



Australian Government

SISSGLF001 Coach advanced level golfers

Release: 1

SISSGLF001 Coach advanced level golfers

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to coach advanced level golfers.

This unit applies to individuals working in professional coaching roles in the Australian sport industry. This includes individuals working in golf clubs and organisations.

Specific industry accreditation requirements apply to golf coaching accreditation and information should be obtained from the Professional Golfers Association (PGA) of Australia.

Pre-requisite Unit

Nil

Competency Field

Golf

Unit Sector

Sport

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Plan golf sessions for advanced level golfers.
2. Prepare golf sessions for advanced level golfers.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Gather and review golfer information to assess advanced level golfer coaching needs.
- 1.2. Set golf session objectives to meet advanced level golfer coaching needs.
- 1.3. Select coaching practices to meet golf session objectives.
- 1.4. Develop and document golf session plans for advanced level golfer.
- 2.1. Prepare facilities, equipment and resources to meet golf session plan requirements.
- 2.2. Select and set up equipment for safe use by advanced

- level golfer.
- 2.3. Identify hazards, assess risks and implement risk control strategies to minimise risk to advanced level golfer safety.
3. Conduct golf sessions for advanced level golfers.
- 3.1. Communicate and confirm advanced level golfer understanding of golf session activity instructions and safe participation requirements.
- 3.2. Present, sequence and pace golf session activities according to golf session plans.
- 3.3. Select and use communication styles to achieve golf session objectives.
- 3.4. Observe advanced level golfer practice to assess golfer ability to perform activities.
- 3.5. Modify golf session activities as required to meet advanced level golfer needs and environmental conditions.
- 3.6. Monitor golf sessions to identify and address risks to advanced level golfer safety.
- 3.7. Analyse golfer performance and provide feedback to golfer to improve performance.
- 3.8. Conduct end of golf session review to evaluate golf session plan and inform future golf session planning processes.
4. Promote good behaviour.
- 4.1. Communicate and model the standards outlined in the PGA Membership Regulations and Coaches Code of Ethics.
- 4.2. Monitor participation to identify poor behaviour.
- 4.3. Use behaviour management strategies to address golfer poor behaviour in accordance with organisational policies and procedures.
5. Reflect on coaching practice.
- 5.1. Seek feedback from others to identify areas to improve own golf coaching practice of advanced level golfers.
- 5.2. Reflect on own golf coaching practice of advanced level golfers to identify areas for improvement.
- 5.3. Analyse findings and incorporate learnings in future golf sessions with advanced level golfers.
- 5.4. Seek opportunities to address identified professional development needs.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance

criteria are listed *here, along with a brief context statement.*

SKILLS	DESCRIPTION
Reading skills to:	• interpret golf session plans • interpret documents that describe golf organisational policies and procedures.
Writing skills to:	• record attendance.
Oral communications skills to:	• use age-appropriate language to engage advanced level golfers • ask open and closed questions and actively listen to determine and meet advanced level golfer needs • interact with advanced level golfers in a polite and positive manner • give golf instructions to advanced level golfers.
Numeracy skills to:	• estimate time and space requirements for golf session activities • manage pair and group work for odd and even numbers of advanced level golfers.

Unit Mapping Information

No equivalent unit

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISSGLF001 Coach advanced level golfers

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- deliver coaching in golf to a golfer with a Golf Australia handicap of 9 or less or a golfer who is a member of the PGA of Australia, on three occasions for a duration of at least 30 minutes each.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

organisational policies and procedures applicable to coaching advanced level golfers

- tactical and technical fundamentals of golf for advanced level golfers:
 - tactical:
 - pre-round routines
 - pre-shot and post-shot routines
 - carry distances applied to shot and club selection
 - decision making relative to understanding of own performance in competitive environment
 - strategies for shot recovery, hazards and trouble
 - dealing with delays
 - dealing with poor shots and results
 - technical:
 - shot shaping including draws and fades
 - trajectory control including high, low and medium
 - shots from lies including wet, bare, sandy and rough, divots, slopes, depression
 - shots to avoid obstacles including around, over and under
 - shots accounting for wind specialty shots including hook, punch, bump and run
 - putts requiring advanced green reading
 - ball flight laws
- analysis of movement and performance for advanced level golfers:
 - swing analysis and motion
 - swing analysis software

- putting analysis tools
- video cameras
- launch monitors and ball flight analysis equipment
- force plates and motion capture systems
- monitoring competitions to develop and modify tactics to suit the competition situation
- relying on game statistics to make adjustments
- analysing game performances to refine coaching strategies
- psychological and motivational wellbeing of golfers
- analysis of tactical strengths and weaknesses
- selecting strokes
- making decisions under pressure
- statistics:
 - fairways hit
 - greens in regulation
 - putts per hole or round
 - putts per greens in regulation
 - up and downs
 - sand saves
 - carry distances
 - wedge distance to hole
 - scrambling
- handicap and score averages
- round analysis and performance charting
- carry distance profiling
- swing analysis software
- video cameras
- modifying activities for advanced level golfers:
 - regress activities
 - progress activities
- organisational layout of golf activities
- types of competitions and pathways for advanced level golfers
- golf rules, regulations and policies applicable to coaching advanced level golfers:
 - R & A Rules of Golf
 - PGA Tour Hard Card
- types and reporting of breaches:
 - rule breaches or incorrect application of rules
 - procedural breaches and incorrect application of procedures
 - incorrect scores or results
 - breaches of etiquette
- roles and responsibilities of golf coaches and officials:

- club officials
- accredited rules officials
- tournament and Tour officials
- tournament and match committee
- golf session planning for advanced level golfers:
 - session objectives
 - progression and regression activities and modified games
 - activities inclusive of all golfers
 - designing activities that require golfers to think and make meaningful decisions about golf situations
 - linking sessions to develop and progress skills
 - group organisation
- golf equipment and resources:
 - selection
 - safe set-up and layout
 - safe condition
 - safe use
- safe participation requirements for advanced level golfers:
 - obeying the rules
 - use of protective equipment
 - hydration
- contemporary coaching practices
- coaching communication styles:
 - direct instruction
 - indirect instruction
 - demonstration
 - position of coach
 - problem solving
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- managing poor behaviour:
 - establishing behaviour standards
 - promoting cooperation and good relationships
 - common causes of poor behaviour of advanced level golfers
- methods of observation and feedback during golf sessions with advanced level golfers:
 - how, what and when to observe

- timing of feedback
- golf session review processes
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in golf.

Assessment must ensure access to:

- first aid kit
- drinking water
- golf facilities, equipment and training aids:
 - golf clubs
 - golf balls
 - golf course
 - golf range
 - putting green
 - alignment aids
 - score cards
 - PGA Tour Hard Card
 - markers and course boundaries
- golf rules, regulations and policies
- organisational safety, emergency response and first aid procedures for golf.

Assessment must ensure use of:

- session plan template
- golfers with a Golf Australia handicap of 9 or less or golfers who are members of the PGA of Australia to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

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