



Australian Government

Assessment Requirements for SISSTNS002 Coach intermediate players in tennis

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role and:

- deliver coaching to intermediate tennis players on three occasions for a duration of at least 30 minutes each.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

organisational policies and procedures applicable to coaching intermediate players in tennis

- tactical and technical fundamentals of tennis for intermediate players
- analysis of movement and stroke production for intermediate players:
 - from ground up
 - from contact point back to ground
 - from ball flight back to contact to ground
 - from key aspects of stroke production including shoulder / trunk on forehand ground stroke
- modifying activities for intermediate players:
 - regress activities by simplifying equipment and environment:
 - smaller racquet
 - low compression balls
 - reduce playing space
 - break down skill into parts and progressively add more parts
 - reduce decision making related to tactical outcomes
 - progress activities by changing equipment and environment:
 - change ball
 - increase playing space
 - encourage use of whole skill
 - increase decision making related to tactical outcomes
- organisational layout of tennis activities:
 - set-up of activities on court
 - position of players and coach

- role of coach:
 - feeding
 - roaming
 - rallying
- type of activity:
 - whole group
 - partner station
 - combination
- types of competitions and pathways for intermediate tennis players:
 - local and regional competition pathways:
 - intra-club competition
 - inter-club competition
 - association competition
 - regional competition
 - national tournament pathways:
 - Junior Development Series (JDS)
 - Junior Tournaments
 - ITF (International Tennis Federation) Juniors
 - Australian Money Tournaments (AMT)
 - Australian Pro Tour
- tennis rules, regulations and policies applicable to coaching intermediate players in tennis:
 - International Tennis Federation rules of tennis
 - Tennis Australia:
 - rules and etiquette for non umpired matches
 - dress and equipment regulations
 - code of behaviour
 - roles and responsibilities of tennis officials
- roles and responsibilities of tennis officials:
 - linesperson
 - chair umpire
 - court supervisor
 - referee
- tennis session planning for intermediate players:
 - session objectives
 - progression and regression activities and modified games
 - activities inclusive of all players
 - designing activities that require players to think and make meaningful decisions about tennis situations
 - linking sessions to develop and progress skills
 - group organisation

- tennis equipment and resources:
 - selection
 - safe set-up and layout
 - safe condition
 - safe use
- tennis safe participation requirements for intermediate players:
 - obeying the rules
 - use of protective equipment
 - hydration
- contemporary coaching practices
- coaching communication styles:
 - direct instruction
 - indirect instruction
 - demonstration
 - problem solving
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- managing poor behaviour:
 - establishing behaviour standards
 - promoting cooperation and good relationships
 - common causes of poor behaviour of intermediate players
- methods of observation and feedback during tennis sessions with intermediate players:
 - how, what and when to observe
 - timing of feedback
- tennis session review processes
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in tennis. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water

- organisational safety, emergency response and first aid procedures for tennis
- Tennis Australia rules, regulations and policies applicable to coaching intermediate players.

Assessment must ensure use of:

- session plan template
- tennis facilities, equipment and training aids:
 - marked-out tennis court with a net
 - tennis racquets
 - tennis balls
 - tennis coaching aids
- intermediate tennis players to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>