



Australian Government

Department of Education, Employment and Workplace Relations

SISOSRF305A Guide surfing sessions

Release: 2

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Modification History

Not Applicable

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to guide surfing sessions. This unit focuses on the application of planning skills to make suitable arrangements to guide a group on a day surfing session.

Application of the Unit

This unit applies to those working as surfing guides who conduct day surfing sessions in a range of surf conditions. This unit may also apply to leaders working for outdoor education or adventure providers; volunteer groups; not-for-profit organisations or government agencies.

Licensing/Regulatory Information

No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

SISOSRF202A Demonstrate basic surfing manoeuvres in controlled conditions

SISOSRF303A Perform intermediate level surfing manoeuvres

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements describe the essential outcomes of a unit of competency.

Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the Evidence Guide.

1. Plan a day surfing session.

- 1.1. Conduct relevant assessments to determine the ***condition of participants***.
- 1.2. Develop a session ***plan*** according to participant's needs, ***relevant legislation*** and ***organisational policies and procedures***.
- 1.3. Select an appropriate site or location for the session according to participant's abilities, ***session objectives***, relevant legislation and organisational policies and procedures.
- 1.4. Identify ***hazards*** associated with surfing and minimise ***risks*** to ensure personal safety of participants.
- 1.5. Access ***relevant sources*** to interpret detailed ***weather and environmental information*** to determine activity plan.
- 1.6. Determine ***food and water requirements*** according to ***principles of nutrition*** and ***contextual issues*** of the session.

2. Select equipment for the group.

- 2.1. Select ***equipment*** and ***craft*** according to design and construction features and organisational policies and procedures, and check serviceability.
- 2.2. Assess equipment for safety and suitability and adjust and fit to ensure personal comfort.
- 2.3. Check safety and rescue equipment to ensure suitability to the group and the surf conditions.

3. Brief participants.

- 3.1. Communicate instructions and ***relevant information*** about the surfing session in a manner suitable to the participants.
- 3.2. Outline ***safety procedures*** and safe areas and or boundaries for the session.
- 3.3. Explain symptoms, treatment and prevention of hypothermia, hyperthermia and dehydration to group

ELEMENT	PERFORMANCE CRITERIA
	to assist in self-monitoring.
	3.4. Establish a suitable communication system for participants to use while surfing.
4. Supervise surfing session.	4.1. Demonstrate correct surfing manoeuvres to participants.
	4.2. Monitor surfing techniques to ensure safety of participants.
	4.3. Monitor individual participant's performance and provide appropriate feedback.
	4.4. Implement appropriate modifications to session in regard to all variable factors that are monitored.
5. Complete post session responsibilities.	5.1. Notify relevant authority of session completion.
	5.2. Retrieve, inspect, repair and store equipment according to organisational policies and procedures.
	5.3. Evaluate relevant aspects of surfing session.
	5.4. Identify potential areas of improvement for future surfing sessions.
	5.5. Review own performance and identify potential improvements.

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication skills to:
 - consult with participants to plan a surfing session that meets their needs
 - convey information about the safety aspects of the session
 - interact with participants to create a safe and positive surfing environment
- problem-solving skills to:
 - plan a suitable surfing session according to participant's needs and abilities
 - make decisions about potential hazards that may affect session
 - respond appropriately to non-routine situations
- planning and organising skills to:
 - source, allocate and coordinate resources, equipment and a suitable site or location
 - organise participants into manageable groups for surfing
- language and literacy skills to:
 - produce a plan for the surfing session
 - complete post session participant and self evaluations
- swimming, surf survival and rescue techniques to use in the case of a wipe out or troubled situation
- first aid and emergency response skills appropriate to the location to enable initial response and or rescue in surf emergencies.

Required knowledge

- legislation and organisational policies and procedures to enable safe conduct of all activities
- site specific information to assist in the planning process and enable management of potential surfing hazards and any special restrictions applying to the area
- equipment and craft types, characteristics and technology used for surfing, the advantages and disadvantages of the range of equipment and factors affecting appropriate selection of equipment
- use, care and maintenance of surfing equipment to ensure prolonged life span and safety requirements
- principles of nutrition to maintain health and energy during the session
- surfing techniques and common communication systems used between surfers to reduce risk
- surf environments, including types and features of waves, the effect of wind, tide, swell and ocean floors on surf conditions and appropriate responses
- surfing etiquette to surf safely alongside other surfers and swimmers showing a common understanding
- beach zones and signs to avoid hazards and minimise risks

- surf survival and rescue techniques to remove group members from trouble in the surf
- sources of weather and environmental information to ascertain possible conditions and their effect on the session
- hazards and risks that may be experienced in various surf conditions
- first aid, emergency and rescue procedures relevant to the location to ensure safety of self and others.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- plans within activity constraints and guides and monitors groups in a safe and professional manner
- applies effective contingency management techniques to deal with a range of problems and issues that commonly arise during surfing sessions
- encourages and responds to group feedback and evaluates and reflects on own guiding performance to identify strengths, weaknesses and areas that need improvement.

