



Australian Government

Assessment Requirements for SISSBSB001 Conduct basketball coaching sessions with foundation level participants

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- conduct three basketball coaching sessions with foundation level participants under supervision where each session is at least 30 minutes in duration.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to conducting basketball coaching sessions with foundation level participants
- basketball tactical and technical fundamentals for foundation level participants:
 - tactical:
 - individual player tactics
 - whole of team tactics
 - individual and team offence and defence
 - technical:
 - game sense and decision making at a fundamental level
 - basic body movement with a ball
 - basic movement without a ball
 - jumping
 - running technique
 - moving the ball
 - basic passing and receiving
 - getting the ball
 - shooting
 - lay ups and footwork
 - individual defensive skills
 - body position
- organisational layout of basketball activities
- basketball equipment and resources:
 - basketballs

- uniforms
- footwear
- whistles
- stop watch
- cones
- clock
- bench
- backboard
- ring and net
- scoresheet
- basketball courts
- safe set-up and lay-out
- safe condition
- safe use
- safe pack up
- basketball rules, regulations and policies applicable to coaching foundation level participants
- basketball safe participation requirements:
 - obeying the rules
 - use of protective equipment
 - hydration
- coaching communication styles for foundation level participants:
 - instruction
 - demonstration
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- behaviours expected of an assistant coach:
 - promoting positive interaction and participation
 - using acceptable language
 - arriving on time
 - using self reflection to identify areas for improvement
- methods to:
 - instruct safe use of equipment and techniques
 - instruct safe sport techniques
 - instruct warm-up, skill development and cool-down activities
 - establish behaviour standards

- promote cooperation and good relationships
- demonstrate techniques
- encourage interaction and participation
- give and receive feedback
- respond to questions
- report problems to supervisor
- basketball session plan elements
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in basketball. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- basketball rules, regulations and policies applicable to coaching foundation level participants
- Basketball Australia rules and code of behaviour
- basketball facilities, equipment and resources:
 - clock
 - bench
 - backboards
 - marked court
 - electronic or manual scoring system
 - ring and net
 - uniform
 - whistle
 - basketballs
- organisational safety, emergency response and first aid procedures for basketball.

Assessment must ensure use of:

- basketball session plan
- a supervisor and basketball foundation level participants to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>