



Australian Government

SISOEQU009 Instruct the advancement of recreational horse riding skills

Release: 1

SISOEQU009 Instruct the advancement of recreational horse riding skills

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to teach moderately experienced riders who are seeking to advance their recreational riding skills.

It requires the ability to plan, organise and deliver individual training sessions within an overall learning program designed to progressively advance participants' riding skills.

This unit applies to instructors and coaches who facilitate skills acquisition for recreational riders. To do this, instructors and coaches must be proficient horse riders.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

SISOEQU008 Instruct fundamental horse riding skills

SISOEQU010 Identify hazards, assess and control safety risks for horse handling and riding activities

Competency Field

Equine

Unit Sector

Outdoor Recreation

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Plan instructional sessions.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

1.1. Determine objectives of individual sessions to allow progression of skills within overall learning program.

1.2. Identify and evaluate participant needs, characteristics and current riding skills.

1.3. Develop session plans to include appropriate exercises for

- learner requirements and stage of skills acquisition.
- 1.4. Identify suitable environment and equipment for riding session.
- 1.5. Complete session specific risk assessment and determine safety, emergency response and first aid procedures.
2. Prepare tack, horses and participants.
- 2.1. Set up equipment for exercises and complete safety checks on environment and equipment.
- 2.2. Select horses of suitable history, size and temperament to match participant capabilities.
- 2.3. Check participants' own personal equipment and tack, if provided, and confirm it is in safe working condition.
- 2.4. Select organisation's tack and personal equipment to match riders and exercises, and check it is in safe working condition.
- 2.5. Assist participants to fit and adjust tack and personal equipment; check comfort and safety of fit.
3. Brief participants.
- 3.1. Communicate instructions and information about session in a manner appropriate to participants.
- 3.2. Encourage participants to ask questions and seek advice before and during session.
- 3.3. Inform participants of known and anticipated risks, safety procedures, safe behaviour, safe areas and boundaries.
- 3.4. Advise participants of communication protocols to use during exercises.
4. Instruct horse riding sessions.
- 4.1. Supervise mounting of horses and prepare horses and participants using safe warm up exercises.
- 4.2. Implement teaching and coaching techniques to impart skills and knowledge to advance learners' riding skills.
- 4.3. Provide clear and accurate exercise instructions and or demonstrations throughout the session.
- 4.4. Facilitate effective group communication and interaction to maintain group control, engagement and safety.
- 4.5. Observe and monitor participant riding performance and provide corrective instruction.
- 4.6. Monitor participant adherence to safety procedures and assertively correct breaches.
- 4.7. Monitor horse behaviour and interaction and promptly control aggressive, misbehaved and frightened horses.
5. Evaluate the session.
- 5.1. Debrief and encourage participants to identify personal skill

progression and satisfaction with session.

5.2. Provide feedback on techniques and adherence to safety requirements.

5.3. Self-evaluate session against learning objectives and identify areas for future improvement.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	interpret detailed familiar organisational safety, emergency response and first aid procedures.
Writing skills to:	- prepare detailed session plans incorporating correct terminology and jargon for the exercises - use fundamental sentence structure to complete safety checklists that require factual information.
Oral communication skills to:	- provide clear and unambiguous instructions to learners using language and terms easily understood by riders - ask open and closed probe questions and actively listen to determine learners' understanding of riding techniques.
Planning and organising skills to:	manage own timing and that of participants to complete instructional sessions within organisational service times..

Unit Mapping Information

No equivalent unit.

Links

Companion Volume Implementation Guide -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISOEQU009 Instruct the advancement of recreational horse riding skills

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- develop three session plans for three different horse riding instructional sessions
- deliver three instructional sessions according to the session plans developed:
 - deliver one session to a single learner rider
 - deliver two sessions to a group of minimum two and maximum six learners
- across the three instructional sessions, cumulatively incorporate exercises to advance the riders' use of:
 - posture and position in the saddle
 - gaits, transitions and movements
 - lateral and reverse movements
 - control over horse pace, outline and response to cues to effect accuracy of movements and turns at walk, trot and canter
 - adjustment to use of aids relative to horse training and responsiveness:
 - legs
 - rein
 - seat
- communication and reward based education techniques for particular horse behaviour
- during all instructional activities:
 - consistently control participant adherence to safety procedures
 - consistently monitor and control horse behaviour.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational safety, emergency response and first aid procedures for horse riding instructional sessions
- requirements of overall learning program and how sessions are sequenced to progressively develop riding skills
- particular to instructing the advancement of recreational riding skills:
 - suitable environments for delivery of instructional riding exercises
 - purpose, features and safe set up of equipment used for exercises

- factors that affect the selection of tack and personal protective equipment to suit riders and exercises
- communication protocols used between participants, instructors and horses during instructional sessions
- teaching and coaching techniques used to advance skills for horse riding
- current scientific research on equine learning ability, how horses learn and recommended reward based education techniques, at a fundamental level of understanding
- a range of instructional exercises used to advance riders' use of:
 - posture and position in the saddle
 - gaits, transitions and movements
 - lateral and reverse movements
 - control over horse pace, outline and response to cues to effect accuracy of movements and turns at walk, trot and canter
 - adjustment to use of aids relative to horse training and responsiveness:
 - legs
 - rein
 - seat
 - communication and reward based education techniques for particular horse behaviour
- common behavioural problems of horses during group rides
- techniques used to control adverse horse behaviour while maintaining welfare of the horse and safety of rider.

Assessment Conditions

Skills must be demonstrated within a fenced horse riding arena with a safe surface for the horse riding exercises.

Horse matching prior to all assessments involving horse interaction is essential. Assessors must:

- complete, participate in or validate a risk assessment of both the candidate's and participant learners' characteristics and level of horse handling and riding skills
- match, or validate the matching of, horses of suitable history, size and temperament to both the candidate and participant learners to ensure that rider and horse combination is safe.

Assessment must ensure use of:

- moderately experienced riders whom the candidate instructs
- for group rides, a minimum of two and maximum six learners
- horses, matched to all riders as above; these can be:
 - calm, consistent and obedient horses; or
 - compliant and manageable horses
- equipment used for exercises

- tack to include:
 - saddles
 - saddle cloths
 - bridles
 - reins
 - bits
 - stirrups with safety features
- personal protective equipment to include:
 - riding boots
 - Australian Standard, or equivalent, compliant helmets
- template:
 - session plans
 - safety checklists
- participant profiles to include:
 - age, size and weight
 - current horse riding experience and skill level
 - skill development needs
 - fitness level and physical capabilities
 - injuries and medical conditions
- organisational safety, emergency response and first aid procedures for horse riding instructional sessions.

Assessment must ensure access to:

- mounting blocks or ramps
- human and equine first aid equipment
- communication equipment for emergency response.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- hold a qualification or Statement of Attainment which includes this unit of competency, SISOEQU0009 Instruct the advancement of recreational horse riding skills, or a qualification or Statement of Attainment which includes a unit of competency that has been superseded by this unit, and
- have at least three years' experience in a role involving equestrian or outdoor recreational instructional riding where they have applied the skills and knowledge covered in this unit of competency, and
- hold accreditation relevant to assessing instructional skills covered by this unit; accreditation refers to:
 - accreditation offered by equine sporting organisations recognised by the Australian Sports Commission (ASC), or

- certification offered by equine organisations which are Registered Training Organisations (RTOs) or whose training is managed by an affiliated RTO.

Links

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