



Australian Government

SHBBSSC002 Incorporate knowledge of body structures and functions into beauty therapy

Release: 1

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Modification History

No equivalent unit.

Application

This unit describes the performance outcomes, skills and knowledge required to use a knowledge and understanding of body structures, functions, systems and their interrelationships in order to identify and analyse client needs, design and perform beauty therapy treatments and provide post-treatment service.

It requires the ability to use anatomy and physiology knowledge to select the best treatment routines and products and promote health to clients.

This unit applies to beauty therapists who work in beauty salons and spas. In this environment they work as part of a team but make independent treatment decisions.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Skin Science

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Use knowledge of the body structure and systems to determine client needs.
 - 1.1. Discuss presenting conditions and requirements with client and identify treatment priorities.
 - 1.2. Identify client treatment requirements, contraindications and possible adverse reactions and discuss with client.
 - 1.3. Based on knowledge and understanding of body conditions, refer client to appropriate professional where required.
 - 1.4. Review client medical history, medications and obtain medical approval prior to treatment as required.
2. Use knowledge of the body structure and systems to design treatment.
 - 2.1. Integrate knowledge of body systems, functions and interrelationships to assess treatment options and suitability for clients.
 - 2.2. Integrate knowledge of the body systems and functions into design of proposed therapy for a single or series of treatments.
 - 2.3. Integrate knowledge of the body systems and functions to develop treatment plans.
3. Advise clients.
 - 3.1. Discuss benefits and potential adverse effects of planned treatment with clients using correct anatomical and physiological terminology.
 - 3.2. Selectively use anatomy and physiology terminology to provide clear and accurate post-treatment services to clients.
4. Record relevant data.
 - 4.1. Integrate information related to anatomy and physiology to record and update accurate information in treatment plans and records.
 - 4.2. Use accurate anatomy and physiology terminology in relation to body parts, functions and treatment effects.
 - 4.3. Integrate knowledge and understanding of anatomy and physiology to communicate accurately with colleagues and medical practitioners when required.
5. Maintain knowledge of anatomy and physiology.
 - 5.1. Identify and use opportunities to source, update and expand knowledge of anatomy and physiology.
 - 5.2. Share current information about anatomy and physiology with clients and colleagues as required.
 - 5.3. Compile and maintain credible sources of information about anatomy and physiology to enable rapid access for work activities as required.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	• source, interpret and apply information from: • anatomy, physiology and science publications • anatomical charts and models.
Writing skills to:	• document information for instructions and reports.
Oral communication skills to:	• clearly explain to client how beauty therapy treatments will impact on the body's health and wellbeing • selectively use anatomy and physiology terminology in conversations with clients and team members.
Problem-solving skills to:	• determine scope of own practice and where referral to professional is required • decide on most appropriate treatment to meet client requirements and objectives.
Technology skills to:	• access credible on-line publications and internet resources that builds knowledge for providing services to clients.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>

Assessment Requirements for SHBBSSC002 Incorporate knowledge of body structures and functions into beauty therapy

Modification History

No equivalent unit.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- compile a list of credible sources of information about anatomy and physiology for workplace access
- research three conditions that could benefit through facial or body massage and design a treatment routine for three different client needs that demonstrates how these treatments are relevant to the specified skin or body anatomy and structure
- use correct terminology relating to anatomy and physiology terminology when developing the above treatment routines.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- role and functions of the following body systems:
 - articular
 - skeletal
 - circulatory
 - lymphatic
 - endocrine
 - integumentary
 - muscular
 - nervous
 - reproductive
- structural layers of the human body
- anatomy and physiology of cells, tissues, organs
 - cell structures
 - cell functions, including movement of substances in and out of cells
 - tissue types
- interdependence of body systems and their relationship to a healthy body:
 - skeletal, muscular and nervous system and their relationship to body functions
 - lymphatic, digestive, respiratory and circulatory systems and their relationship to skin functions, thermoregulation and homeostasis

- endocrine and reproductive systems in relationship to hormonal influences on skin and body functions
- immunity and how it is acquired
- common disorders of body systems
- skeletal system:
 - names and position of major bones
 - types of bones
 - functions
 - disorders of skeletal system
 - postural and skeletal abnormalities
- muscular system:
 - names and types of superficial muscles
 - position
 - functions and actions
 - muscle contractility and motor points
 - disorders of muscular systems
- position and action of tendons and ligaments and their relationship to muscles and bones
- nervous system and its relationship to skin sensations
 - nerves
 - reflex arc
 - disorders of nervous system
- basic nutrition and relationship between nutrition and healthy body.

Assessment Conditions

Skills must be demonstrated in a beauty treatments area; that can be:

- an industry workplace
- a simulated industry environment.

Assessment must ensure use of:

- anatomy and physiology information resources which could include:
 - charts, electronic resources, texts, three-dimensional models or videos
- clients with different physical characteristics and beauty therapy treatment requirements. These can be:
 - paying clients in an industry workplace or
 - individuals who participate in role plays or simulated activities, set up for the purpose of assessment, in a simulated industry environment operated within a training organisation.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

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