



**Australian Government**

# **Assessment Requirements for SISOEQU009 Instruct the advancement of recreational horse riding skills**

**Release: 1**

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## **Modification History**

Not applicable.

## **Performance Evidence**

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- develop three session plans for three different horse riding instructional sessions
- deliver three instructional sessions according to the session plans developed:
  - deliver one session to a single learner rider
  - deliver two sessions to a group of minimum two and maximum six learners
- across the three instructional sessions, cumulatively incorporate exercises to advance the riders' use of:
  - posture and position in the saddle
  - gaits, transitions and movements
  - lateral and reverse movements
  - control over horse pace, outline and response to cues to effect accuracy of movements and turns at walk, trot and canter
  - adjustment to use of aids relative to horse training and responsiveness:
    - legs
    - rein
    - seat
- communication and reward based education techniques for particular horse behaviour
- during all instructional activities:
  - consistently control participant adherence to safety procedures
  - consistently monitor and control horse behaviour.

## **Knowledge Evidence**

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational safety, emergency response and first aid procedures for horse riding instructional sessions
- requirements of overall learning program and how sessions are sequenced to progressively develop riding skills
- particular to instructing the advancement of recreational riding skills:
  - suitable environments for delivery of instructional riding exercises

- purpose, features and safe set up of equipment used for exercises
- factors that affect the selection of tack and personal protective equipment to suit riders and exercises
- communication protocols used between participants, instructors and horses during instructional sessions
- teaching and coaching techniques used to advance skills for horse riding
- current scientific research on equine learning ability, how horses learn and recommended reward based education techniques, at a fundamental level of understanding
- a range of instructional exercises used to advance riders' use of:
  - posture and position in the saddle
  - gaits, transitions and movements
  - lateral and reverse movements
  - control over horse pace, outline and response to cues to effect accuracy of movements and turns at walk, trot and canter
  - adjustment to use of aids relative to horse training and responsiveness:
    - legs
    - rein
    - seat
  - communication and reward based education techniques for particular horse behaviour
- common behavioural problems of horses during group rides
- techniques used to control adverse horse behaviour while maintaining welfare of the horse and safety of rider.

## Assessment Conditions

Skills must be demonstrated within a fenced horse riding arena with a safe surface for the horse riding exercises.

Horse matching prior to all assessments involving horse interaction is essential. Assessors must:

- complete, participate in or validate a risk assessment of both the candidate's and participant learners' characteristics and level of horse handling and riding skills
- match, or validate the matching of, horses of suitable history, size and temperament to both the candidate and participant learners to ensure that rider and horse combination is safe.

Assessment must ensure use of:

- moderately experienced riders whom the candidate instructs
- for group rides, a minimum of two and maximum six learners
- horses, matched to all riders as above; these can be:
  - calm, consistent and obedient horses; or
  - compliant and manageable horses

- equipment used for exercises
- tack to include:
  - saddles
  - saddle cloths
  - bridles
  - reins
  - bits
  - stirrups with safety features
- personal protective equipment to include:
  - riding boots
  - Australian Standard, or equivalent, compliant helmets
- template:
  - session plans
  - safety checklists
- participant profiles to include:
  - age, size and weight
  - current horse riding experience and skill level
  - skill development needs
  - fitness level and physical capabilities
  - injuries and medical conditions
- organisational safety, emergency response and first aid procedures for horse riding instructional sessions.

Assessment must ensure access to:

- mounting blocks or ramps
- human and equine first aid equipment
- communication equipment for emergency response.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- hold a qualification or Statement of Attainment which includes this unit of competency, SISOEQU0009 Instruct the advancement of recreational horse riding skills, or a qualification or Statement of Attainment which includes a unit of competency that has been superseded by this unit, and
- have at least three years' experience in a role involving equestrian or outdoor recreational instructional riding where they have applied the skills and knowledge covered in this unit of competency, and
- hold accreditation relevant to assessing instructional skills covered by this unit; accreditation refers to:

- accreditation offered by equine sporting organisations recognised by the Australian Sports Commission (ASC), or
- certification offered by equine organisations which are Registered Training Organisations (RTOs) or whose training is managed by an affiliated RTO.

## Links

Companion Volume Implementation Guide -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>