



Australian Government

Assessment Requirements for SISSEQS003 Coach official national competition participants in equestrian

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role and:

- deliver coaching to official national competition participants on three occasions for a duration of at least 60 minutes each.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

- organisational policies and procedures applicable to coaching official national competition participants
- tactical fundamentals for official national competition participants
- methods of coaching fundamental aspects of the equestrian sport discipline
- analysis of participant movement and performance for the equestrian sport discipline
- equestrian sport discipline regress and progress activities
- organisational layout of equestrian sport discipline activities
- role of equestrian coach
- types of equestrian coaching activities for coaching official national competition participants
- safe handling of horses:
 - methods to warm up horses
 - methods to cool down horses
- types and safe use of equestrian sport discipline facilities and equipment
- equestrian safety procedures:
 - level of horse and matching to official national competition participants
 - types of risks:
 - horse behaviour
 - mounting
 - dismounting
 - footing safety
 - distractions
 - distance between horses

- official national equestrian sport discipline competition pathways
- official national equestrian sport discipline rules, regulations and policies applicable to coaching official national competition participants
- role of equestrian officials in the equestrian sport discipline
- communication techniques to motivate participants and encourage interaction and participation in the equestrian sport discipline
- equestrian sport discipline communication systems and terminology.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in equestrian
- a fenced horse riding arena with a safe surface for the equestrian sport discipline exercises.

Horse matching prior to all assessments involving horse interaction is essential. Assessors must:

- complete, participate in or validate a risk assessment of both the candidate and participant learners' characteristics and level of horse handling and riding skills
- match, or validate the matching of, horses of suitable history, size and temperament to both the candidate and participant learners to ensure that participant and horse combination is safe.

Assessment must ensure access to:

- human and equine first aid equipment
- drinking water
- communication equipment for emergency response
- organisational safety, emergency response and first aid procedures for equestrian coaching
- Equestrian Australia rules, regulations and policies applicable to coaching official national competition participants.

Assessment must ensure use of:

- tack:
 - saddles
 - saddle cloths
 - bridles
 - reins
 - bits
 - stirrups with safety features
- personal protective equipment:

- riding boots
- gloves
- Australian Standard or equivalent-compliant helmets
- Australian Standard-compliant back protectors
- equestrian sport discipline equipment
- participant profiles:
 - age, size and weight
 - current horse riding experience and skill level relevant to the equestrian sport discipline
 - skill development needs
 - fitness level and physical capabilities
 - injuries and medical conditions
- compliant and manageable horses matched to participants as above, and educated in the equestrian sport discipline
- experienced participants to be coached
- equestrian sport discipline officials and support staff.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- hold a qualification or Statement of Attainment which includes this unit of competency, SISSEQS003 Coach official national competition participants in equestrian, or equivalent
- have at least three years' experience in a role involving an equestrian sport discipline, and:
- hold accreditation offered by Equestrian Australia as the National Sporting Organisation, or its successor, relevant to assessing instructional skills covered by this unit.
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Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>