



Australian Government

Assessment Requirements for SIRCPPA016

Assist customers with diet, nutrition and weight-management products and services

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- access and interpret information about diet-related conditions and specialist support services from two different sources
- respond to product and symptom-based requests for diet, nutrition and weight-management products and services from six customers presenting with different needs
- provide directions for product use and other information on lifestyle, self-care practices and support services for each of the above customers
- provide information on:
 - meal replacement programs
 - nutritional supplements
 - vitamins and supplements
- recommend as appropriate to customer needs, across the product suite, a mix of:
 - unscheduled medicines and products
 - Pharmacy Medicines (S2).

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- common diet, nutrition and weight-related conditions and common symptoms
- common lifestyle factors that can contribute to nutrition and weight-related conditions and methods of self-care
- indicators of weight-related conditions including body mass index and waist circumference measurements
- basic principles of the following within the limits of the Australian Dietary Guidelines:
 - Australian Guide to Healthy Eating produced by the NHMRC and Australian Department of Health consistent with evidence based approach.
 - nutritional composition of the five food groups
 - a balanced diet
 - good hydration
- impact of diet on health within the limits of the Australian Dietary Guidelines :

- relationship between diet-related disease and the excessive consumption of saturated fat, sodium and sugar
- role of food, nutrients and other important food substances in healthy body function and maintaining a healthy weight
- key terminology, jargon and common abbreviations for:
 - nutrition and weight-related health conditions
 - products used to assist
- overview of pharmacy product range for nutrition and weight-management:
 - location
 - which products in the range are Pharmacist Only Medicines (S3)
- features of different types of nutrition and weight-management products:
 - meal replacement programs
 - nutritional supplements
 - vitamins and supplements
- aids and equipment used for nutrition and weight-management:
 - features and uses
 - care and maintenance
- recognised and credible sources and format of product, lifestyle and self-care information:
 - Australian Dietary Guidelines
 - manufacturer product support materials:
 - Consumer Medicines Information (CMI)
 - product leaflets, brochures, booklets
 - internet sites
 - health-care fact sheets
 - industry and professional publications
 - medicines databases
 - pharmacy manuals
 - reputable health education internet sites
 - government and not-for profit organisations
- organisational procedures for supplying diet, nutrition and weight-management products.

Assessment Conditions

Skills must be demonstrated in a pharmacy with designated front of pharmacy and dispensary areas. This can be:

- an industry workplace
- a simulated industry environment.

Assessment must ensure use of:

- information technology hardware and software

- online information systems
- pharmacy display and storage locations, shelf facings and signage for nutrition and weight-management products
- a diverse, commercial range of Pharmacy Medicines (S2) and unscheduled products for nutrition and weight-management:
 - meal replacement programs
 - nutritional supplements
 - vitamins and supplements
- customer brochures and leaflets providing information on:
 - directions for product use
 - care and maintenance of aids and equipment
 - lifestyle and self-care practices
 - specialist services that support nutrition and weight-management
- organisational procedures for supplying diet, nutrition and weight-management products
- customers with whom the individual can interact; these can be:
 - customers in an industry workplace who are served by the individual during the assessment process; or
 - individuals who participate in role plays or simulated activities, set up for the purpose of assessment, in a simulated industry environment operated within a training organisation.

Assessors must satisfy the Standards for Registered Training Organisation's requirements for assessors, and:

- have worked in the community pharmacy sector for at least two years.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ca051b1b-5101-4ec2-ac1c-49699303188d>