



**Australian Government**

# **SISORSC007 Perform basic surf rescues**

**Release: 1**

# SISORSC007 Perform basic surf rescues

## Modification History

Not applicable.

## Application

This unit describes the performance outcomes, skills and knowledge required to perform rescues and recoveries in surf conditions with waves up to 1 metre.

It applies to leaders, guides or instructors, and others who use discretion and judgement to manage problems and emergencies when they arise.

This unit applies to any type of organisation that delivers outdoor recreation activities including commercial, not-for-profit and government organisations.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

## Pre-requisite Unit

Nil

## Competency Field

Surfing

## Unit Sector

Outdoor Recreation

## Elements and Performance Criteria

### ELEMENTS

*Elements describe the essential outcomes*

1. Determine rescue requirements and prepare for rescue.
2. Rescue others from surf.

### PERFORMANCE CRITERIA

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

- 1.1. Assess situation, identify hazards promptly, assess risks and manage to avoid injury to self and others.
- 1.2. Select and use other leaders or party members, equipment and rescue techniques appropriate to situation.
- 1.3. Implement rescue operations according to organisational policies and procedures for emergency response.
- 2.1. Provide clear and concise instructions to person being rescued and others assisting.

- 2.2. Select approach and contact methods to minimise risk of injury or submersion of self as rescuer.
  - 2.3. Rescue person in surf using rescue tube and non-motorised rescue craft.
  - 2.4. Support, tow and monitor condition of rescued person.
  - 2.5. Use appropriate carrying techniques to ensure airways are kept clear.
  - 2.6. Utilise deep water resuscitation techniques according to standard practice and current guidelines.
3. Debrief and complete reports.
  - 3.1. Participate in incident management debrief and identify future response improvements.
  - 3.2. Complete required incident reports according to organisational procedures.

## Foundation Skills

*Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.*

| SKILLS                         | DESCRIPTION                                                                                                                                                               |
|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Reading skills to:             | <ul style="list-style-type: none"><li>interpret detailed familiar organisational policies and procedures for emergency response.</li></ul>                                |
| Writing skills to:             | <ul style="list-style-type: none"><li>record detailed and accurate factual information about rescue responses.</li></ul>                                                  |
| Oral communications skills to: | <ul style="list-style-type: none"><li>use clear and unambiguous verbal and non-verbal communications to make intent known.</li></ul>                                      |
| Self-management skills to:     | <ul style="list-style-type: none"><li>critically analyse all circumstances and implications to provide a prompt and considered response to rescue requirements.</li></ul> |

## Unit Mapping Information

### Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

# Assessment Requirements for SISORSC007 Perform basic surf rescues

## Modification History

Not applicable.

## Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- complete three simulated surf rescues
- across the three rescues, collectively utilise the following aids effectively:
  - rescue tubes
  - rescue boards
  - surf craft (non-motorised) used as rescue craft
- for each rescue:
  - consistently negotiate surf hazards safely and effectively
  - designate roles and responsibilities to team members and participants to effectively complete rescues
  - utilise appropriate carrying and deep water resuscitation techniques
  - participate in a debrief and complete an incident report.

## Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures for emergency response.
- roles and responsibilities that can be allocated to team members and participants to effectively complete a surf rescue
- communication protocols for surf rescue operations:
  - calls
  - hand signals
  - whistles
- key characteristics of winds, currents, tides, rips, swell and ocean floor sufficient to understand effects on surf conditions, impacts on surf rescues and appropriate responses
- typical hazards associated with surf environments, and techniques used to safely negotiate these:
  - rips
  - lateral currents
  - marine animals
  - rocks

- sandbars
- water users: surfers, swimmers, small craft
- large waves
- shore breaks
- dumping waves
- features, functions and operation of equipment used for surf rescues and factors that affect selection:
  - rescue tubes
  - rescue boards
  - surf craft used as rescue craft
- for surf rescues:
  - appropriate contact methods to ensure safety of rescuer
  - methods used to support and tow rescued persons
  - methods used to carry rescued persons to ensure airways are clear
  - resuscitation techniques used in deep water and current Australian Resuscitation Council (ARC) guidelines.

## Assessment Conditions

Skills must be demonstrated in a surf environment which features the following:

- waves up to 1 metre
- beach breaks, point breaks, river mouth or reef breaks
- water depth of shoulder height or less.

Assessments can only be completed through simulated activities. Simulations must incorporate time critical requirements.

The following resources must be available to replicate industry conditions of operation:

- first aid equipment
- communication equipment for emergency response.

Assessment must ensure use of:

- people who act as team members, participants, and rescuees with whom the individual interacts during simulated activities
- exposure protection surf wear suitable for conditions, and exposure suits as required
- rescue craft which can include surfboards, sea kayaks, stand up paddle boards or any type of non-motorised small craft
- rescue equipment:
  - rescue tube
  - rescue boards
  - rope

- knives
- pea-less whistles not affected by water
- template incident reports
- organisational policies and procedures for emergency response.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- have a collective period of at least three years' experience as recreational activity leader, guide or instructor; surf lifesaver or lifeguard, where they have applied the skills and knowledge covered in this unit of competency; the three years' experience can incorporate part time and full time experience.

## Links

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