



Australian Government

SISXCAI007 Assist with activities not requiring equipment

Release: 1

SISXCAI007 Assist with activities not requiring equipment

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to assist in the planning, conduct and evaluation of activities that do not require the use of equipment.

This unit applies to assistants under direct supervision in a range of roles and settings in the sport, fitness or recreation industries. This includes assistants in after-school or holiday-care programs, those assisting with coaching activities, or undertaking a support role in fitness activities, indoor and outdoor recreation activities such as camps and other guided activities.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Coaching and Instruction

Unit Sector

Cross-Sector

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Assist in planning recreation activities.
 - 1.1 Confirm participant characteristics, abilities and needs with nominated staff.
 - 1.2 Identify and offer activity suggestions appropriate for participants.
 - 1.3 Select activities that encourage maximum participation and enjoyment of participants in consultation with nominated staff.
 - 1.4 Confirm and clarify activity requirements in consultation with nominated staff.
 - 1.5 Plan activities according to participant abilities and other needs.
2. Assist in conducting recreation activities.
 - 2.1 Provide clear and accurate activity instructions and information to participants and confirm understanding.
 - 2.2 Complete allocated tasks promptly as directed.
 - 2.3 Respond to participant queries according to own level of responsibility.
 - 2.4 Monitor participant performance in consultation with person responsible.
 - 2.5 Identify and report problems in participant behaviour or activity conduct to person responsible, as required.
 - 2.6 Encourage participants to seek and provide feedback and identify further needs.
3. Assist in session evaluation.
 - 3.1 Provide personal feedback on outcomes to person responsible and other nominated staff.
 - 3.2 Communicate participant feedback on the activity to nominated staff.
 - 3.3 Review own work performance and identify potential improvements.

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

SISCCRO301A Assist with recreation activities not requiring equipment

Links

Companion Volume implementation guides are found in VETNet -
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

