



Australian Government

Assessment Requirements for SISSVOL001 Coach volleyball participants up to an intermediate level

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- deliver coaching in volleyball to participants up to an intermediate level on three occasions for a duration of at least 30 minutes each.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

- organisational policies and procedures applicable to coaching volleyball participants up to an intermediate level
- tactical and technical fundamentals of volleyball for participants up to an intermediate level:
 - lunging
 - jumping
 - diving
 - spiking
 - setting
 - passing
 - serving
 - blocking
 - indoor and beach aspects
- analysis of movement for volleyball participants up to an intermediate level
- modifying activities for volleyball participants up to an intermediate level:
 - regress activities
 - progress activities
- organisational layout of volleyball activities
- types of competitions and pathways for volleyball participants up to an intermediate level
- volleyball rules, regulations and policies applicable to coaching participants up to an intermediate level
- roles and responsibilities of volleyball coaches and officials applicable to participants up to an intermediate level
- volleyball session planning for participants up to an intermediate level:

- session objectives
- progression and regression activities and modified games
- activities inclusive of all participants
- designing activities that require participants to think and make meaningful decisions about volleyball situations
- linking sessions to develop and progress skills
- group organisation
- volleyball equipment and resources:
 - selection
 - safe set-up and layout
 - safe condition
 - safe use
- volleyball safe participation requirements for participants up to an intermediate level:
 - obeying the rules
 - use of protective equipment
 - hydration
- contemporary coaching practices
- coaching communication styles:
 - direct instruction
 - indirect instruction
 - demonstration
 - position of coach
 - problem solving
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- managing poor behaviour:
 - establishing behaviour standards
 - promoting cooperation and good relationships
 - common causes of poor behaviour of participants up to an intermediate level
- methods of observation and feedback during volleyball sessions with participants up to an intermediate level:
 - how, what and when to observe
 - timing of feedback
- volleyball session review processes
- methods for self-reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in volleyball. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- volleyball facilities, equipment and training aids:
 - volleyball court
 - nets
 - volleyballs
 - teaching and coaching tools
 - video equipment
 - sports science testing equipment
 - witches hats
 - spiking frame
- organisational safety, emergency response and first aid procedures for volleyball
- Volleyball Australia rules, regulations and policies applicable to coaching participants up to an intermediate level.

Assessment must ensure use of:

session plan template

- volleyball participants up to an intermediate level to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>