



Australian Government

Assessment Requirements for SISSBSB002 Coach basketball participants up to an intermediate level

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- deliver coaching in basketball to participants up to an intermediate level on three occasions for a duration of at least 30 minutes each.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

- organisational policies and procedures applicable to coaching basketball participants up to an intermediate level
- tactical and technical fundamentals of basketball for participants up to an intermediate level:
 - tactical:
 - individual player tactics
 - whole of team tactics
 - individual and team offence and defence
 - offensive team tactics including off ball and on ball screening, basic zone tactics gapping zone, overloading and screening, offensive rebounding tactics designated rebounders and basic offensive and defensive transitions pressure release, and trapping defence
 - defensive team tactics including man-to-man rotation, correct zone defence and basic half court man-to-man defence
 - creating a lead
 - back-door cut
 - defensive hand and foot position
 - defensive footwork
 - defending the dribbler
 - defending the back door
 - close out technique
 - full-court defence
 - rebounding offensive transition
 - player position

- ball movement
- rebounding defensive transition
- plays to maximise weaknesses in opposition team plays
- plays to counter strengths in opposition team plays
- countering tactics to diminish or negate opposition player strengths such as double defending
- technical:
 - game sense and decision making at an intermediate level
 - dribbling including handling and controlling the ball
 - passing and receiving
 - combinations of passing
 - shooting
 - rebounding
 - blocking
 - body positioning
 - jumping
 - inside defensive skills specific to playing position
 - shooting, faking and driving
 - post-play including leading and receiving
 - point guard range game
 - sealing
- analysis of movement for basketball participants up to an intermediate level
- modifying activities for basketball participants up to an intermediate level:
 - regress activities
 - progress activities
- organisational layout of basketball activities
- types of competitions and pathways for basketball participants up to an intermediate level
- basketball rules, regulations and policies applicable to coaching participants up to an intermediate level
- roles and responsibilities of basketball coaches and officials applicable to participants up to an intermediate level
- basketball session planning for participants up to an intermediate level:
 - session objectives
 - progression and regression activities and modified games
 - activities inclusive of all participants
 - designing activities that require participants to think and make meaningful decisions about basketball situations
 - linking sessions to develop and progress skills
 - group organisation
- basketball equipment and resources:
 - selection

- safe set-up and layout
- safe condition
- safe use
- basketball safe participation requirements for participants up to an intermediate level:
 - obeying the rules
 - use of protective equipment
 - hydration
- contemporary coaching practices
- coaching communication styles:
 - direct instruction
 - indirect instruction
 - demonstration
 - position of coach
 - problem solving
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- managing poor behaviour:
 - establishing behaviour standards
 - promoting cooperation and good relationships
 - common causes of poor behaviour of participants up to an intermediate level
- methods of observation and feedback during basketball sessions with participants up to an intermediate level:
 - how, what and when to observe
 - timing of feedback
- basketball session review processes
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in basketball. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water

- basketball facilities, equipment and training aids:
 - clock
 - bench
 - backboards
 - marked court
 - electronic or manual scoring system
 - ring and net
 - uniform
 - whistle
 - basketballs
- organisational safety, emergency response and first aid procedures
- Basketball Australia rules, regulations and policies applicable to coaching participants up to an intermediate level.

Assessment must ensure use of:

session plan template

- basketball participants up to an intermediate level to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>