



Australian Government

SISSTOU001 Participate in touch at an intermediate level

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to perform tactical and technical touch skills at an intermediate level through participation in touch.

This unit applies to athletes in the Australian sport industry competing in touch at a regional, state or national level.

Those undertaking this unit work under the guidance of a coach.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Touch

Unit Sector

Sport

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Participate in intermediate level touch activities.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Interpret and apply touch rules, regulations and policies to touch participation.
- 1.2. Participate in touch training activities and competitions in a safe manner, according to organisational policies and procedures.
- 1.3. Link and perform intermediate level touch skills to form a sequence of movements in practice and competition conditions.
- 1.4. Communicate with team members and coach during activities using touch communication systems and

	terminology.
2. Prepare to compete in touch at an intermediate level.	2.1. Consult with coach to identify intermediate tactical and technical touch skills to be developed. 2.2. Participate in training activities to develop identified intermediate level tactical and technical touch skills. 2.3. Analyse own and opposition strengths and weaknesses to develop game plans for touch competitions.
3. Implement touch game plan at an intermediate level.	3.1. Implement game plans during competition. 3.2. Interpret touch game statistics to identify and implement adjustments to improve intermediate level performance during competition. 3.3. Maintain communication with team members and coach before, during and after competitions.
4. Review intermediate level touch performance.	4.1. Seek feedback from coach and support staff to identify areas to improve own intermediate level touch performance. 4.2. Analyse touch competition statistics to identify own strengths and weaknesses. 4.3. Reflect on own intermediate level touch performance to identify areas for improvement. 4.4. Analyse findings and incorporate learnings in future intermediate level touch training and competition.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Oral communication skills to:	- ask open and closed questions and actively listen to clarify instructions and feedback from coaches - interact with coaches, support staff and officials in a polite and positive manner.
Numeracy skills to:	- record training and competition data - interpret, analyse and discuss statistical information.
Problem-solving skills to:	- read play - respond to environmental conditions.

Unit Mapping Information

No equivalent unit

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISSTOU001 Participate in touch at an intermediate level

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- participate in touch at an intermediate level that involves:
 - complying with touch rules, regulations and policies
 - performing intermediate level tactical and technical skills at an accuracy rate of 70% at one competition
 - performing intermediate level technical skills at an accuracy rate of 70% at three training sessions of no less than 30 minutes each
 - communicating with team members, coach, official and support staff and responding to feedback
 - analysing and reflecting on own and opposition strengths and weaknesses.

Knowledge Evidence

emonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to participating in touch at an intermediate level
- tactical and technical fundamentals of touch for intermediate level athletes:
 - tactical:
 - set plays
 - patterns and principles of play in attack
 - patterns and principles of play in defence
 - decision making
 - match analysis
 - game plans for team and individuals
 - weather and ground conditions
 - communication
 - technical:
 - running
 - passing and catching
 - positional play

- play the ball
- touch biomechanical principles
- types, characteristics, function and safe use of touch equipment, facilities and technological aids
- types of strengths and weaknesses of intermediate level touch athletes:
 - physical
 - tactical
- training activities for intermediate level touch athletes:
 - intermediate drills
 - warm-ups and cool-downs
 - breaking down and sequencing skills
 - grid work
 - manual work
- competitions and pathways for intermediate level touch athletes
- types and content of game plans for intermediate level touch athletes:
 - individual and team
 - targeting opposition athletes
 - style of play
 - set plays
 - identifying weaknesses in opposition team
 - situational plays
- types and methods of analysing competition statistics for intermediate level touch athletes:
 - penalties
 - errors
 - team plays
 - touchdowns
- types and potential impacts of environmental conditions
- intermediate level touch rules, regulations and policies
- methods for self reflection
- touch communication systems and terminology.

Assessment Conditions

Skills must be demonstrated in:

- a touch environment. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- touch rules, regulations and policies

- organisational policies and procedures applicable to participating in touch at an intermediate level
- organisational safety, emergency response and first aid procedures.

Assessment must ensure use of:

- touch equipment and facilities:
 - marked-out touch field
 - touch balls
 - uniforms
- touch opposition competing at an intermediate level, coach, officials and support staff.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

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