



Australian Government

SHBBSKT011 Provide superficial peel treatments

Release: 1

SHBBSKT011 Provide superficial peel treatments

Modification History

No equivalent unit.

Application

This unit describes the performance outcomes, skills and knowledge to provide skin peel treatments using manufacturer prepared solutions to improve skin texture, acne and reduce the appearance of pigmentation. It requires the ability to design and provide a staged program of multiple treatments and home care.

This unit applies to skin therapists who work in beauty salons or skin clinics where skin therapy is provided.

The skills and knowledge required to assess a client and design and plan treatment programs are covered in *SHBBSKT001 Provide skin therapy consultations*.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Unit Code	Unit Title
SHBBINF002	Maintain infection control standards
Or;	
HLTINF005	Maintain infection prevention for skin penetration treatment

Competency Field

Skin Therapy

Unit Sector

Skin Therapy

Elements and Performance Criteria

ELEMENTS

PERFORMANCE CRITERIA

Elements describe the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

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|--|--|
| 1. Prepare for treatment. | 1.1. Discuss proposed treatment plan with client and review pre-treatment documentation.
1.2. Review indications for treatment, contraindications and client feedback and modify treatment plan if required.
1.3. Explain contraindications which prevent treatment and recommend suitable alternative treatments, or refer to other medical professionals.
1.4. Confirm treatment objectives and revised treatment plan with client and obtain signed informed consent.
1.5. Confirm client compliance with their responsibilities for pre- and post-treatment care regime and use of specified products.
1.6. Select superficial epidermal peel solution according to agreed treatment plan.
1.7. Prepare treatment room and wear personal protective equipment.
1.8. Ensure positioning of client permits effective access and minimises risk to operator and discomfort to client.
1.9. Fit and adjust personal protective equipment to self, client and others who may be present during treatment. |
| 2. Provide peel. | 2.1. Cleanse treatment area according to health and hygiene requirements.
2.2. Explain treatment process and likely sensations to client to ensure client comfort.
2.3. Defat the skin with solution suited to superficial epidermal peel type and according to manufacturer instructions.
2.4. Apply peel solution in a pre-determined pattern to ensure even and consistent coverage.
2.5. Monitor reaction and take remedial action where appropriate.
2.6. Use time and skin reaction to determine superficial epidermal peel duration.
2.7. Neutralise or dilute as appropriate to peel type.
2.8. Apply appropriate post treatment products. |
| 3. Provide post-treatment care and advice. | 3.1. Identify need for, and take and store photographs of treatment area according to organisational policies and procedures. |

- 3.2. Review treatment with client.
- 3.3. Advise client on post-treatment and self-care and ask questions to confirm client understanding.
- 3.4. Advise client on client care and precautionary requirements for period leading up to next treatment
- 3.5. Record treatment and adjust treatment plan to reflect treatment and outcomes.
- 3.6. Complete post-treatment documentation according to organisational policies and procedures.
- 3.7. Initiate follow-up to check for post-treatment complications and adverse effects according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	- access and interpret relevant information from: - manufacturer instructions and industry journals - organisational procedures.
Oral communication skills to:	use dermal and medical terminology appropriately in consultations with clients, colleagues and health care professionals.
Numeracy skills to:	calculate treatment parameters, timing, sequence and costs.
Learning skills to:	- review own skills in superficial epidermal peels and schedule time for development - actively seeks feedback from others as a way of improving performance.
Problem-solving skills to:	identify and resolve application issues during treatment.

Initiative and enterprise skills to:

- identify emerging epidermal peel products, assess efficacy and advocate for inclusion in clinic's treatment range
- promote treatments to existing and new clients.

Self-management skills to:

- manage length of consultation
- recognise scope of practice issues and refer clients to colleagues or health care professional.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>

Assessment Requirements for SHBBSKT011 Provide superficial peel treatments

Modification History

No equivalent unit.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- safely provide at least three epidermal peels to treat at least three the following:
 - fine lines and wrinkles
 - irregular texture
 - hyperpigmentation other than melasma
 - mild acne
- for each of the above treatments:
 - adjust and modify treatment programs in response to client reaction to treatment
 - provide pre- and post-treatment advice to clients
 - complete and store client records and workplace documentation
 - consult, advise and reassure clients at all stages in treatment.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- relevant state or territory and local council health Acts, regulations and guidelines relating to beauty services
- relevant state or territory workplace health and safety regulations and personal responsibilities
- infection control procedures and application of universal precautions
- organisation policies and procedures
- operator's legal and insurance liabilities and responsibilities
- classification of peel solutions according to their effect on the skin:
 - very superficial peels– stratum corneum
 - superficial peels– epidermal
 - medium-depth peels – epidermal into papillary dermis
 - deep peels – papillary dermis into the upper reticular dermis
- scope of practice issues including limitations to epidermal peels used by skin therapists and those used under medical supervision
- mechanism of action of peel solutions on skin
- factors to consider when choosing a peel type for specific clients

