



Australian Government

Assessment Requirements for SISOCHC001 Lead challenge course sessions, low elements

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- lead three low element challenge course sessions for a group of participants
- across the three sessions, collectively:
 - explain and demonstrate at least three different spotting techniques
 - explain and demonstrate techniques for negotiating at least four different low elements
- during each session, consistently manage participant adherence to safety procedures
- after each session, facilitate a debrief with participants and participate in a team member debrief
- utilise options provided in Assessment Conditions to:
 - determine a total of three required activity modifications to suit prevailing conditions and participant capabilities and responses
 - respond to a total of three different immediate safety risks that have arisen during activities
 - respond to a total of two emergency situations and complete two incident reports
 - complete two reports on equipment faults.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational procedures for:
 - completing and documenting safety and serviceability inspections on personal protective equipment
 - safe participant use of low elements
 - emergency response and first aid for low element challenge course sessions
- clothing and footwear suitable for low element challenge course activities
- purpose, features, and correct fit for safety, of personal protective equipment for low element participants, including climbing helmets and when these might be used
- features of different types of low elements found in challenge courses:
 - common elements:
 - independent elements

- linked elements
- those which are specific to the particular course in use
- how characteristics of participants affect the selection of course elements and personal protective equipment:
 - age, size and weight
 - current experience in challenge course activities and skill level
 - fitness level and physical capabilities
 - injuries and medical conditions
 - emotional, behavioural and intellectual ability or disability
- hazards and associated risks for participant use of low elements, and methods used to minimise risk:
 - hazards associated with the structure
 - hazards associated with equipment used to negotiate the element
 - fall protection hazards
 - group management hazards
 - weather related hazards; wind, rain, lightning etc.
- roles and responsibilities of activity leaders and supervisors for low element activities
- communication protocols used between participants and leaders during low element activities:
 - calls
 - hand signals
 - whistles
 - radio
- spotting techniques, spotter positioning and:
 - variations for different low elements
 - variations to suit different participant characteristics
- techniques used to negotiate low elements
- different techniques used to demonstrate, to participants, low element negotiation and spotting
- appropriateness of different demonstration techniques for a range of ages and capabilities
- the importance of verbalising instructions during demonstrations and providing reasons for doing things in a certain way
- a range of warm-up and practice exercises suitable for low element activities
- techniques used to:
 - build group cohesion
 - motivate and encourage participants to keep them engaged and challenged
 - provide constructive feedback to participants
- key principles of group dynamics and techniques used to manage positive group dynamics
- signs, stages and levels of conflict within groups and techniques used to resolve at various stages of escalation.

Assessment Conditions

Skills must be demonstrated in a challenge course facility where at least four different low course elements are set up.

The following resources must be available to replicate industry conditions of operation:

- first aid equipment
- communication equipment for emergency response
- rescue equipment.

Assessment must ensure use of:

- a group of participants whom the individual leads
- real workplace situations, or simulated activities, or case study scenarios that test aspects of this unit that relate to:
 - activity modifications for prevailing conditions and participant needs
 - arising safety risks
 - emergency situations
 - equipment faults
- personal protective equipment which can include climbing helmets, as required
- activity plans
- template:
 - safety and serviceability checklists
 - participant informed consents
 - equipment fault reports
 - incident reports
- organisational procedures for:
 - completing and documenting safety and serviceability inspections on personal protective equipment
 - safe participant use of low elements
 - emergency response and first aid for low element challenge course sessions.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- have a collective period of at least three years' experience as a challenge course leader where they have applied the skills and knowledge covered in this unit of competency; the three years' experience can incorporate full and or part time experience.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>