



**Australian Government**

# **Assessment Requirements for SISSCO001 Conduct sport coaching sessions with foundation level participants**

**Release: 1**

# **Assessment Requirements for SISSSCO001 Conduct sport coaching sessions with foundation level participants**

## **Modification History**

Not applicable.

## **Performance Evidence**

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- conduct three sport-specific sessions with foundation level participants under supervision where each session is at least 30 minutes in duration.

## **Knowledge Evidence**

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to conducting sport coaching sessions with foundation level participants
- tactical and technical fundamentals of a specific sport for foundation level participants
- organisational layout of sport-specific activities
- sport-specific equipment and resources:
  - safe set-up and lay-out
  - safe condition
  - safe use
  - safe pack-up
- sport-specific safe participation requirements:
  - obeying the rules
  - use of protective equipment
  - hydration
- coaching communication styles for foundation level participants:
  - instruction
  - demonstration
  - active listening
  - open and closed questions
  - non verbal communication
  - giving and receiving feedback
  - tone and level of voice
  - terminology and language
- behaviours expected of an assistant coach:

- promoting positive interaction and participation
- using acceptable language
- arriving on time
- using self reflection to identify areas for improvement
- methods to:
  - instruct safe use of equipment and techniques
  - instruct safe sport techniques
  - instruct warm-up, skill development and cool-down activities
  - establish behaviour standards
  - promote cooperation and good relationships
  - demonstrate techniques
  - encourage interaction and participation
  - give and receive feedback
  - respond to questions
  - report problems to supervisor
- sport-specific session plan elements
- methods for self reflection.

## Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- sport-specific rules, regulations and policies
- sport-specific facilities, equipment and resources
- organisational safety, emergency response and first aid procedures for the specific sport.

Assessment must ensure use of:

- a sport-specific session plan
- a supervisor and foundation level participants to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

## Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>