- indications for treatment:
 - lines and wrinkles
 - irregular texture
 - hyperpigmentation
 - melasma
 - mild acne
- contraindications to treatments:
 - sunburn and inflamed skin
 - sun and adverse weather exposure
 - excessive telangiectasia
 - bacterial, viral or fungal skin infections
 - active facial rashes
 - active herpes simplex
 - open lesions on face
 - immediate post-facelift or facial surgery
 - current use of isotretinoin
 - cancer
 - breastfeeding women
 - pregnancy
 - clients with suspected body dysmorphic disorder
 - active acne
 - injectables within 14 days
- when to refer client to medical practitioner:
 - solar keratosis
 - undiagnosed pigmented skin lesions
 - adverse effects
 - skin diseases and disorders
 - cancer
- effect of treatment on face, hands, forearms, neck, décolletage
- normal skin reaction to peels:
 - erythema
 - tingle or itch sensation
 - burning and heat sensation
 - hot spots
- appearance of adverse effects:
 - skin irritation
 - dry skin
 - allergy
 - skin blanching
 - epidermolysis

- herpes Simplex 1 breakout
- infections
- acne breakouts
- post inflammatory hyperpigmentation
- hypopigmentation
- skin diagnosis frameworks used in dermatology:
 - Fitzpatrick Skin Phototype
 - Rubin Scale
 - Acne Global Severity Score
 - Glogau Scale
 - acne grades
- how ageing and acne conditions affect the anatomy and physiology of the epidermis and dermis
- nervous system and its relationship to skin sensations
- definition and appearance of first, second and third degree skin burns
- chemical peels as controlled skin wounding, normal and abnormal wound healing
- factors affecting combining epidermal peels with:
 - dermal fillers
 - injectable muscle relaxants
 - facials
 - microdermabrasion
 - laser, intense pulsed light and LED skin treatments
- factors affecting the timing of repeat treatment:
 - epidermal peel type
 - skin reactions to previous peel
 - skin reactions
 - client considerations including business and social commitments
- pre-treatment home skin care regimes:
 - specialised cleansers
 - alpha-hydroxy acids
 - vitamin A, B, C, E
 - antioxidants
 - tyrosinase inhibitors
 - peptides
 - hydroquinone
 - sunscreen
 - specialised moisturisers
 - exfoliants
- factors affecting recommended pre-treatment timing variations:
 - client's skin type and condition

- client commitments
- epidermal peel types and concentrations
- contact cooling
- action of degreasing skin solutions:
 - acetone
 - Isopropyl alcohol (70%)
- peeling agents:
 - AHA
 - BHA
 - enzymes
- appearance of end point:
 - erythema
 - vesiculation
- factors affecting the duration of peel application:
 - time versus observation of skin reaction
 - use of occlusion to drive peel deeper
- action of very superficial, superficial, medium and deep peels and scope of practice issues
- role, benefits and effects of additives in epidermal peels
- factors affecting the calculation of the peel concentration:
 - dryness of skin
 - dehydration of skin
 - client adherence to pre and post treatment skin care regime
 - level of irritation of skin on day of treatment
 - UV and weather exposure
 - client's requirements for social or business commitments
 - result of previous peel
- factors affecting the safe storage of peel solutions
- peel performance variables:
 - type
 - concentration
 - pH and pKa
 - number of coats
 - length of time
 - preparation of skin at home
 - preparation of skin in clinic
 - aftercare
- wound healing cycle
- home care regimes:
 - anti-inflammatory gels
 - post peel moisturiser

- products to treat hot spots
- exfoliants
- sun protection
- usual home care timing of product application
- lifestyle advice
- typical and atypical skin reactions.

Assessment Conditions

Skills must be demonstrated in a skin treatment area; this can be:

- an industry workplace
- a simulated industry environment set up for the purposes of assessment.

Assessment must ensure access to:

- relevant state or territory and local council health Acts, regulations and guidelines relating to beauty services
- key guidelines related to products under the Therapeutic Goods Act 1989.

Assessment must ensure use of:

- individual client workstations with:
 - electrical supply
 - magnifying lamps
 - trolleys
 - towels
 - client gowns and covers
 - application equipment and disposable gauze, sponges and skin wipes
- a professional range of superficial epidermal peel solutions
- professional skin care product range
- adjustable couches with safe working access for operator and equipment at head, foot and each side
- cleaning and disinfection products and equipment
- relevant workplace documentation including:
 - safety data sheets
 - superficial epidermal peel instructions
 - product instructions
 - organisational policies and procedures
- clients, both new and existing, with different skin rejuvenation therapy requirements, who have the expectation that the services provided reflect those of a commercial business
- activities that reflect industry practice and allow the individual to work with commercial timing and productivity to complete skin treatments within designated timeframes.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and:

- have worked for at least three years where they have applied the skills and knowledge of this unit of competency.

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