



Australian Government

SISSPAR007 Work as an athlete

Release: 1

SISSPAR007 Work as an athlete

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to meet Australian sport industry expectations of an athlete.

This unit applies to athletes in the Australian sport industry competing in a sport at a local, state or national level.

Those undertaking this unit work with the support of a coach.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Participation

Unit Sector

Sport

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Work in a sport environment.
2. Contribute to a productive workplace

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Source and interpret industry information to maintain knowledge of international and Australian sport and sport-specific industry structure and governance arrangements.
- 1.2. Source and interpret industry information to maintain knowledge of legal and ethical job role responsibilities.
- 1.3. Model Australian sport industry professional and personal expectations of an athlete on and off the field.
- 2.1. Carry out work tasks according to organisational policies

- environment.
- and procedures.
- 2.2. Request, acknowledge and act on feedback provided by others within scope of job role.
- 2.3. Identify and resolve workplace problems within scope of job role according to organisational policies and procedures.
- 2.4. Escalate workplace problems outside scope of job role according to organisational policies and procedures.
3. Communicate with others.
- 3.1. Communicate with others in a polite and positive manner.
- 3.2. Select and use communication style to suit audience, situation and communication medium.
- 3.3. Use active listening and questioning techniques to clarify and confirm understanding.
- 3.4. Apply cultural awareness, sensitivity and discretion to communications to suit individual differences.
- 3.5. Identify communication problems and use strategies to minimise impact on working relationships.
4. Work with coaches and support staff.
- 4.1. Reflect on professional and personal performance goals to identify own coaching and support needs.
- 4.2. Source, evaluate and select coaching and support staff to meet own coaching and support needs.
- 4.3. Develop and maintain working relationships with coaches and support staff.
- 4.4. Seek assistance from and aid coaches and support staff to promote cooperation and fulfil work requirements.
- 4.5. Monitor impact of coaching and support staff on professional and personal performance outcomes to identify areas for improvement.
- 4.6. Implement coaching and support staff improvements to maximise professional and personal performance outcomes.
5. Meet contractual obligations.
- 5.1. Interpret contracts to identify athlete contractual responsibilities.
- 5.2. Carry out work tasks to meet athlete contractual responsibilities.
- 5.3. Monitor performance against contractual responsibilities to minimise risk of contractual breaches.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Numeracy skills to:	• interpret contractual information including monetary amounts and dates.
Planning and organising skills to:	• complete assigned duties in a timely manner according to job role responsibilities.
Self-management skills to:	• meet role model expectations.

Unit Mapping Information

No equivalent unit

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISSPAR007 Work as an athlete

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- work as an athlete in a specific sport over at least 5 days that involves:
 - meeting legal and ethical responsibilities
 - meeting contractual obligations
 - selecting and working with one coach and one support staff member
 - seeking and responding to feedback from:
 - a coach
 - a support staff member
 - an official.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

organisational policies and procedures applicable to working as an athlete

- Australian sport industry expectations of an athlete on and off the field:
 - professional performance
 - personal performance
 - role model expectations
- legal and ethical requirements of athletes:
 - anti-doping
 - contractual requirements
 - discrimination
 - duty of care
 - match fixing
 - sporting tribunal decisions
 - workplace health and safety
- sources of information applicable to own job role responsibilities:
 - National Sport Organisation (NSO)
 - code of conduct
 - job description
 - organisational policies and procedures

- roles of others and methods of working positively in a sport environment:
 - administrators
 - officials
 - coaches and assistant coaches
 - spectators
 - support staff
- strategies for developing good working relationships with coaches and support staff
- types, distinctive features and methods of communication:
 - verbal
 - non verbal
 - written
- methods of adjusting communication to meet individual differences
- types of feedback:
 - formal
 - informal
- methods of obtaining and reflecting on feedback from:
 - coaches
 - support staff
 - officials
- methods of dealing with communication problems
- types of contractual obligations:
 - athlete behaviour
 - media activities
 - commercial activities
 - education activities
 - community activities.

Assessment Conditions

Skills must be demonstrated in:

- a sport-specific environment. This can be a workplace or simulated environment.

Assessment must ensure access to:

- organisational policies and procedures related to working as an athlete
- sources of sport-specific industry information.
- Assessment must ensure use of:
 - a sport-specific contract or sample contract for an athlete
 - sport-specific coaches and support staff.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

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