



Australian Government

SISCAQU012 Assist participants with a disability during aquatic activities

Release: 1

SISCAQU012 Assist participants with a disability during aquatic activities

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to identify the needs of participants with a disability, assist them to safely enter and exit the water and to provide appropriate support during aquatic activities.

This unit applies to those conducting learn-to-swim and water familiarisation classes in swimming pools or confined natural shallow water venues. Work is performed according to relevant legislation, public health regulatory requirements and organisational policies and procedures.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Aquatics

Unit Sector

Community Recreation

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Identify participant needs.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1 Consider participant group characteristics and suitability of environmental features to participant needs.
- 1.2 Assess the degree and type of support required.
- 1.3 Determine entry and exit requirements, and appropriate entry and exit points.
- 1.4 Report any unsuitable environmental features or entry and exit points.

- 2. Provide aquatic support.
 - 2.1 Select and use communication techniques suited to participants.
 - 2.2 Advise participants and caregivers of location and appropriate use of resources.
 - 2.3 Provide clear information and demonstrations to participants and caregivers and confirm understanding.
 - 2.4 Seek and respond to questions or feedback from participants and caregivers.
 - 2.5 Provide appropriate type and level of support.
 - 2.6 Observe and monitor participant responses and adjust support provided, as required.
 - 2.7 Respond to participants or caregivers experiencing difficulties.
- 3. Review aquatic support.
 - 3.1 Respond to participant and caregiver concerns, feedback and questions as required.
 - 3.2 Report on resources and aspects needing further emphasis, attention or intervention in future sessions.
 - 3.3 Review own performance and identify areas needing improvement and appropriate strategies as required.

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

SISCAQU312A Assist participants with a disability during aquatic activities.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

Assessment Requirements for SISCAQU012 Assist participants with a disability during aquatic activities

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- provide support to at least three clients with different types of disability
- correctly use the following physical support techniques:
 - hands on torso
 - hands to hands
 - back hold in vertical or horizontal positions
 - short arm hold
 - cradling
 - carry hold
 - hip hold
 - prone hold
 - prone side hold
 - assisted entries and exits
- select and use communication strategies suited to individual clients, including the following:
 - active listening
 - open questioning
 - non-verbal
 - visual
 - sensory
 - tactile.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- legal, ethical and organisational policies and procedures:
 - work health and safety/occupational health and safety
 - duty of care
 - working with children
 - communication protocols

- codes of conduct
- best practice principles of aquatic activities
- disability specific legislation
- current policies and frameworks supporting provision of services to people with a disability
- factors affecting support requirements:
 - physical disability
 - intellectual or sensory impairment
 - mobility
 - fitness
 - body type and composition
 - age
- environmental features to be considered:
 - ramps
 - hoists
 - steps
 - surface type
 - railings
 - water depth
 - available water space
- aquatic support techniques and their application to different participant requirements, as specified in the Performance Evidence
- communication techniques and the need to adapt to specific needs:
 - clear verbal communication
 - visual
 - tactile
- use, care and maintenance of equipment used to support people with a disability
- first aid and water rescue techniques to enable appropriate responses to participants or caregivers experiencing difficulties
- cardiopulmonary resuscitation techniques to enable initial response to emergencies as per Australian Resuscitation Council (ARC) guidelines.

Assessment Conditions

Skills must be demonstrated in:

- a workplace or simulated aquatic facility or confined natural shallow water environment.

Assessment must ensure use of:

- participants with a disability to whom services are provided
- organisational policies and procedures appropriate to risk management

- incident reporting documentation.

Assessment must ensure access to:

- first aid facilities and equipment.

Assessment activities that allow the individual to:

- respond to typical challenges that arise when providing support to people with a disability.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

Links

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