



Australian Government

Department of Education, Employment and Workplace Relations

SISSGLF201A Perform the A Grade skills of golf

Release: 2

SISSGLF201A Perform the A Grade skills of golf

Modification History

Not Applicable

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to perform the A-Grade skills of golf. A-Grade golf is defined as a handicap of 5 to 12 for males and females and a National Skills Test score in the range of 50 to 60. This unit focuses on the development and performance of A-Grade golf skills during drills, activities, games and competitions.

Application of the Unit

This unit applies to current, junior or aspiring athletes who want to pursue a career in golf at a regional, state, territory or national level.

Licensing/Regulatory Information

No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

Nil

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements describe the essential outcomes of a unit of competency.

Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.

1. Prepare for golf drills, activities, games and competitions.

- 1.1. Access and interpret golf ***rules, regulations and policies***.
- 1.2. Determine ***basic biomechanical principles*** as they apply to golf.
- 1.3. Identify ***A-Grade skills of golf*** and determine observable body movements for each stage of these skills in priority of importance when performing the skills.
- 1.4. Select ***aids and equipment*** to enhance acquisition of A-Grade skills.

2. Participate in golf drills, activities, games and competitions.

- 2.1. Undertake ***drills, activities***, games and competitions according to ***relevant legislation*** and ***organisational policies and procedures***.
- 2.2. Link and perform the A-Grade skills of golf in competition conditions.
- 2.3. Maintain effective communication with coach during drills, activities, games and competitions.

3. Review and adapt A-Grade skills performance.

- 3.1. ***Review*** performance and identify strengths and areas requiring improvement.
- 3.2. Identify ***conditions and external influences*** affecting conduct of activities and identify contingency strategies to improve future performance.

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication skills to:
 - communicate with coaches and or professionals
 - follow instructions during drills and activities
 - clarify rules and seek feedback on performance
- language and literacy skills to access, interpret and apply information about the rules and regulations of golf
- self management skills to:
 - review and reflect on own performance
 - organise time and priorities effectively
 - set short, medium and long term goals
- ability to play golf at a sufficient standard to obtain and retain a specified official golf handicap according to Golf Australia's women's and men's handicapping and course rating system as registered with Golf Australia or equivalent.

Required knowledge

- legislation and organisational policies and procedures to enable safe participation during golf drills, activities, games and competitions
- rules, regulations and policies of relevant golfing bodies including the Professional Golfers Association (PGA) of Australia and Golf Australia
- best practice codes and etiquette in order to play at a sufficient standard to obtain an official golf handicap according to Golf Australia's women's and men's handicapping and course rating system as registered with Golf Australia
- biomechanical principles to enable development and application of A-Grade golf skills
- self-reflection principles to enable effective self-evaluation for future improvement
- equipment and technological aids used in golf drills, activities, games and competitions to facilitate the development of A-Grade skills
- safety requirements and practices during golf drills, activities, games and competitions
- communication systems used between players, coaches and support staff and officials during golf drills, activities, games and competitions.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- utilises knowledge and interpretation of A-Grade skills of golf, and relevant rules, regulations and policies to achieve a handicap of 5 to 12 under competition conditions over a minimum of five rounds on a minimum of three 18 hole golf courses and achieves a score in the range of 50 to 60 on the National skills test
- identifies observable body movements for each stage of A-Grade skills and links these together during practice drills, activities, games and competitions
- communicates with coach, officials and support staff throughout drills, activities, games and competitions, and responds to feedback
- applies review and contingency strategies to own performance to identify strengths and areas requiring improvement and further development.

Context of and specific resources for assessment

Assessment must ensure achievement of a handicap of 5 to 12 under competition conditions over a minimum of 5 x 18 hole rounds or equivalent and achieves a score in the range of 50 to 60 on the National skills test to demonstrate competency and consistency of performance.

Assessment must also ensure access to:

- golf training and competition facilities
- a coach or professional to instruct athletes
- suitably qualified golfing officials and support staff
- technological aids and equipment
- information outlining the A-Grade skills of golf and the rules and regulations of golf
- current legislation and organisational policies and procedures that impact on the conduct of drills, activities, games and competitions.

Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- observation of performance of A-Grade skills of golf during drills, activities, games and competitions
- oral or written questioning to assess knowledge of relevant rules and regulations, etiquette of golf and the various A-Grade skills of golf
- third-party reports from coaches or professionals detailing performance.

Industry has determined that this unit must be assessed with the following units:

- SISSGLF202A Apply the A-Grade tactics and strategies of golf
- SISSGLF203A Interpret and apply the rules of golf at the A-Grade level.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Rules, regulations and policies may include:

- Golf Australia's women's and men's handicapping and course rating system
- best practice codes of ethics and policies of organisations such as:
 - Golf Australia
 - PGA of Australia
 - Australian Sports Commission
- current editions of Rules of Golf, The Royal and Ancient Golf Club of St Andrews and Decisions on the Rules of Golf.

Basic biomechanical principles may include:

- balance
- centre of gravity
- motion
- forces and torques
- momentum
- moment of inertia
- power.

A- Grade skills of golf must include:

- pre-swing fundamentals:
 - grip
 - alignment
 - stance
 - ball position
 - posture
- in-swing fundamentals:
 - stages of the full swing
 - full swing principles
- shots:
 - pitching
 - chipping
 - bunker play
 - putting
 - specialist and trouble shots.

Aids and equipment may include: • golf range

- putting green
- charts
- mirrors
- impact bags
- bunker boards
- putting alignment aids
- lie boards
- shafts
- computer software.

Drills and activities may include:

- National skills test
- impact drills
- posture drills
- grip, putting, chipping, bunker, pitching, full swing set-up and full swing motion drills
- release drills
- on-course modified games such as, two-ball worst-ball
- computer swing and or video analysis.

Relevant legislation may include:

- occupational health and safety
- equal opportunity.

Organisational policies and procedures may include:

- occupational health and safety
- conflict resolution
- communication protocols
- training and scheduling commitments
- code of ethics
- code of etiquette.

Review may include:

- individual evaluation
- video review
- statistical recording and analysis
- scores on skills tests.

Conditions and external influences may include:

- environmental and or weather conditions
- other facility users
- support staff
- spectators
- parents
- referees and administrators
- other coaches or professionals.

Unit Sector(s)

Sport

Competency Field

Golf