



Australian Government

Assessment Requirements for SISSSUR001 Conduct surf life saving coaching sessions with foundation level participants

Release: 1

Assessment Requirements for SISSSUR001 Conduct surf life saving coaching sessions with foundation level participants

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- conduct three surf life saving coaching sessions with foundation level participants under supervision where each session is at least 30 minutes in duration.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to conducting surf life saving coaching sessions with foundation level participants
- surf life saving tactical and technical fundamentals for foundation level participants:
 - beach sprints
 - surf board paddling
 - surf boat rowing
 - inflatable rescue boat (IRB)
 - reel and rescue
 - surf ski paddling
 - surf swimming
- organisational layout of surf life saving activities
- surf life equipment and resources:
 - beach
 - pool
 - club house
 - surf boards
 - surf skis and paddles
 - flags
 - inflatable rescue boat (IRB)
 - reel and rescue equipment
 - marker buoys
 - safe set-up and lay-out
 - safe condition

- safe use
- safe pack-up
- surf life saving rules, regulations and policies applicable to coaching foundation level participants
- surf life saving safe participation requirements:
 - obeying the rules
 - use of protective equipment
 - hydration
- coaching communication styles for foundation level participants:
 - instruction
 - demonstration
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- behaviours expected of an assistant coach:
 - promoting positive interaction and participation
 - using acceptable language
 - arriving on time
 - using self reflection to identify areas for improvement
- methods to:
 - instruct safe use of equipment and techniques
 - instruct safe sport techniques
 - instruct warm-up, skill development and cool-down activities
 - establish behaviour standards
 - promote cooperation and good relationships
 - demonstrate techniques
 - encourage interaction and participation
 - give and receive feedback
 - respond to questions
 - report problems to supervisor
- surf life saving session plan elements
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in surf life saving. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- surf life saving rules, regulations and policies applicable to coaching foundation level participants
- surf life saving facilities, equipment and resources:
 - beach or pool
 - surf boards
 - surf skis and paddles
 - flags
 - inflatable rescue boat (IRB)
 - reel and rescue equipment
 - marker buoys
- organisational safety, emergency response and first aid procedures for surf life saving.

Assessment must ensure use of:

- surf life saving session plan
- a supervisor and surf life saving foundation level participants to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>