



Australian Government

Department of Education, Employment and Workplace Relations

SISSAFL305A Perform the advanced tactics of Australian Football

Release: 2

SISSAFL305A Perform the advanced tactics of Australian Football

Modification History

Not Applicable

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to perform the advanced tactics of Australian football. This unit focuses on the development and performance of advanced Australian football tactics through the participation in activities, discussions and games.

Application of the Unit

This unit applies to current, junior or aspiring athletes who are competing in Australian football at a local, state and or national level. It may also apply to those in sports development or football coaching roles.

Licensing/Regulatory Information

No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

SISSAFL202A Perform the intermediate tactics of Australian Football

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

ELEMENT	PERFORMANCE CRITERIA
Elements describe the essential outcomes of a unit of competency.	Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.
1. Participate in pre-game preparation sessions.	1.1. Identify the <i>advanced tactics</i> to be developed in consultation with the coach and other players. 1.2. Use <i>appropriate methods</i> to develop the identified <i>advanced tactics</i>. 1.3. Determine appropriate <i>psychological methods and techniques</i> during pre-game preparation. 1.4. Analyse <i>strengths and weaknesses</i> of individual opposition player or players and identify counter strategies. 1.5. Identify individual and team <i>game plans</i>. 1.6. Identify the <i>role of the coach and support staff</i> regarding tactics for training, team preparation, game situations and the <i>football environment</i>.
2. Implement tactics during an Australian football game.	2.1. Apply agreed tactics to counter strengths and weaknesses of own player or players and opposition player or players. 2.2. Implement identified <i>game plans in a safe manner, according to Australian football rules, regulations and policies, relevant legislation and organisational policies and procedures</i>. 2.3. Identify <i>statistics</i> for team and player or players and implement relevant adjustments where required. 2.4. Maintain <i>effective communication</i> with team members and coaches in order to develop own and team performance.
3. Participate in post-game analysis and follow-up.	3.1. <i>Review</i> advanced tactics practiced throughout activities and games, and identify strengths and areas requiring improvement. 3.2. De-brief on game and analyse <i>strengths and weaknesses of own player or players and</i> opposition player or players in relation to field positioning and match-ups for future referral.

ELEMENT**PERFORMANCE CRITERIA**

3.3. Record and analyse game and player or players statistics, and use to inform future training and preparation for games.

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication skills on and off the football field to:
 - determine other player's intentions and movements
 - communicate with coaches and clarify positions, tactics and strategies
 - seek feedback and instructions from team mates, coaches, support staff and umpires
- teamwork skills to:
 - encourage and support team members
 - share the ball with others
 - respect other player's decisions
 - participate effectively in training activities
- problem-solving skills to read play to:
 - predict the actions of other players
 - determine the strengths and weaknesses of the opposition
 - respond with appropriate tactics and strategies during a game
- language and literacy skills to access, interpret and apply information about the rules and regulations of Australian football games and competitions
- self management skills to:
 - review and reflect on own performance
 - organise time and priorities effectively
 - set short, medium and long term goals.

Required knowledge

- legislation and organisational policies and procedures to ensure safe participation during Australian football activities and games
- rules, regulations and policies of the Australian Football League, including Laws of the Game and best practice codes to participate appropriately
- self reflection principles to enable effective self evaluation for future improvement of tactics
- psychological methods and techniques used in game preparation
- positions and players of Australian football and their roles and responsibilities on the field, during games
- relevant equipment and technological aids used in Australian football activities and games to enhance advanced tactics
- safety requirements and practices during Australian football activities and games
- communication systems used between players, coaches, support staff and umpires during football activities and games.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- utilises knowledge and interpretation of advanced tactics of Australian football, and relevant rules, regulations and policies to develop and follow game plans, and apply the advanced tactics applicable to different positions
- determines strengths and weaknesses of individual player or players and teams and psychologically prepares to apply tactics and strategies accordingly
- communicates appropriately with team members, coach, umpires and support staff throughout activities and games, and responds to feedback
- reviews own and team's football performance to identify strengths and areas requiring improvement and or modifications.

