



Australian Government

Department of Education, Employment and Workplace Relations

SISSGLF508A Teach the advanced skills of professional golf

Release: 2

SISSGLF508A Teach the advanced skills of professional golf

Modification History

Not Applicable

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to teach and develop the advanced skills of golf. This unit focuses on planning, conducting and evaluating drills, activities and games to teach the skills of golf to an advanced level.

Application of the Unit

This unit applies to those intending to pursue a career as a golf coach at an international level. This includes observing high performance athletes to determine the level of instruction required, and planning, conducting and evaluating high performance individualised training programs. This also involves supervising practice sessions and providing in-competition assistance to golfers and conducting post-competition analysis of both performance and strategy.

Licensing/Regulatory Information

No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

Nil

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements describe the essential outcomes of a unit of competency.

Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.

1. Plan session or sessions.

- 1.1. Establish ***participant's needs and characteristics***.
- 1.2. Assess participant's ***readiness*** and current knowledge of golf in order to determine ***session aims and objectives***.
- 1.3. Develop a ***plan*** according to participant's needs and characteristics, ***relevant legislation*** and ***organisational policies and procedures*** and ***endorsed standards promoted by golf***.
- 1.4. Identify ***safety procedures*** associated with advanced golf ***drills, activities*** and ***games*** according to organisational policies and procedures.
- 1.5. Select and access location, ***equipment*** and ***resources*** according to organisational policies and procedures.

2. Brief participants.

- 2.1. Communicate instructions and ***relevant information*** about the advanced golf session in a manner appropriate to participants.
- 2.2. Encourage participants to seek clarification, information and feedback as required during the session.
- 2.3. Inform participants of known and anticipated ***risks***, safety procedures, appropriate behaviour and the ***rules and regulations of golf***.
- 2.4. Establish a suitable communication system to facilitate participation in drills, activities and games.

3. Conduct advanced golf session or sessions.

- 3.1. Select and apply clear and accurate ***teaching and coaching techniques*** to develop the requirements of the ***advanced skills of golf***.
- 3.2. Use teaching aids and technological devices to supplement presentations and to assist in diagnosis of errors and their correction.
- 3.3. Conduct warm-up and introductory activities for participants to reduce the risk of injury.

ELEMENT	PERFORMANCE CRITERIA
4. Complete post-session responsibilities.	3.4. Monitor individual participant's performance and maintain effective communication during advanced golf drills, activities and games.
	3.5.Observe and analyse players' skill execution during advanced golf drills, activities and games and apply a range of correction techniques appropriate to all learning stages and player ability levels.
	3.6.Allow time for cooling down at the end of the session and inform participants of opportunities to further develop their advanced golf skills.
	4.1.Provide opportunities for participants to identify their personal progress and satisfaction with the session, and give feedback as required.
	4.2.Evaluate relevant aspects of golf session and determine the level of learning achieved.
	4.3.Identify potential areas of improvement for future golf sessions.

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication skills to:
 - consult with participants to plan an advanced golf session that meets their needs
 - convey information about the safety aspects of the session
 - interact with participants to create a safe and positive environment
- problem-solving skills to:
 - plan suitable advanced golf sessions according to participant's needs and characteristics
 - address participant difficulties in developing skills and techniques
 - anticipate and respond appropriately to non-routine situations
- planning and organising skills to:
 - source, allocate and coordinate resources, equipment and a suitable location
 - monitor and evaluate progress
 - organise participants into manageable groups for advanced golf drills, activities and games
- language and literacy skills to:
 - produce a plan for the advanced golf session or sessions
 - complete post-session participant and self-evaluations
 - give and receive feedback
- teaching and coaching techniques to suit a range of participant's needs, characteristics and learning styles
- golf skills to an advanced level of technical correctness to enable understanding of progressive skills acquisition to demonstrate, explain and break down skills and techniques to participants and recognise and correct participant performance errors
- first aid and emergency response skills appropriate to the location to enable initial response to injury.

Required knowledge

- legislation, organisational policies and procedures, and rules and regulations of advanced golf to enable safe conduct of session or sessions
- relevant equipment and safety requirements to enable safe participation in advanced golf sessions
- technological aids such as video and or computer enhanced assessment to enable the effective and accurate assessment of technique
- teaching and coaching techniques and practices applicable to a range of ages and learning abilities
- anatomy and physiology to enable understanding of swing analysis and motion
- biomechanical and ball flight laws and principles to enable the teaching of advanced skills of golf

- factors affecting skill acquisition such as stage of development and psychological status to enable the application of effective teaching and coaching techniques
- advanced skills of golf such as swing mechanics and components (pre-swing, backswing and forward swing), and specific drills, activities and games that promote progressive advanced skill acquisition in individuals and groups
- variances in swing mechanics for different shot types to enable appropriate instruction and correction of technique
- site-specific information to assist in the planning process and enable management of potential risks, and any special restrictions applying to the location
- risks commonly associated with advanced golf, and methods of mitigating these risks
- emergency response and rescue procedures appropriate for advanced golf, to ensure risk minimisation to self and group
- golf terminology and its application to the advanced skills of golf
- golf etiquette, both amateur and professional to enable this information to be built into sessions and conveyed to participants.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- plans and delivers information, explanations and demonstrations for golf sessions to ensure activities are conducted safely according to participant's needs and characteristics
- observes and monitors the progress of participants and provides constructive feedback and intervention to improve and develop the skills of golf to an advanced level
- uses and modifies teaching and coaching techniques, drills, activities and games to cater for a range of individual learning styles and levels
- evaluates and reflects on own coaching performance to identify strengths, weaknesses and areas that need improvement.

