



Australian Government

Assessment Requirements for SISXPLD006

Identify hazards, assess and control risks for sport, fitness and recreation activities

Release: 1

Assessment Requirements for SISXPLD006 Identify hazards, assess and control risks for sport, fitness and recreation activities

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- identify hazards and complete three risk assessments for different sport, fitness, aquatic or recreation activities
- incorporate risk control methods into documented plans and safety procedures for the three activities
- complete three risk assessments for three participant groups, and develop and document risk management strategies for potential participant responses and behaviour.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- requirements under national, and local state or territory work health and safety law for:
 - organisation and worker responsibility to ensure safety of self, other workers and other people in the workplace
 - when, where and how hazards must be identified
 - when, where and how risk assessments must be conducted
 - consulting on hazard identification, risk assessments and control measures
 - record keeping
- for sport, fitness, aquatic and recreation organisations:
 - what constitutes the workplace including environments where activities occur
 - what constitutes a worker including paid and volunteer workers
 - what constitutes other people present in the workplace including participants and spectators
- organisational work health and safety procedures for:
 - identifying hazards and assessing risks
 - assessing risks associated with participants
 - consulting on hazard identification, risk assessments and control measures
- methods that can be used to identify hazards for sport, fitness, aquatic and recreational activities:
 - inspecting the activity site or venue and all equipment used for the activity, and completing safety checklists

- gathering and evaluating weather and other environmental information
- identifying participant characteristics and level of ability
- reviewing incidents and near miss incidents
- evaluating the complexity of activities
- features of commonly used risk assessment methods:
 - identifying potential injuries, illness and consequences
 - determining the exposure
 - estimating probability
 - determining overall risk level
- features of commonly used methods for controlling risks:
 - substituting systems or equipment with something safer
 - isolating the hazard
 - introducing engineering, administrative or procedural controls
 - using personal protective equipment
 - implementing combined controlled measures to minimise risks
- factors that affect the development and use of risk management strategies to manage potential participant responses and behaviour:
 - participant characteristics:
 - age and body composition
 - current experience and ability in the sport, fitness, aquatic or recreation activity
 - fitness level and physical capabilities
 - injuries and medical conditions
 - emotional, behavioural and intellectual ability
 - reasons why people engage in sport, fitness, aquatic and recreational activities that involve risk
 - participant perceptions of own ability and risk from low to high and how this can be a match or mismatch to actual ability and risk
 - how optimal arousal and flow state during activities can affect how personal risk is managed
- risk management strategies for potential participant responses and behaviour:
 - setting ground rules
 - role modelling safe behaviours
 - closely monitoring and supervising over and under confident participants
 - removing participants from activities
 - postponing, modifying or ceasing activities
- specific to particular type of sport, fitness, aquatic or recreation activity
 - industry association safety standards or codes of practice
 - safety standards or codes of practice issued by national, state or territory work health and safety authorities
- format, inclusions and use of templates to:
 - identify and record hazards

- identify and record safety issues associated with potential participant behaviour
- assess and record associated risk and control methods.

Assessment Conditions

In order to demonstrate the physical hazard identification components of this unit, access to the following is required:

- the environment where the sport, fitness, aquatic or recreational activities are conducted
- all equipment used for the activity.

Assessment must ensure use of:

- hazard identification and risk assessment templates specific to sport, fitness, aquatic or recreational activities
- weather and other environmental information
- participant profiles outlining characteristics and activity abilities
- specific to the particular type of sport, fitness, aquatic or recreation activity:
 - industry association safety standards or codes of practice
 - safety standards or codes of practice issued by national, state or territory work health and safety authorities
- organisational work health and safety procedures for:
 - hazard identification and assessing risks
 - assessing risks associated with participants
 - consulting on hazard identification, risk assessments and control measures.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>