



Australian Government

SISSNTB002 Participate in netball at an intermediate level

Release: 1

SISSNTB002 Participate in netball at an intermediate level

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to perform tactical and technical netball skills at an intermediate level through participation in netball.

This unit applies to athletes in the Australian sport industry competing in netball at a regional, state or national level.

Those undertaking this unit work under the guidance of a coach.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Netball

Unit Sector

Sport

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Participate in intermediate level netball activities.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Interpret and apply netball rules, regulations and policies to netball participation.
- 1.2. Participate in netball training activities and competitions in a safe manner, according to organisational policies and procedures.
- 1.3. Link and perform intermediate level netball skills to form a sequence of movements in practice and competition conditions.
- 1.4. Communicate with team members and coach during activities using netball communication systems and

	terminology.
2. Prepare to compete in netball at an intermediate level.	2.1. Consult with coach to identify intermediate tactical and technical netball skills to be developed. 2.2. Participate in training activities to develop identified intermediate level tactical and technical netball skills. 2.3. Analyse own and opposition strengths and weaknesses to develop game plans for netball competitions.
3. Implement netball game plan at an intermediate level.	3.1. Implement game plans during competition. 3.2. Interpret netball game statistics to identify and implement adjustments to improve intermediate level performance during competition. 3.3. Maintain communication with team members and coach before, during and after competitions.
4. Review intermediate level netball performance.	4.1. Seek feedback from coach and support staff to identify areas to improve own intermediate level netball performance. 4.2. Analyse netball competition statistics to identify own strengths and weaknesses. 4.3. Reflect on own intermediate level netball performance to identify areas for improvement. 4.4. Analyse findings and incorporate learnings in future intermediate level netball training and competition.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Oral communication skills to:	- ask open and closed questions and actively listen to clarify instructions and feedback from coaches - interact with coaches, support staff and officials in a polite and positive manner.
Numeracy skills to:	- record training and competition data - interpret, analyse and discuss statistical information.
Problem-solving skills to:	- read play - respond to environmental conditions.

Unit Mapping Information

No equivalent unit

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISSNTB002 Participate in netball at an intermediate level

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- participate in netball at an intermediate level that involves:
 - complying with netball rules, regulations and policies
 - performing intermediate level tactical and technical skills at an accuracy rate of 70% at one competition
 - performing intermediate level technical skills at an accuracy rate of 70% at three training sessions of no less than 30 minutes each
 - communicating with team members, coach, official and support staff and responding to feedback
 - analysing and reflecting on own and opposition strengths and weaknesses.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to participating in netball at an intermediate level
- tactical and technical fundamentals of netball for intermediate level athletes:
 - tactical:
 - unit work between Goal Shooter and Goal Attack, Wing Attack and Centre, Centre and Wing Defence, and Goal Defence and Goal Keeper
 - centre passes in both attack and defence
 - throw-ins
 - penalty passes and shots
 - free passes
 - plays to maximise weaknesses in opposition team plays
 - plays to counter strengths in opposition team plays
 - countering tactics to diminish or negate opposition athlete strengths including double defending
 - technical:
 - game sense and decision making at an intermediate level
 - one and two-hand catch

- throwing
- footwork and movement skills
- attacking skills
- roll and half-roll
- one-on-one defending
- goal shooting methods in stationary and dynamic environments
- goal circle movements including rotation
- rebounding
- game strategy:
 - roles of individual athletes in the game strategy
 - patterns of play in attack and defence
 - attacking systems of play
 - defending systems of play
 - set team plays including use of space and concepts of width and depth
 - situational plays specific to stages of match
 - positions and match-ups
 - identifying strengths and weaknesses of opposition game strategies and tactics and use of counter tactics
- netball biomechanical principles
- types, characteristics, function and safe use of netball equipment, facilities and technological aids
- types of strengths and weaknesses of intermediate level netball athletes:
 - physical
 - tactical
- training activities for intermediate level netball athletes:
 - intermediate drills
 - breaking down and sequencing skills
 - warm-ups and cool-downs
- competitions and pathways for intermediate level netball athletes
- types and contents of game plans for intermediate level netball athletes
- types and methods of analysing competition statistics for intermediate level netball athletes:
 - shooting
 - penalties
 - errors and turnovers
 - interceptions
 - number of goals scored from own centre passes
 - number of goals scored from turnovers and interceptions
 - rebounds
- types and potential impacts of environmental conditions

- intermediate level netball rules, regulations and policies
- methods for self reflection
- netball communication systems and terminology.

Assessment Conditions

Skills must be demonstrated in:

- a netball environment. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- netball rules, regulations and policies
- organisational policies and procedures applicable to participating in netball at an intermediate level
- organisational safety, emergency response and first aid procedures.

Assessment must ensure use of:

- netball equipment and facilities:
 - netballs
 - goal posts
 - uniforms
 - positional bibs
- netball opposition competing at an intermediate level, coach, officials and support staff.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

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<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>