



Australian Government

SISSSCO016 Coach participants in sport competition

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to coach participants in a specific sport to prepare for and participate in a competition.

This unit applies to individuals working in community based coaching roles in the Australian sport industry. This includes individuals working and volunteering in sport clubs and organisations.

Specific industry accreditation requirements may apply to sport-specific coaching accreditation and information should be obtained from the relevant National Sporting Organisation (NSO).

Pre-requisite Unit

Nil

Competency Field

Sport Coaching

Unit Sector

Sport

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Prepare for sport-specific competitions.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Source and interpret sport-specific competition information to identify competition requirements for participants.
- 1.2. Source, interpret and analyse competitor performance information to identify competitor strengths and weaknesses.
- 1.3. Consult with participants to develop game strategies and tactics.
- 1.4. Develop game plans to maximise participant

- performance and positive participation and document according to organisational policies and procedures.
- 1.5. Brief participants on game plan prior to competition.
 - 1.6. Support participants to develop and implement sport-specific pre-competition routines.
2. Monitor participants in competition.
 - 2.1. Determine and control competition safety risks according to organisational policies and procedures.
 - 2.2. Support participants to warm up before sport-specific competitions.
 - 2.3. Monitor participant compliance with game plans to identify and rectify game plan non compliance.
 - 2.4. Monitor participant behaviour to identify and respond to poor behaviour.
 - 2.5. Modify game plans during competitions to maximise competition outcomes.
 - 2.6. Support participants to cool down after sport-specific competitions.
 3. Conduct post-competition reviews.
 - 3.1. Analyse competition outcomes to identify and plan future coaching and adjustments.
 - 3.2. Debrief participants on competition performance.
 - 3.3. Document sport-specific game plan reports according to organisational policies and procedures.
 4. Reflect on coaching practice.
 - 4.1. Seek feedback from others to identify areas to improve own coaching practice in competitions.
 - 4.2. Reflect on own coaching practice in competitions to identify areas for improvement.
 - 4.3. Analyse findings and incorporate learnings in future competitions.
 - 4.4. Seek opportunities to address identified professional development needs.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS

DESCRIPTION

Writing skills to:

- document game plans and game plan reports
- record attendance.

Oral communications

- use age-appropriate language to engage participants

- skills to:
- ask open and closed questions and actively listen to determine and meet participant needs
 - interact with participants in a polite and positive manner
 - give sport-specific instructions to participants.
- Numeracy skills to:
- interpret, analyse and discuss statistical information about competitors and competition data.

Unit Mapping Information

No equivalent unit

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISSCO016 Coach participants in sport competition

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role and:

- coach sport-specific participants in one sport-specific competition where competition is at least one hour in duration.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

- organisational policies and procedures applicable to coaching participants in competition
- sport-specific safety procedures
- types of sport-specific competitions
- sport-specific rules, regulations and policies applicable to participating in competition
- roles and responsibilities of sport-specific coaches and officials in competition
- sport-specific terminology and communication systems
- types of sport-specific competition risks and methods for minimising risks to facilities, equipment, and, resources and environmental risks
- sport-specific safe participation requirements for participating in competitions:
 - obeying the rules
 - use of protective equipment
 - hydration
- communication styles:
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- strategies for preventing and managing poor behaviour of participants in competition:
 - establishing behaviour standards
 - promoting cooperation and good relationships
- common causes of poor behaviour of participants in competition
- methods of observation and feedback:

- how, what and when to observe
- timing of feedback
- sport-specific competition review processes
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- game plan template
- sport-specific facilities, equipment and resources suitable for competition
- sport-specific rules, regulations and policies
- organisational safety, emergency response and first aid procedures for the specific sport.

Assessment must ensure use of:

- sport-specific participants and competitors.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

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