Context of and specific resources for assessment

Assessment must ensure leading surfing sessions that reflect the needs of a range of participants to demonstrate competency and consistency of performance.

Assessment must also ensure access to:

- a suitable surfing location or site that enables the demonstration and practice of surfing techniques and manoeuvres
- a group of participants to take part in the surfing session
- equipment such as suitable craft
- resources and information regarding participants and location to accurately plan, guide and document surfing session for a variety of participants.

Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- observation of interaction with a group of participants, including conveying information for safe participation
- oral or written questioning to assess knowledge of the application of relevant legislation and organisational policies and procedures to safe conduct of all surfing activities
- observation of dealing with contingencies such as changing weather conditions and equipment failure
- review of surfing session plans

- third-party reports from a supervisor detailing performance.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended, for example:

- SISOSRF304A Perform simple rescues in moderate surf conditions.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Condition of participants may include:

- skill level
- physical capabilities and fitness level
- swimming ability
- age
- injuries and illnesses.

Plan may include:

- session aims and objectives
- date, time and duration
- location
- guide and participant ratios
- resources
- equipment
- food and water
- weather details
- participant information:
- safety and emergency requirements.

Relevant legislation may include:

- occupational health and safety
- permits or permission for access
- environmental regulations
- marine regulations.

Organisational policies and procedures may include:

- occupational health and safety:
- communication protocols
- marked beach zones
- time and budget constraints
- confidentiality of participant information
- code of ethics.

Session objectives may include:

- developing surfing session skills
- education
- development
- therapy
- fitness targets
- recreation.

Hazards may include:

- temperature extremes
- slippery or unstable terrain
- dangerous animals and insects

- Risks** may include:
- stinging trees and nettles
 - dense vegetation
 - group management hazards.
 - hypothermia
 - heat exhaustion
 - injuries
 - exhaustion
 - lost party or party member
 - equipment and course failure.
- Relevant sources** may include:
- Bureau of Meteorology
 - media
 - land managers or agencies
 - coastal patrol or coastguard
 - volunteer marine rescue
 - local knowledge.
- Weather and environmental information** may include:
- satellite images
 - daily and weekly forecasts
 - maximum and minimum temperatures
 - event warnings
 - river levels
 - synoptic charts
 - high and low tide predictions.
- Food and water requirements** may include:
- range of foods
 - perishability
- Principles of nutrition** may include:
- food groups
 - dietary guidelines
 - individual food requirements and allergies.
- Contextual issues** may include:
- weather conditions, including times
 - season
 - transport
 - location
 - trip distance and duration
 - group objectives
 - group size.
- Equipment** may include:
- fins
 - wetsuit
 - craft
 - booties
 - leg ropes
 - paddles
 - rash vests

- Craft*** may include:
- helmets
 - rescue and safety equipment
 - Personal Flotation Device (PFD) for sit-ons.
 - bodyboards
 - surfboards
 - soft surfboards
 - single and double sit on-kayaks
 - stand up paddle boards.
- Relevant information*** may include:
- personal equipment requirements:
 - safety procedures
 - preventative measures for risks
 - possible hazards
 - environmental impact minimisation
 - surfing techniques and manoeuvres
 - rules, codes and etiquette
 - responsible and safe behaviour.
- Safety procedures*** may include:
- equipment checked and undamaged
 - correct fitting equipment
 - appropriate spacing between participants
 - use of safety and rescue equipment.
- Communication system*** may include:
- calls
 - radio
 - hand signals
 - whistles.
- Surfing manoeuvres*** may include:
- selection of appropriate waves to catch and ride
 - catching and riding wave
 - standing, where appropriate to craft
 - traversing left and right along the face of a spilling wave
 - turning and linking of basic manoeuvres
 - displaying balance and confidence
 - flat water manoeuvres.
- Participant's performance*** may include:
- use of appropriate communication system
 - surfing technique and manoeuvres
 - surfing control and balance in various conditions
 - attitude
 - surf etiquette
 - negotiation of hazards
 - use of equipment.

Variable factors may include:

- change of weather
- equipment failure
- participant's needs
- surf conditions.

Relevant aspects may include:

- objectives
- planning process
- activity site
- weather
- equipment selection
- clothing selection
- food selection
- instructional content
- instructional technique
- assessment technique
- group feedback
- directing techniques
- rescue techniques employed.

Unit Sector(s)

Outdoor Recreation

Competency Field

Surfing