



Australian Government

Assessment Requirements for SISSNTB001 Conduct netball coaching sessions with foundation level participants

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- conduct three netball coaching sessions with foundation level participants under supervision where each session is at least 30 minutes in duration.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to conducting netball coaching sessions with foundation level participants
- netball tactical and technical fundamentals for foundation level participants:
 - two-hand catch
 - throwing:
 - shoulder pass
 - chest pass
 - bounce pass
 - movement skills:
 - take-off
 - sprint
 - one and two-foot landing
 - jump
 - leap
 - outside pivot
 - attacking skills:
 - straight lead
 - single dodge
 - change of direction
 - defending skills:
 - one-on-one
 - interception
 - hands over the ball

- recovery to 0.9 metres
- goal shooting
- toss-ups
- patterns of play
- organisational layout of netball activities
- netball equipment and resources:
 - netballs
 - uniforms
 - footwear
 - positional bibs
 - stop watches
 - whistles
 - cones
 - goal posts
 - safe set-up and lay-out
 - safe condition
 - safe use
 - safe pack-up
- netball rules, regulations and policies applicable to coaching foundation level participants
- netball safe participation requirements:
 - obeying the rules
 - use of protective equipment
 - hydration
- coaching communication styles for foundation level participants:
 - instruction
 - demonstration
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- behaviours expected of an assistant coach:
 - promoting positive interaction and participation
 - using acceptable language
 - arriving on time
 - using self reflection to identify areas for improvement
- methods to:
 - instruct safe use of equipment and techniques
 - instruct safe sport techniques

- instruct warm-up, skill development and cool-down activities
- establish behaviour standards
- promote cooperation and good relationships
- demonstrate techniques
- encourage interaction and participation
- give and receive feedback
- respond to questions
- report problems to supervisor
- netball session plan elements
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in netball. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- Netball Australia rules, regulations and policies applicable to coaching foundation level participants
- netball facilities, equipment and resources:
 - marked-up netball court
 - netballs
 - uniforms
 - footwear
 - positional bibs
 - whistles
 - stop watches
 - cones
 - goal posts
- organisational safety, emergency response and first aid procedures for netball.

Assessment must ensure use of:

- netball session plan
- a supervisor and netball foundation level participants to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>