Context of and specific resources for assessment

Assessment must ensure conduct of safe drills, activities and games that reflect the needs and characteristics of a range of participants and are of sufficient duration and breadth to demonstrate competency and consistency of performance.

Assessment must also ensure access to:

- resources and information regarding participants to accurately plan, coach and document golf sessions to an advanced level of performance
- rules and regulations of golf such as Golf Australia publications and the Australian Sports Commission harassment-free Sport policy
- current relevant legislation and organisational policies and procedures that impact on the conduct of drills, activities and games
- a suitable location, green or golf facility
- a group of participants to take part in the golf sessions and games to an advanced level
- suitably qualified golfing officials and support staff
- equipment such as clubs and balls.

Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples

are appropriate for this unit:

- observation of planning processes, such as consulting with participants to determine their needs and characteristics
- oral or written questioning to assess knowledge of relevant legislation, organisational policies and procedures, and rules and regulations of golf to enable safe conduct of all drills, activities and games during the session or sessions
- observation of safe golf coaching to an advanced level and monitoring and adjusting instructional techniques according to participant's needs, characteristics and responses
- portfolio of session plans and self-evaluations
- third-party reports from a supervisor or mentor detailing performance.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended, for example:

- SISSGLF509A Teach the advanced tactics and strategies of professional golf.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Participant's needs and characteristics may include:

- age
- cultural factors
- fitness level and physical capabilities
- advanced golf skills and knowledge
- physiological make-up
- injuries and illnesses.

Readiness may include:

- fitness levels
- motor performance factors
- level of arousal which will enhance performance.

Session aims and objectives may include:

- progressive skill acquisition
- self improvement
- motivation
- individual player techniques
- fitness targets.

Plan may include:

- session aims and objectives
- date, time and duration
- location
- course conditions
- coach or mentor and participant ratios
- resources and equipment
- skill based, technical or physical drills and activities
- participation costs.

Relevant legislation may include:

- occupational health and safety
- authority or permission from land owners and or golf clubs
- privacy
- equal opportunity
- working with children
- environmental regulations
- harassment-free sports policies.

Organisational policies and procedures may include:

- occupational health and safety
- teaching bay and range organisation

- golf etiquette
 - pre lesson fitness screening
 - communication protocols
 - use, care and maintenance of equipment and green
 - training and scheduling commitments
 - code of ethics and behaviour National Activity Organisation policies and procedures manual
 - Australian Sports Commission Junior Sport Policy.
- Endorsed standards promoted by golf** may include:
- the ASC Coaches Code of Conduct
 - Coach Accreditation body's procedures manual.
- Safety procedures** may include:
- group management in emergency situations
 - prevention and treatment of common golf injuries
 - equipment checking and usage.
- Drills, activities** may include:
- those described in the PGA manual
 - national skills test
 - impact drills
 - entering and terminal performance tasks
 - posture drills
 - swing plane
 - release drills
 - on course modified games such as, two ball worst ball
 - computer swing and or video analysis.
- Games** may include:
- practice competitions
 - competitions or tournaments
 - linking of practice skills learnt during drills and activities.
- Equipment** may include:
- charts
 - mirrors
 - impact bags
 - putting alignment aids
 - lie boards
 - shafts.
- Resources** may include:
- analysis software
 - golf course and or range.
- Relevant information** may include:
- skill or skills focus of session or sessions
 - equipment and resource requirements, selection and use

- objectives
 - rules and regulations of golf
 - responsible and safe behaviour.
- Risks** may include:
- injuries
 - exhaustion
 - dehydration.
- Rules and regulations of golf** may include:
- Golf Australia's women's and men's handicapping and course rating system
 - best practice codes of ethics and policies of organisations such as:
 - Golf Australia
 - PGA of Australia
 - Australian Sports Commission
 - current editions of Rules of Golf, The Royal and Ancient Golf Club of St Andrews and Decisions on the Rules of Golf.
- Teaching and coaching techniques** may include:
- demonstration
 - explanation
 - focusing on a single skill
 - breaking down skills into components
 - progressing through and linking skills
 - monitoring and observing progress
 - assessment and evaluation.
- Advanced skills of golf** may include:
- specialty shots from:
 - long grass
 - divots and depressions
 - soggy grass and bunkers
 - bare lies
 - sandy lies
 - sloping lies
 - wind shots
 - punch shots.
- Monitoring** may include:
- handicap or score averages
 - National Skills Test
 - round analysis and performance charting
 - carry distance profiling.
- Relevant aspects** may include:
- effectiveness of the teaching and coaching session
 - suitability of teaching and coaching methods
 - feedback provided to or by participants
 - initial and final assessment of participant's

abilities.

Unit Sector(s)

Sport

Competency Field

Golf