



Australian Government

Department of Education, Employment and Workplace Relations

SISSGLF304A Perform the advanced skills of golf

Release: 2

SISSGLF304A Perform the advanced skills of golf

Modification History

Not Applicable

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to perform the advanced skills of golf. Advanced golf skills are defined as a handicap of 3 or better for males and 5 or better for females and a National Skills Test score in the range of 60 to 75. The unit focuses on the development and performance of advanced golf skills through participation in drills, activities, games or competitions.

Application of the Unit

This unit applies to current, junior or aspiring athletes who are competing in golf at a regional, State, Territory or National level. Those undertaking this unit should be a scholarship holder with a regional, State, Territory or National Institute of Sport, a member of a State, Territory or National team, squad or development program, or a member of a second tier national competition. It may also apply to those in golf coaching roles.

Licensing/Regulatory Information

No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

Nil

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements describe the essential outcomes of a unit of competency.

Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.

1. Prepare for drills, activities, games and competitions.

- 1.1. Access and interpret golf ***rules, regulations and policies.***
- 1.2. Determine ***basic biomechanical principles*** as they apply to golf.
- 1.3. Identify the ***advanced skills of golf*** and determine observable body movements for each stage of these skills in priority of importance when performing the skills.
- 1.4. Identify the advanced skills of golf players applicable to different shots, and their purpose.
- 1.5. Select ***aids and equipment*** to enhance acquisition of advanced golf skills.

2. Participate in golf drills, activities, games and competitions.

- 2.1. Undertake ***drills, activities***, games and competitions to ***relevant legislation*** and ***organisational policies and procedures.***
- 2.2. Link and perform the advanced skills in competition conditions.
- 2.3. Maintain effective communication with coach during drills, activities, games and competitions.

3. Review advanced skills performance.

- 3.1. ***Review*** performance and identify strengths and areas requiring improvement.
- 3.2. Identify ***conditions and external influences*** affecting conduct of activities and identify contingency strategies to improve future performance.

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication skills to:
 - communicate with coaches or mentors
 - follow instructions during drills and activities
 - clarify rules and seek feedback on performance
- language and literacy skills to access, interpret and apply information about the rules and regulations of golf
- problem-solving skills to:
 - respond to changing conditions during training and competition situations
 - apply strategies to improve performance
- self-management skills to:
 - review and reflect on own performance
 - organise time and priorities effectively
 - set short, medium and long term goals
 - ability to play golf at a sufficient standard to obtain and retain a specified official golf handicap according to Golf Australia's women's and men's handicapping and course rating system as registered with Golf Australia or equivalent.

Required knowledge

- legislation and organisational policies and procedures to enable safe participation during golf drills, activities, games and competitions
- rules, regulations and policies of relevant golfing bodies including Golf Australia and the Professional Golfers Association (PGA) of Australia
- best practice codes and etiquette in order to play at a sufficient standard to obtain an official golf handicap according to Golf Australia's women's and men's handicapping and course rating system as registered with Golf Australia
- self-reflection principles to enable effective self-evaluation for future improvement
- equipment and technological aids used in golf drills, activities, games and competitions to develop and enhance advanced skills
- communication systems used between players, coaches and support staff and officials during golf drills, activities, games and competitions.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- performs the advanced skills of golf to achieve a handicap of 3 or better for males and 5 or better for females under competition conditions over a minimum of five rounds on a minimum of three 18 hole golf courses and achieves a score in the range of 60 to 75 on the National Skills Test
- determines observable body movements for each stage of advanced skills and links together and practices these during drills, activities, games and competitions
- communicates with coach or mentor, officials and support staff throughout drills, activities, games and competitions, and responds to feedback
- applies review and contingency strategies to own performance to identify strengths and areas requiring improvement and further development.

Context of and specific resources for assessment

Assessment must ensure achievement of a handicap of 3 or better for males and 5 or better for females under competition conditions over a minimum of 5 x 18 hole rounds or equivalent and achieves a score in the range of 60 to 75 on the National Skills Test to demonstrate competency and consistency of performance.

Assessment must also ensure access to:

- golf training and competition facilities
- a coach or mentor to instruct athletes
- suitably qualified golfing officials and support staff
- technological aids and equipment
- resources and information outlining the advanced skills of golf
- rules and regulations of golf, current legislation and organisational policies and procedures that impact on the conduct of drills, activities, games and competitions.

Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples

are appropriate for this unit:

- observation of performance of advanced skills of golf during drills, activities, games and competitions
- oral or written questioning to assess knowledge of relevant rules, regulations and etiquette of golf and the various advanced skills of golf
- third-party reports from coaches or professionals detailing performance.
- Industry has determined that this unit must be assessed with the following units:
- SISSGLF305A Apply the advanced tactics and strategies of golf
- SISSGLF306A Interpret and apply the rules of golf at the advanced level.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Rules, regulations and policies may include:

- Golf Australia's women's and men's handicapping and course rating system
- best practice codes of ethics and policies of organisations such as:
 - Golf Australia
 - PGA of Australia
 - Australian Sports Commission
- current editions of Rules of Golf, The Royal and Ancient Golf Club of St Andrews and Decisions on the Rules of Golf.

Basic biomechanical principles may include:

- balance
- centre of gravity
- motion
- forces and torques
- momentum
- moment of inertia
- power.

Advanced skills may include:

- specialty shots from:
 - long grass
 - divots and depressions
 - soggy grass and bunkers
 - bare lies
 - sandy lies
 - sloping lies
- wind shots
- punch shots.

Aids and equipment may include:

- golf range
- putting green
- video equipment
- charts
- mirrors
- impact bags
- bunker boards
- putting alignment aids

- lie boards
 - shafts
 - computer software.
- Drills and activities*** may include:
- National Skills Test
 - impact drills
 - entering and terminal performance tasks
 - posture drills
 - swing plane
 - release drills
 - on-course modified games such as, two ball worst ball
 - computer swing or video analysis.
- Relevant legislation*** may include:
- occupational health and safety
 - equal opportunity.
- Organisational policies and procedures*** may include:
- occupational health and safety
 - conflict resolution
 - communication protocols
 - use and maintenance of equipment and field
 - training and scheduling commitments
 - code of ethics
 - code of etiquette.
- Review*** may include:
- formal review with the coach or professional
 - video review
 - statistical recording and analysis
 - scores on skills tests.
- Conditions and external influences*** may include:
- environmental and weather conditions
 - other facility users
 - golf course access
 - cost to participate
 - course condition
 - support staff
 - spectators
 - parents
 - referees and administrators
 - other coaches or professionals.

Unit Sector(s)

Sport

Competency Field

Golf