soccer drills, activities, games and competitions.

- 2.1. Undertake ***drills, activities, games and competitions*** in a safe manner, according to ***relevant legislation and organisational policies and procedures.***
- 2.2. Link and perform the advanced level skills to form a sequence of movements in competition conditions.
- 2.3. Maintain ***effective communication*** with team members and coach during drills, activities, games and competitions.

3. Review advanced skills performance.

- 3.1. Review advanced level skills practiced throughout drills, activities, games and competitions, and identify strengths and areas requiring improvement.
- 3.2. Identify ***conditions and external influences*** affecting conduct of activities and identify contingency strategies to improve future sessions.

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication skills on and off the soccer field:
 - to determine other player's intentions and movements
 - communicate with coaches and clarify positions, rules and play setups
 - seek feedback and instructions from team members, coaches, support staff and referees
- teamwork skills to:
 - encourage and support team members
 - share the ball with others
 - respect other player's decisions
 - participate effectively in training activities
- language and literacy skills to access, interpret and apply information about the rules and regulations of soccer games and competitions to on field performance
- problem-solving skills to:
 - respond appropriately to changing conditions during training and game situations
 - apply strategies to resolve disputes related to the conduct or outcome of a game
- self-management skills to:
 - review and reflect on own performance
 - organise time and priorities effectively
 - set short, medium and long term goals.

Required knowledge

- legislation and organisational policies and procedures to enable safe participation during soccer drills, activities, games and competitions
- rules, regulations and policies of Football Federation Australia, including best practice codes of conduct to participate appropriately
- positions and players of soccer and their roles and responsibilities on the field, during games
- relevant equipment and technological aids used in soccer drills, activities, games and competitions to enhance advanced skills
- communication systems used between players, coaches, support staff and referees during soccer drills, activities, games and competitions
- self reflection principles to enable effective self-evaluation for future improvement.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- determines observable body movements for each stage of advanced level skills and links together and practices these during drills, activities, games and competitions
- performs skills relevant to positional requirements and conditions at an accuracy rate of at least 70%
- communicates appropriately with team members, coaches, referees and support staff throughout drills, activities, games and competitions, and responds to feedback
- reviews own and team's performance to identify strengths and areas requiring improvement or modifications.

Context of and specific resources for assessment

Assessment must ensure performance of skills relevant to positional requirements and conditions at an accuracy rate of at least 70% on sufficient occasions to demonstrate competency and consistency of performance.

Assessment must also ensure access to:

- soccer training and competition facilities, with marked out fields
- groups and teams competing at an advanced level
- a coach to instruct and address players
- suitably qualified referees
- support staff, such as trainers
- access to rules and regulations such as the International Football Association Board Laws of the Game and the Football Federation Australia Code of Conduct
- current relevant legislation and organisational policies and procedures that impact on the conduct of drills, activities, games and competitions.

Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- observation of performance of skills at an accuracy rate of at least 70% during drills, activities, games and competitions
- oral or written questioning to assess knowledge of relevant rules, regulations and policies of the Football Federation of Australia, and their application at an advanced level of performance
- third-party reports from coaches or referees detailing performance.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended, for example:

- SISSSOC302A Perform advanced level soccer tactics and strategies.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Rules, regulations and policies may include:

- International Football Association Board Laws of the Game
- best practice codes of conduct, such as Football Federation Australia Code of Conduct
- policies of Football Federation Australia, such as anti-doping policy
- Australian Sports Commission Harassment-free Sport policy.

Biomechanical principles may include:

- balance
- motion
- force
- momentum
- power.

Advanced skills of soccer may include:

- positional play
- attacking skills
- defensive skills
- ball control
- tackling
- running
- kicking
- throw-ins
- restart.

Drills, activities may include:

- those showing a sequential progression to an 'on field' situation or starting with the 'on field' situation and then breaking down skills
- advanced skill drills
- warm-ups and cool-downs
- grid work
- manual work.

Games and competitions may include:

- modified games
- practice matches:
 - specific skill focus
 - specific play focus
- inter-club and team games

- competition games:
 - scoring
 - statistics.
- Relevant legislation** may include:
- occupational health and safety
 - permits from land management authorities or local council
 - authority or permission from land owners or soccer clubs
 - anti doping policy
 - harassment-free sports policies.
- Organisational policies and procedures** may include:
- occupational health and safety
 - conflict resolution
 - communication protocols
 - use, care and maintenance of equipment and field
 - training and scheduling commitments
 - code of ethics.
- Effective communication** may include:
- calls
 - hand signals
 - eye signals
 - signs
 - nods
 - codes for player's names
 - codes for different plays.
- Conditions and external influences** may include:
- environmental and weather conditions
 - other facility users
 - support staff
 - spectators
 - parents
 - referees and administrators
 - other coaches.

Unit Sector(s)

Sport

Competency Field

Soccer