



Australian Government

SISSGLF003 Participate in golf at an advanced level

Release: 1

SISSGLF003 Participate in golf at an advanced level

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to perform tactical and technical golf skills at an advanced level through participation in golf.

This unit applies to players in the Australian sport industry competing in golf at a regional, state or national level or within the PGA Trainee Program.

Those undertaking this unit work under the guidance of a coach.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Golf

Unit Sector

Sport

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Participate in advanced level golf activities.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Interpret and apply golf rules, regulations and policies to golf participation.
- 1.2. Participate in golf training activities and competitions in a safe manner, according to organisational policies and procedures.
- 1.3. Link and perform advanced level golf skills to form a sequence of movements in practice and competition conditions.
- 1.4. Communicate with coach during activities using golf terminology.

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|---|---|
| 2. Prepare to compete in golf at an advanced level. | 2.1. Consult with coach to identify advanced tactical and technical golf skills to be developed.
2.2. Participate in training activities to develop identified advanced level tactical and technical golf skills.
2.3. Analyse own and opposition strengths and weaknesses to develop game plans for golf competitions. |
| 3. Implement golf game plan at an advanced level. | 3.1. Implement game plans during competition.
3.2. Interpret golf game statistics to identify and implement adjustments to improve advanced level performance during competition.
3.3. Maintain communication with coach before, during and after competitions. |
| 4. Review advanced level golf performance. | 4.1. Seek feedback from coach and support staff to identify areas to improve own advanced level golf performance.
4.2. Analyse golf competition statistics to identify own and opposition strengths and weaknesses.
4.3. Reflect on own advanced level golf performance to identify areas for improvement.
4.4. Analyse findings and incorporate learnings in future advanced level golf training and competition. |

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Oral communication skills to:	- ask open and closed questions and actively listen to clarify instructions and feedback from coaches - interact with coaches, support staff and officials in a polite and positive manner.
Numeracy skills to:	- record training and competition data - interpret, analyse and discuss statistical information.
Problem-solving skills to:	- read play - respond to environmental conditions.

Unit Mapping Information

No equivalent unit

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISSGLF003 Participate in golf at an advanced level

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- participate in golf at an advanced level that involves:
 - complying with golf rules, regulations and policies
 - communicating with coach, official and support staff and responding to feedback
 - analysing and reflecting on own strengths and weaknesses
 - performing advanced level tactical and technical skills over a minimum of five rounds on a minimum of three 18 hole golf courses to achieve:
 - a Golf Australia handicap of 9 or less for males, or
 - a Golf Australia handicap of 12 or less for females, or
 - an adjusted average that falls within 2.00 of the PGA of Australia Playing Standard
 - a score of 60 or better on the National Skills Test.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to participating in golf at an advanced level
- tactical and technical fundamentals of golf for advanced level players:
 - tactical:
 - pre-round routines
 - pre-shot and post-shot routines
 - carry distances applied to shot and club selection
 - decision making relative to understanding of own performance in competitive environment
 - strategies for shot recovery, hazards and trouble
 - dealing with delays
 - dealing with poor shots and results
 - technical:
 - shot shaping including draws and fades
 - trajectory control including high, low and medium

- shots from various lies including wet, bare, sandy, rough, divots, slopes and depression
 - shots to avoid obstacles including around, over and under
 - shots accounting for wind specialty shots including hook, punch, bump and run
 - putts requiring advanced green reading
 - ball flight laws
- golf biomechanical principles:
 - summation of forces concept
 - kinematic sequence in the golf swing
 - balance and base of support
 - centre of gravity
 - levers
 - projectile motion
 - power
- types and safe use of equipment and facilities:
 - golf clubs
 - golf balls
 - golf course
 - golf range
 - putting green
 - mirrors
 - impact bags
 - alignment aids
 - lie boards
 - computer software and technological devices for golf
- types of strengths and weaknesses of advanced level players:
 - physical
 - tactical
 - technical
 - mental
- training activities for advanced level players:
 - shot shaping and trajectory control including 9-ball drill
 - distance and accuracy
 - generating clubhead speed
 - promoting clubhead control
 - different swing lengths
 - different tempos
 - different alignments and ball positions
 - putting drills for distance and accuracy
 - putting drills for tempo

- competitive drills and activities with partners and teams
- competitive on-course games, competitive and points based drills and activities which benchmark results against Tour averages
- advanced activities using computer swing and video analysis
- advanced activities using technological devices
- competition rounds and tournaments
- competitions and pathways for advanced level players
- types and contents of game plans for advanced level players:
 - shot plans
 - hole plans
 - specific round and tournament plans
 - plans according to score or field position
 - plans for delays and inclement weather
- types and methods of analysing competition statistics for advanced level players:
 - fairways hit
 - putts per hole and round
 - putts per greens in regulation
 - up and downs
 - sand saves
 - carry distance
 - wedge distance to hole
 - scrambling
 - first 6, middle 6 and last 6 holes
- types and potential impacts of environmental conditions
- advanced level golf rules, regulations and policies:
 - R & A Rules of Golf
 - PGA Tour Hard Card
 - types and reporting of breaches:
 - rule breaches and incorrect application of rules
 - procedural breaches and incorrect application of procedures
 - incorrect scores and results
 - breaches of etiquette
- methods for self reflection
- golf communication systems and terminology.

Assessment Conditions

Skills must be demonstrated in:

- a golf environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- golf rules, regulations and policies
- golf competitions and tournaments
- organisational policies and procedures applicable to participating in golf at an advanced level
- organisational safety, emergency response and first aid procedures for golf.

Assessment must ensure use of:

- golf equipment and facilities:
 - golf clubs
 - golf balls
 - golf course
 - golf range
 - putting green
 - golf training aids
 - golf score cards
 - PGA Tour Hard Card
 - markers and course boundaries
- opposition players competing at an advanced level.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>