



Australian Government

Assessment Requirements for SISSCO012 Coach sport participants up to an intermediate level

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- plan, conduct and review sport-specific sessions for participants up to an intermediate level on three occasions for a duration of at least 30 minutes each.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

- organisational policies and procedures applicable to coaching participants up to an intermediate level in a specific sport
- tactical and technical fundamentals of a specific sport for participants up to an intermediate level
- analysis of movement for participants up to an intermediate level in a specific sport
- modifying activities for participants up to an intermediate level in a specific sport:
 - regress activities
 - progress activities
- organisational layout of sport-specific activities
- types of competitions and pathways for participants up to an intermediate level in a specific sport
- sport-specific rules, regulations and policies applicable to coaching participants up to an intermediate level
- roles and responsibilities of sport-specific coaches and officials applicable to participants up to an intermediate level
- sport-specific session planning for participants up to an intermediate level:
 - session objectives
 - progression and regression activities and modified games
 - activities inclusive of all participants
 - designing activities that require participants to think and make meaningful decisions about sport-specific situations
 - linking sessions to develop and progress skills
 - group organisation
- sport-specific equipment and resources:

- selection
- safe set-up and layout
- safe condition
- safe use
- sport-specific safe participation requirements for participants up to an intermediate level:
 - obeying the rules
 - use of protective equipment
 - hydration
- contemporary coaching practices
- coaching communication styles:
 - direct instruction
 - indirect instruction
 - demonstration
 - position of coach
 - problem solving
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- managing poor behaviour:
 - establishing behaviour standards
 - promoting cooperation and good relationships
 - common causes of poor behaviour of participants up to an intermediate level
- methods of observation and feedback during sport-specific sessions with participants up to an intermediate level:
 - how, what and when to observe
 - timing of feedback
- sport-specific session review processes
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit

- drinking water
- sport-specific facilities, equipment and resources
- organisational safety, emergency response and first aid procedures for the specific sport
- National Sporting Organisation rules, regulations and policies applicable to coaching participants up to an intermediate level.

Assessment must ensure use of:

- session plan template
- participants up to an intermediate level to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>