



Australian Government

Assessment Requirements for SISORAF001

Guide a raft on grade 2 rivers

Release: 1

Assessment Requirements for SISORAF001 Guide a raft on grade 2 rivers

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- complete three rafting trips on different rivers or different section of the same river
- during each trip:
 - consistently follow safety procedures and safely negotiate hazards
 - use different locations to launch and land rafts to include:
 - the bank in moving water
 - ledges
 - eddies
 - run routes through at least four rapids
 - consistently control direction of rafts forward, in reverse and sideways using this range of strokes:
 - forward and reverse paddle
 - forward and reverse sweeps
 - draw stroke
 - Pry
 - emergency stop
 - utilise the following techniques while consistently controlling the raft:
 - combining strokes to effectively manoeuvre the raft
 - breaking in and out of eddies and currents
 - forward and reverse ferry gliding
 - eddy hopping
 - weight shifting
 - using hydrological features to assist with paddling, controlling the raft and negotiating rapids
- participate in simulations to:
 - complete two self-rescues in moving water and re-enter the raft
 - complete two rescues of an ejected person, one at any given time, and assist re-entry to raft
 - compete two capsize rescues, re-establish the upright raft, assist a minimum of three swimmers simultaneously in the water to re-enter or reach the shore, and take the raft to the shore on at least one occasion.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational safety and emergency response procedures for rafting activities
- suitable clothing and footwear for rafting activities:
 - types of clothing and fabrics that protect against the effects of weather and water conditions including sun, temperatures, winds, and precipitation of different levels and extremes
 - reasons for layering clothes
 - effective design and construction features of waterproof gear and exposure suits
 - types of footwear suitable for rafting including specialist sandals, river or paddling shoes and their advantages over other types of footwear
 - features and uses of gloves and mittens, and advantages and disadvantages
- features and functions of lifejackets and helmets suitable for grade 2 river conditions and how to fit and adjust these for comfort and safety
- types of white water rafts suitable for use in grade 2 river conditions and:
 - location and function of different parts of the raft
 - different construction materials, effects on performance, advantages and disadvantages
 - design features including size, handling characteristics and limitations: manoeuvrability, stability and speed
 - pressure requirements and factors which affect different levels of inflation
- types of paddles suitable for use with rafts used in grade 2 river conditions, different construction materials and designs, effects on performance, advantages and disadvantages
- techniques used to effectively stow items:
 - for ease of access and maximum usage of space
 - for stability of craft and minimal effect on trim
 - to waterproof clothing, food and resources
- safe manual handling techniques used to lift and carry rafts
- equipment features and techniques used to secure rafts to the bank and for transportation
- communication protocols for group rafting activities to include:
 - guide commands:
 - forward paddle
 - back paddle
 - left and right turn
 - over left and right
 - hold on
 - lean in
 - high side
 - on the job
 - stop
 - calls

- hand and paddle signals
- whistles
- the International River Grading system:
 - strengths and limitations of the grading system; what is covered and not covered in classifications
 - specifications for grade 2 rivers
 - examples of local rivers attributed as grade 2
- typical hydrology features and hazards for grade 2 rivers, how to recognise features from the shore and water, and techniques used to safely negotiate hazards:
 - currents
 - eddies
 - waves
 - strainers
 - holes
 - stoppers
 - sieves
 - rocks, including undercut rocks
 - waterfalls
 - downstream and upstream Vs
 - boils
 - pour overs
 - built objects – weirs, piers
 - steep or slippery banks or shore
 - overhanging trees
 - fallen trees on waterway
 - submerged logs, rocks and vegetation
 - sections of dark, deep or cold water
 - other boating traffic
 - exposure to lightning, storms and strong winds
 - prolonged emersion in cold water
- different locations that can be used to embark, launch, land and disembark rafts in grade 2 waters including:
 - the bank in moving water
 - ledges
 - eddies
- for each of the above locations:
 - factors that affect selection
 - advantages and disadvantages of use
 - techniques used to embark groups of participants, launch and land

- a range of strokes used in grade 2 river conditions to direct rafts forward, in reverse and sideways:
 - forward and reverse paddle
 - forward and reverse sweeps
 - draw stroke
 - Pry
 - emergency stop
- for each of the above strokes:
 - how to use them when paddling as the raft guide
 - correct posture and trunk rotation
 - correct hand placement on paddle and movement of top hand through the stroke
 - wrist movement required to enable correct blade placement in water
 - correct paddle entry and exit points in relation to craft and body position
 - appropriate paddle depth in water to achieve effective stroke
 - correct paddle blade angle throughout stroke
- a range of techniques used to manoeuvre rafts in grade 2 water:
 - combining strokes and which combinations are effective
 - breaking in and out of eddies and currents
 - forward and reverse ferry gliding
 - eddy hopping
 - weight shifting
- how certain types of hydrological features can be used to assist with paddling, controlling the raft and negotiating rapids
- for rescues of ejected persons:
 - appropriate swimming strokes and techniques to use while in paddling gear in grade 2 river conditions
 - techniques used to re-enter raft from water and to assist swimmers to re-enter raft
 - aids used in rescues and how to use these effectively as rescuer and rescuee:
 - reach equipment, including improvised use of equipment on hand
 - craft and paddle as a flotation device
- for capsize rescues:
 - methods used to re-establish an upright raft, guide multiple swimmers and their re-entry to raft and importance of head count
 - methods for taking a raft to shore
- when different knots are used, advantages and disadvantages, and how to tie them:
 - knots for tying on
 - rope joining knots
 - quick release knots.

Assessment Conditions

Skills must be demonstrated on different rivers or different sections of the same grade 2 rivers which must feature the following:

- fairly frequent but straightforward rapids
- rapids with regular medium sized waves, less than one metre
- low ledges or drops, easy eddies and gradual bends
- small obstacles that require manoeuvring around
- passages through rapids that are generally straightforward and can be seen from the water, although some may require scouting.

The following resources must be available to replicate industry conditions of operation:

- first aid equipment
- communication equipment for emergency response.

Assessment must ensure use of:

- a group of participants whom the individual guides during rafting activities
- clothing and footwear suitable for the conditions
- Australian Standard, or equivalent, compliant lifejackets of a grade that meets maritime regulator requirements for grade 2 river conditions
- helmets
- pea-less whistles not affected by water
- white water rafts suitable for grade 2 river conditions
- raft paddles
- ropes and tie down straps
- rescue equipment:
 - reach equipment
 - flip lines
 - towlines
 - carabiners, Prusik cords and tape sling
 - knives
- activity plans to include details of planned route
- template safety checklists
- information about the International River Grading System
- organisational safety and emergency response procedures for rafting activities.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- have a collective period of at least three years' experience as a white water rafting leader, guide or instructor, where they have applied the skills and knowledge covered in this unit of competency; the three years' experience can incorporate full and or part time experience.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>