



Australian Government

SISSBSB002 Coach basketball participants up to an intermediate level

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to coach basketball participants up to an intermediate level.

This unit applies to individuals working in community based coaching roles in the Australian sport industry. This includes individuals working and volunteering in basketball clubs and organisations.

Specific industry accreditation requirements apply to basketball coaching accreditation and information should be obtained from Basketball Australia.

Pre-requisite Unit

Nil

Competency Field

Basketball

Unit Sector

Sport

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Plan basketball sessions for participants up to an intermediate level.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Gather and review basketball participant information to assess participants up to an intermediate level developmental readiness.
- 1.2. Set basketball session objectives to meet participants up to an intermediate level developmental readiness.
- 1.3. Determine session content to address basketball session objectives.
- 1.4. Select coaching practices to meet basketball session objectives.

- 1.5. Develop and document basketball session plans for participants up to an intermediate level.
2. Prepare basketball sessions for participants up to an intermediate level.
 - 2.1. Prepare facilities, equipment and resources to meet basketball session plan requirements.
 - 2.2. Select and set up equipment for safe use by participants up to an intermediate level.
 - 2.3. Identify hazards, assess risks and implement risk control strategies to minimise risk to participants up to an intermediate level safety.
3. Conduct basketball sessions for participants up to an intermediate level.
 - 3.1. Communicate and confirm understanding of basketball session activity instructions and safe participation requirements by participants up to an intermediate level.
 - 3.2. Present, sequence and pace basketball session activities according to basketball session plans.
 - 3.3. Select and use communication styles to achieve basketball session objectives.
 - 3.4. Observe practice of participants up to an intermediate level to assess participant ability to perform activities.
 - 3.5. Modify basketball session activities as required to meet needs of participants up to an intermediate level and environmental conditions.
 - 3.6. Monitor basketball sessions to identify and address risks to safety of participants up to an intermediate level.
 - 3.7. Analyse participant performance and provide feedback to participants to improve performance.
 - 3.8. Conduct end of basketball session review to evaluate basketball session plan and inform future basketball session planning processes.
4. Promote good behaviour.
 - 4.1. Communicate and model basketball participation behaviour standards.
 - 4.2. Monitor participation to identify poor behaviour.
 - 4.3. Use behaviour management strategies to address participant poor behaviour in accordance with organisational policies and procedures.
5. Reflect on coaching practice.
 - 5.1. Seek feedback from others to identify areas to improve own basketball coaching practice of participants up to an intermediate level.
 - 5.2. Reflect on own basketball coaching practice of participants up to an intermediate level to identify areas for improvement.
 - 5.3. Analyse findings and incorporate learnings in future basketball sessions with participants up to an intermediate level.

5.4. Seek opportunities to address identified professional development needs.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	• interpret basketball session plans • interpret documents that describe basketball organisational policies and procedures.
Writing skills to:	• record attendance.
Oral communications skills to:	• use age-appropriate language to engage participants up to an intermediate level • ask open and closed questions and actively listen to determine and meet the needs of participants up to an intermediate level • interact with participants up to an intermediate level in a polite and positive manner • give basketball instructions to participants up to an intermediate level.
Numeracy skills to:	• estimate time and space requirements for basketball session activities • manage pair and group work for odd and even numbers of participants up to an intermediate level.

Unit Mapping Information

No equivalent unit

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISBSB002 Coach basketball participants up to an intermediate level

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- deliver coaching in basketball to participants up to an intermediate level on three occasions for a duration of at least 30 minutes each.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

- organisational policies and procedures applicable to coaching basketball participants up to an intermediate level
- tactical and technical fundamentals of basketball for participants up to an intermediate level:
 - tactical:
 - individual player tactics
 - whole of team tactics
 - individual and team offence and defence
 - offensive team tactics including off ball and on ball screening, basic zone tactics gapping zone, overloading and screening, offensive rebounding tactics designated rebounders and basic offensive and defensive transitions pressure release, and trapping defence
 - defensive team tactics including man-to-man rotation, correct zone defence and basic half court man-to-man defence
 - creating a lead
 - back-door cut
 - defensive hand and foot position
 - defensive footwork
 - defending the dribbler
 - defending the back door
 - close out technique
 - full-court defence
 - rebounding offensive transition
 - player position

- ball movement
- rebounding defensive transition
- plays to maximise weaknesses in opposition team plays
- plays to counter strengths in opposition team plays
- countering tactics to diminish or negate opposition player strengths such as double defending
- technical:
 - game sense and decision making at an intermediate level
 - dribbling including handling and controlling the ball
 - passing and receiving
 - combinations of passing
 - shooting
 - rebounding
 - blocking
 - body positioning
 - jumping
 - inside defensive skills specific to playing position
 - shooting, faking and driving
 - post-play including leading and receiving
 - point guard range game
 - sealing
- analysis of movement for basketball participants up to an intermediate level
- modifying activities for basketball participants up to an intermediate level:
 - regress activities
 - progress activities
- organisational layout of basketball activities
- types of competitions and pathways for basketball participants up to an intermediate level
- basketball rules, regulations and policies applicable to coaching participants up to an intermediate level
- roles and responsibilities of basketball coaches and officials applicable to participants up to an intermediate level
- basketball session planning for participants up to an intermediate level:
 - session objectives
 - progression and regression activities and modified games
 - activities inclusive of all participants
 - designing activities that require participants to think and make meaningful decisions about basketball situations
 - linking sessions to develop and progress skills
 - group organisation
- basketball equipment and resources:
 - selection

- safe set-up and layout
- safe condition
- safe use
- basketball safe participation requirements for participants up to an intermediate level:
 - obeying the rules
 - use of protective equipment
 - hydration
- contemporary coaching practices
- coaching communication styles:
 - direct instruction
 - indirect instruction
 - demonstration
 - position of coach
 - problem solving
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- managing poor behaviour:
 - establishing behaviour standards
 - promoting cooperation and good relationships
 - common causes of poor behaviour of participants up to an intermediate level
- methods of observation and feedback during basketball sessions with participants up to an intermediate level:
 - how, what and when to observe
 - timing of feedback
- basketball session review processes
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in basketball. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water

- basketball facilities, equipment and training aids:
 - clock
 - bench
 - backboards
 - marked court
 - electronic or manual scoring system
 - ring and net
 - uniform
 - whistle
 - basketballs
- organisational safety, emergency response and first aid procedures
- Basketball Australia rules, regulations and policies applicable to coaching participants up to an intermediate level.

Assessment must ensure use of:

session plan template

- basketball participants up to an intermediate level to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

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