



Australian Government

SISXPLD006 Identify hazards, assess and control risks for sport, fitness and recreation activities

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to identify hazards, assess associated risks, take measures to eliminate or control those risks and document all processes. It covers the processes necessary to manage the particular risks associated with delivering sport, fitness, aquatic or recreation activities. It is relevant to any type of activity and can apply to planning programs and individual activity sessions, and to the implementation of safety practices for recreation venues and activities.

This unit applies to any type of sport, fitness, aquatic or recreation organisation including commercial, not-for-profit, community and government organisations. It applies to individuals who plan or deliver programs and activity sessions and to those who supervise patron safety. This includes program managers and coordinators, and activity leaders, teachers, coaches, fitness instructors and lifeguards. They may complete risk assessments independently, in consultation with others or through a team effort.

Skills for completing risk assessments for equine and outdoor recreation activities are covered in other SISO units.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Program Planning and Delivery

Unit Sector

Cross-Sector

Elements and Performance Criteria

ELEMENTS

PERFORMANCE CRITERIA

Elements describe the essential outcomes.

Performance criteria describe the performance needed to demonstrate achievement of the element.

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| <p>1. Identify hazards for sport, fitness, aquatic or recreation activities.</p> <p>2. Assess risks associated with hazards.</p> <p>3. Assess risks associated with participants.</p> <p>4. Plan activities to eliminate or control risks.</p> | <p>1.1. Consult with other personnel for input into hazard identification.</p> <p>1.2. Use methods to identify current and foreseeable hazards with potential to harm health and safety of anyone involved in or present during activities.</p> <p>1.3. Identify built and natural hazards in areas where activities are delivered.</p> <p>1.4. Gather and interpret weather and other environmental information, as relevant, to ascertain impacts on activity conditions.</p> <p>1.5. Identify features of and potential hazards for equipment to be used.</p> <p>1.6. Record identified hazards according to organisational procedures and legal requirements.</p> <p>2.1. Consult with other personnel for input into risk assessments.</p> <p>2.2. Collect sufficient evidence of the type and level of risk posed by identified hazards.</p> <p>2.3. Use commonly accepted methods to complete risk assessments.</p> <p>2.4. Document outcomes of risk assessments and proposed actions to eliminate or control risks.</p> <p>2.5. Maintain records of risk assessments according to organisational procedures and legal requirements.</p> <p>3.1. Identify known or anticipated characteristics and abilities of activity participants to assess and determine acceptable degree of difficulty and risk for activities.</p> <p>3.2. Identify common reasons for participation in activities and different types of participant perception of activity risks.</p> <p>3.3. Assess how perceptions and behaviour might change while participating in specific activities.</p> <p>3.4. Identify risk management strategies for potential participant responses and behaviour.</p> <p>3.5. Maintain records of assessments according to organisational procedures and legal requirements.</p> <p>4.1. Consult with other personnel for input into risk control measures.</p> <p>4.2. Evaluate and determine ways to eliminate hazards from activity.</p> <p>4.3. Evaluate and determine ways that risks can be effectively</p> |
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controlled for activity.

4.4. Determine measures to eliminate or control risks, within scope of responsibility or refer for authorisation.

4.5. Incorporate risk control methods into documented plans and safety procedures for activities.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	- interpret complex and sometimes unfamiliar documents: - organisational work health and safety procedures and templates - materials describing work health and safety regulatory requirements for hazard identification and risk assessment.
Writing skills to:	use fundamental sentence structure to complete templates and records that require factual and subjective information.
Oral communication skills to:	present own perspectives on safety issues, actively listen to other perspectives and seek clarification through questioning.
Numeracy skills to:	score the level of risk and estimate overall risk level for hazards.
Teamwork skills to:	cooperate with team members, supervisors and managers to make joint decisions about the safe operation of activities.
Self-management skills to:	critically analyse hazards and logically evaluate associated risks to apply effective and tailored control measures.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISXPLD006 Identify hazards, assess and control risks for sport, fitness and recreation activities

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- identify hazards and complete three risk assessments for different sport, fitness, aquatic or recreation activities
- incorporate risk control methods into documented plans and safety procedures for the three activities
- complete three risk assessments for three participant groups, and develop and document risk management strategies for potential participant responses and behaviour.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- requirements under national, and local state or territory work health and safety law for:
 - organisation and worker responsibility to ensure safety of self, other workers and other people in the workplace
 - when, where and how hazards must be identified
 - when, where and how risk assessments must be conducted
 - consulting on hazard identification, risk assessments and control measures
 - record keeping
- for sport, fitness, aquatic and recreation organisations:
 - what constitutes the workplace including environments where activities occur
 - what constitutes a worker including paid and volunteer workers
 - what constitutes other people present in the workplace including participants and spectators
- organisational work health and safety procedures for:
 - identifying hazards and assessing risks
 - assessing risks associated with participants
 - consulting on hazard identification, risk assessments and control measures
- methods that can be used to identify hazards for sport, fitness, aquatic and recreational activities:
 - inspecting the activity site or venue and all equipment used for the activity, and completing safety checklists

- gathering and evaluating weather and other environmental information
- identifying participant characteristics and level of ability
- reviewing incidents and near miss incidents
- evaluating the complexity of activities
- features of commonly used risk assessment methods:
 - identifying potential injuries, illness and consequences
 - determining the exposure
 - estimating probability
 - determining overall risk level
- features of commonly used methods for controlling risks:
 - substituting systems or equipment with something safer
 - isolating the hazard
 - introducing engineering, administrative or procedural controls
 - using personal protective equipment
 - implementing combined controlled measures to minimise risks
- factors that affect the development and use of risk management strategies to manage potential participant responses and behaviour:
 - participant characteristics:
 - age and body composition
 - current experience and ability in the sport, fitness, aquatic or recreation activity
 - fitness level and physical capabilities
 - injuries and medical conditions
 - emotional, behavioural and intellectual ability
 - reasons why people engage in sport, fitness, aquatic and recreational activities that involve risk
 - participant perceptions of own ability and risk from low to high and how this can be a match or mismatch to actual ability and risk
 - how optimal arousal and flow state during activities can affect how personal risk is managed
- risk management strategies for potential participant responses and behaviour:
 - setting ground rules
 - role modelling safe behaviours
 - closely monitoring and supervising over and under confident participants
 - removing participants from activities
 - postponing, modifying or ceasing activities
- specific to particular type of sport, fitness, aquatic or recreation activity
 - industry association safety standards or codes of practice
 - safety standards or codes of practice issued by national, state or territory work health and safety authorities
- format, inclusions and use of templates to:
 - identify and record hazards

- identify and record safety issues associated with potential participant behaviour
- assess and record associated risk and control methods.

Assessment Conditions

In order to demonstrate the physical hazard identification components of this unit, access to the following is required:

- the environment where the sport, fitness, aquatic or recreational activities are conducted
- all equipment used for the activity.

Assessment must ensure use of:

- hazard identification and risk assessment templates specific to sport, fitness, aquatic or recreational activities
- weather and other environmental information
- participant profiles outlining characteristics and activity abilities
- specific to the particular type of sport, fitness, aquatic or recreation activity:
 - industry association safety standards or codes of practice
 - safety standards or codes of practice issued by national, state or territory work health and safety authorities
- organisational work health and safety procedures for:
 - hazard identification and assessing risks
 - assessing risks associated with participants
 - consulting on hazard identification, risk assessments and control measures.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

Links

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