



Australian Government

SISOFLD001 Assist in conducting recreation sessions

Release: 1

SISOFLD001 Assist in conducting recreation sessions

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to assist in the conduct of any type of indoor or outdoor recreation activity session. It requires the ability to assist with equipment and participant preparation and to interact with participants to assist with activity technique and adherence to activity rules.

This unit applies to any type of organisation that delivers indoor and outdoor recreation activities including commercial, not-for-profit and government organisations.

It applies to those who assist with the delivery of recreational activities. Assistant leaders use little judgement and work within the parameters of plans and procedures. They work under close supervision, and according to instructions and guidance provided by supervising activity leaders who may be guides or instructors.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Field Operations

Unit Sector

Outdoor Recreation

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Assist with activity preparation.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Confirm, with supervising leader, activity logistics and objectives and participant characteristics and abilities.
- 1.2. Determine, with supervising leader, individual roles, tasks and responsibilities.
- 1.3. Assist with the selection of equipment and with safety

- and serviceability checks.
- 1.4. Discuss and identify, with supervising leader, potential hazards and associated risks for the activity.
 - 1.5. Confirm activity safety and emergency response procedures to ensure compliance of self and participants during activities.
2. Assist with participant preparation.
 - 2.1. Check suitability of participants' clothing and footwear for activity and report to supervising leader.
 - 2.2. Assist, as directed, with setting up equipment for activity and fitting to participants.
 - 2.3. Assist participants to understand activity rules, codes, safety procedures and communication protocols.
 3. Assist with session activities.
 - 3.1. Respond to participant queries or difficulties within scope of ability and responsibility or refer to supervising leader.
 - 3.2. Assist participants with activity technique and use of equipment, as directed by supervising leader.
 - 3.3. Communicate information about technique clearly and constructively to encourage participant confidence.
 - 3.4. Assist supervising leader to monitor participant behaviour, and compliance with activity rules, codes, safety procedures and communication protocols.
 - 3.5. Reinforce activity rules, and report any ongoing breaches to ensure safe conduct of activities.
 - 3.6. Monitor equipment for faults and refer to supervising leader.
 4. Complete post activity responsibilities.
 - 4.1. Assist with equipment retrieval, inspection and storage.
 - 4.2. Participate in activity debrief, provide feedback from self and participants and suggest improvements for future activities.
 - 4.3. Review own performance and discuss how to improve.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS

DESCRIPTION

Reading skills to:

- interpret detailed familiar organisational policies and procedures.

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|--------------------------------|---|
| Oral communications skills to: | • ask open and closed probe questions and actively listen to determine participants' understanding of instructions. |
| Learning skills to: | • review own performance and comments from others to identify skills that need development. |
| Teamwork skills to: | • pro-actively and cooperatively work within teams of activity leaders to deliver a quality experience to participants. |

Unit Mapping Information

No equivalent unit.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISOFLD001 Assist in conducting recreation sessions

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- assist with the setting up and delivery of three activity sessions for a group of participants
- during each of the above sessions, consistently:
 - work within role boundaries and responsibilities and follow supervising leader's direction
 - communicate clearly and positively with participants to assist with activity technique and adherence to activity rules and safety procedures
- after each activity session, participate in a debrief
- utilise options provided in Assessment Conditions to:
 - respond to a total of three participant problems involving non-compliance with activity rules, codes or safety procedures
 - respond to a total of three different equipment faults that have arisen during activities.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational safety and emergency response procedures
- different reasons and objectives for people participating in recreational activities
- specific to the particular type of recreational activity:
 - role boundaries and responsibilities of activity assistants
 - roles and responsibilities of different types of activity leaders including guides and instructors
 - potential hazards and associated risks for the activity and safety procedures used to manage these
 - suitable clothing and footwear
 - factors that affect the selection of equipment, including personal protective equipment, to suit individual participants:
 - age, size and weight
 - current experience in the recreational activity and skill level
 - fitness level and physical capabilities
 - injuries and medical conditions

- communication protocols used between participants, leaders and assistants during activities
- communication techniques used to:
 - provide participant information to improve activity technique
 - encourage participant confidence
 - reinforce activity rules and correct breaches
 - provide feedback during debrief.

Assessment Conditions

Skills must be demonstrated in an environment specific to the particular type of indoor or outdoor recreation activity, and the following resources must be available to replicate industry conditions of operation:

- first aid equipment
- communication equipment for emergency response
- rescue equipment relevant to the recreational activity.

Assessment must ensure use of:

- a group of participants with whom the individual interacts
- activity leaders, guides or instructors who supervise the candidate
- real workplace situations, or simulated activities, or case study scenarios that test aspects of this unit that relate to:
 - participant problems involving non-compliance with activity rules, codes or safety procedures
 - equipment faults
- activity and personal protective equipment specific to the particular type of outdoor recreation activity
- organisational safety and emergency response procedures for activity sessions, specific to the particular type of outdoor recreation activity.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- have a collective period of at least three years' experience as a recreational activities leader, guide or instructor; the three years' experience can incorporate full and or part time experience.

Links

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