



Australian Government

SISXCAI007 Assist with activities not requiring equipment

Release: 1

SISXCAI007 Assist with activities not requiring equipment

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to assist in the planning, conduct and evaluation of activities that do not require the use of equipment.

This unit applies to assistants under direct supervision in a range of roles and settings in the sport, fitness or recreation industries. This includes assistants in after-school or holiday-care programs, those assisting with coaching activities, or undertaking a support role in fitness activities, indoor and outdoor recreation activities such as camps and other guided activities.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Coaching and Instruction

Unit Sector

Cross-Sector

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Assist in planning recreation activities.
 - 1.1 Confirm participant characteristics, abilities and needs with nominated staff.
 - 1.2 Identify and offer activity suggestions appropriate for participants.
 - 1.3 Select activities that encourage maximum participation and enjoyment of participants in consultation with nominated staff.
 - 1.4 Confirm and clarify activity requirements in consultation with nominated staff.
 - 1.5 Plan activities according to participant abilities and other needs.
2. Assist in conducting recreation activities.
 - 2.1 Provide clear and accurate activity instructions and information to participants and confirm understanding.
 - 2.2 Complete allocated tasks promptly as directed.
 - 2.3 Respond to participant queries according to own level of responsibility.
 - 2.4 Monitor participant performance in consultation with person responsible.
 - 2.5 Identify and report problems in participant behaviour or activity conduct to person responsible, as required.
 - 2.6 Encourage participants to seek and provide feedback and identify further needs.
3. Assist in session evaluation.
 - 3.1 Provide personal feedback on outcomes to person responsible and other nominated staff.
 - 3.2 Communicate participant feedback on the activity to nominated staff.
 - 3.3 Review own work performance and identify potential improvements.

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

SISCCRO301A Assist with recreation activities not requiring equipment

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISXCAI007 Assist with activities not requiring equipment

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- assist in the planning, delivery and evaluation of at least three different recreational activities for three different groups of participants.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- basic aspects of legislation that affect planning and conduct of activities:
 - work health and safety/occupational health and safety requirements
 - equal opportunity and anti-discrimination
 - privacy and confidentiality
 - working with children requirements
- organisational policies and procedures for conduct of activities:
 - safety procedures
 - communication protocols
 - roles and responsibilities of different people, and types of tasks undertaken by an assistant:
 - providing access to facilities or recreation areas
 - providing advance information to participants
 - organising refreshments
 - reporting channels
- sources information about activities
- types of activities used in different recreational settings:
 - competitive
 - non-competitive
 - traditional cultural activities
 - individual or group
- role of activities and their potential benefits for individuals:
 - participation and interaction
 - confidence building

- motivation
- fitness
- lifestyle improvement
- considerations for organising activities:
 - matching game type and duration to participant needs safety
 - rules and regulations
 - instructions
 - resources
 - scheduling/timing/sequencing
 - expected behaviour
 - clothing and footwear
 - hydration
 - game specific hazards
 - other potential hazards and how to minimise risk
- techniques for monitoring game conduct:
 - supervising behaviour
 - interacting with participants
 - supporting participation and performance
- ways to evaluate the success of activities.

Assessment Conditions

Skills must be demonstrated in:

- a sport, fitness or recreation environment. This can be a workplace or simulated environment.

Assessment must ensure use of:

- sources of information on activities and their requirements
- activity-specific resources and information
- documentation, program plans, evaluation forms
- participants with varying needs to undertake recreation activities; these may be:
 - participants in an industry workplace or
 - individuals who participate in simulated activities, set up for the purpose of assessment, within a training organisation.

Assessment activities that allow the individual to:

- work within industry realistic timeframes
- respond to typical problems in the conduct of activities.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

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