Context of and specific resources for assessment

Assessment must ensure performance of advanced tactics relevant to position and conditions at an accuracy rate of at least 70% on sufficient occasions to demonstrate competency and consistency of performance.

Assessment must also ensure access to:

- Australian football training and competition facilities with marked out fields
- Groups or teams competing at an advanced, state or national level of Australian football
- a coach to instruct and address players
- suitably qualified field, boundary and goal umpires
- support staff, such as runners, trainers, physiotherapists, line markers, scorers and supporters
- technological aids and equipment such as Australian footballs, wickets hats, tackle bags and videos
- resources and information outlining the advanced tactics of Australian football
- rules and regulations such as the Australian Football League rule book, Australian Football League code of conduct, Australian Football League policies, such as anti-doping policy, and the Australian Sports Commission Harassment-free sport policy

- current legislation and organisational policies and procedures that impact on the conduct of activities and games.

Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- observation of performance of advanced tactics at an accuracy rate of at least 70% during activities and games
- oral or written questioning to assess knowledge of relevant rules, regulations and policies of the Australian Football League, and the various advanced tactics of Australian football
- third-party reports from coaches or umpires detailing performance.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended, for example:

- SISSAFL304A Perform the advanced skills of Australian Football.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Advanced tactics may include:

- team set-ups
- centre bounce
- free kicks
- kick outs
- patterns of play in attack
- patterns of play in defence
- analysing the match
- game plans for team and individuals
- weather or ground condition
- communication.

Appropriate methods may include:

- demonstration
- instruction
- monitoring and feedback
- diagrams and drawings
- instructional tools
- training exercises.

Psychological methods and techniques may include:

- goal setting
- visualisation
- relaxation techniques
- motivation techniques
- focusing
- creating values
- confidence
- control
- commitment.

Strengths and weaknesses may include:

- physical strengths and weaknesses:
 - height
 - weight
 - speed
 - passing
 - accuracy
- tactical strengths and weaknesses:
 - ability to successfully implement team plays

Game plans may include:

- ability to use deception and prediction.
- individual or team
- set plays
- targeting opposition players
- identifying weaknesses in opposition team
- style of play
- situational plays.

Role of the coach and support staff may include:

- coach:
 - individual and team preparation
 - identifying and addressing strengths and weaknesses
 - developing and implementing tactics and strategies
 - performance assessment of team and opposition
- support staff:
 - equipment
 - transport
 - injury prevention and treatment
 - strapping.

Rules, regulations and policies may include:

- the Australian Football League (AFL) laws of the game and notes on the laws
- Australian Football League (AFL) rules of the game
- best practice codes of conducts such as AFL code of conduct, AFL player's code of conduct and AFL coaches code of conduct
- policies of the employer organisation such as anti- doping policy, Australian Sports Commission Harassment-free Sport policy
- the Australian Football League racial vilification policy.

Relevant legislation may include:

- occupational health and safety
- permits from land management authorities and or local council
- authority or permission from land owners or football clubs
- anti-doping policy
- harassment-free sports policies.

Organisational policies and procedures may include:

- occupational health and safety
- conflict resolution
- communication protocols

Statistics may include:

- use and maintenance of equipment and field
- training and scheduling commitments
- code of ethics.
- 50 m penalty
- ball up bounce
- behind
- block
- centre bounce
- clanger handball
- clanger kick
- clanger kick in
- contested mark
- dispossessed
- handball
- earned mark
- rushed behind
- short kick
- short kick in
- tackle
- free kick - advantage
- free kick for and against
- gather
- goal
- ground kick
- ineffective kick
- ineffective kick in
- inside 50 m
- kick in to self
- knock on
- long kick
- long kick in
- no pressure error
- out of bounds
- rebound 50 m
- running bounce
- uncontested mark.

Effective communication may include:

- verbal signals
- visual signals
- codes for player's names
- codes for different plays.

Review may include:

- individual
- as a member of the team

- with the coach.

Unit Sector(s)

Sport

Competency Field

Australian Football League