



Australian Government

SHBBSKT010 Provide skin needling treatments

Release: 2

SHBBSKT010 Provide skin needling treatments

Modification History

Release 2	Minor correction to Performance Evidence.
Release 1	No equivalent unit.

Application

This unit describes the performance outcomes, skills and knowledge required to provide a skin needling treatment to improve the appearance of skin. It requires the ability to determine suitability of clients for treatment, safely apply skin needling technology up to 1.0mm, monitor and modify treatment and maintain infection control standards.

It applies to skin therapists with knowledge of skin biology and skill in providing skin therapies. They provide treatments in skin or beauty therapy clinics according to legislative requirements and organisational policies and procedures.

The skills and knowledge required to assess a client and design and plan treatment programs for complex skin needs are covered in *SHBBSKT001 Provide skin therapy consultations*.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

The supply of topical anaesthetics is restricted in some states or territories.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Unit Code	Unit Title
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SHBBINF002	Maintain infection control standards
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Or;

HLTINF005	Maintain infection prevention for skin penetration treatment
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Competency Field

Skin Therapy

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Prepare treatment environment and equipment.

2. Prepare self and client.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Access and review agreed client treatment program if available to determine requirements for individual treatment.
 - 1.2. Check that treatment environment is correctly organised and free from safety risks and hazards.
 - 1.3. Set up equipment and check to ensure correct functioning as per manufacturer instructions, and safe practice protocols.
 - 1.4. Cleanse and prepare treatment area and sanitise equipment prior to use on client.
 - 1.5. Complete workplace and pre-treatment documentation required for treatment environment and equipment preparation.
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- 2.1. Identify need for and receive signed medical approval to proceed with treatment from client.
 - 2.2. Discuss and confirm proposed treatment plan with client.
 - 2.3. Determine, through discussion and questioning, changes to client medical history and contraindications arising since time of treatment program development.
 - 2.4. Adjust treatment program to reflect identified changes and obtain signed client consent for adjusted treatment program.
 - 2.5. Select product and equipment according to agreed treatment plan.
 - 2.6. Confirm treatment objectives and revised treatment plan with client and obtain signed informed consent from client.

3. Provide skin needling treatment.
 - 3.1. Cleanse skin and remove cleanser.
 - 3.2. Wipe area with appropriate skin antiseptic.
 - 3.3. Apply topical anaesthetic, occlude with plastic wrap if indicated and allow sufficient time to activate.
 - 3.4. Remove topical anaesthetic to leave clean skin.
 - 3.5. Remove sterile, disposable pen head from sealed pack.
 - 3.6. Apply pen or roller to selected skin area keeping skin taut, using appropriate pressure and in predetermined pattern.
 - 3.7. Monitor skin response and modify treatment appropriately.
 - 3.8. Monitor client reaction to treatment and pain tolerance continuously and adjust equipment settings to minimise client discomfort.
 - 3.9. Identify potential and actual hazards and assess risks throughout treatment and take action to minimise risk to self and client.
 - 3.10. Identify and respond immediately to adverse reactions by stopping treatment and explaining reason for stoppage to client.
 - 3.11. Identify need for, take and store photographs of treatment area according to organisational policies and procedures.
 - 3.12. Turn off equipment and dispose of pen heads or rollers into sharps container.
4. Provide post-treatment care and advice.
 - 4.1. Select and apply post-treatment skin cooling products according to treatment plan and client reaction to treatment.
 - 4.2. Advise client on post-treatment and self-care and ask questions to confirm client understanding.
 - 4.3. Advise client on client care and precautionary requirements for period leading up to next treatment.
 - 4.4. Record treatment and adjust treatment plan to reflect treatment and outcomes.
 - 4.5. Complete post treatment documentation according to organisational policies and procedures.
 - 4.6. Initiate follow-up to check for post-treatment complications and adverse effects according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	• access and interpret relevant information from: • health regulations • manufacturer instructions and promotions • organisational procedures.
Oral communication skills to:	• choose appropriate terminology in consultations with clients, colleagues and health care professionals.
Numeracy skills to:	• calculate treatment parameters, timing and costs.
Problem-solving skills to:	• identify and resolve application issues during treatment.
Initiative and enterprise skills to:	• promote treatments to existing and new clients.
Planning and organising skills to:	• plan and implement an appropriate treatment program.
Self-management skills to:	• manage length of consultation • recognise scope of practice issues and refer clients to health care professional if required.
Technology skills to:	• use appointment and client record software.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>

Assessment Requirements for SHBBSKT010 Provide skin needling treatments

Modification History

Release 2	Minor correction to Performance Evidence.
Release 1	No equivalent unit.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- analyse the skin of three different clients to determine suitability for treatment
- discuss and confirm proposed treatment plan with three different clients with varying skin conditions
- develop or modify treatment plan in agreement with clients
- perform epidermal skin needling treatment on three clients
- for each of the above:
 - advise clients on appropriate client care and precautionary requirements
 - record treatment and adjust treatment plan to reflect treatment and outcomes for each client.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- federal, state or territory, and local Acts and regulations relating to skin penetration and health regulations and guidelines
- relevant state and territory regulations and guidelines relating to the supply and use of topical anaesthetics
- infection control procedures and application of universal precautions as they apply to the provision of a skin needling treatment
- organisation policies and procedures in regard to skin needling treatments
- operator's legal and insurance liabilities and responsibilities in regard to skin needling
- scope of practice for skin therapists
- devices:
 - TGA approval
 - needle depth
 - number of needles

- type:
 - pen
 - stamp
 - roller
 - tattoo devices
- factors to consider when choosing skin needling technology:
 - scope of practice
 - number of passes
 - technique
 - disposable, sterile, pre-packed rollers
 - grade of steel used in needle
 - length of needle up to 1.0mm
- factors affecting use of topical anaesthetic:
 - concentration of active ingredient
 - toxicity risks and management
 - safe use and disposal
 - scope of practice
- indications for treatment:
 - textural improvement of the skin
 - mild hyperpigmentation
 - improving the appearance superficial scars
 - sun-damaged skin
 - fine wrinkling
- contraindications to treatment:
 - infection and raised temperature
 - aged skin which bruises easily
 - active acne
 - isotretinoin treatment within last six months
 - blood thinning medications
 - blood clotting disorders
 - herpes simplex or other infection or chronic skin condition in area to be treated
 - skin in treatment area that is numb or lacks sensation
 - history of keloid or hypertrophic scars or poor wound healing
- contraindications which require medical clearance:
 - skin cancer treatments in the area to be treated
 - inflammatory conditions
 - pregnancy
 - diabetes
- normal tissue responses, allergic and adverse effects of skin needling treatments:
 - erythema

- minor bleeding and bruising
- skin may feel warm, tight and itchy
- minor flaking or dryness of skin with scab formation in rare cases
- hyperpigmentation
- herpes simplex outbreak
- procedure for managing adverse reactions to treatment:
 - medical referral
- use of topical anaesthetics:
 - concentration of active ingredient
 - toxicity risks and management
 - safe use and disposal
 - states or territory restrictions
- cosmetic ingredients in relevant pre- and post-treatment products, particularly in regard to:
 - their likely effects on skin
 - toxic effects of various substances and their contribution to premature ageing
 - possible contraindications in combination with other products or circumstances
- factors to consider when combining skin needling treatments with other skin treatments
- wound healing cycle
- pre- and post-treatment advice to client:
 - skin care products
 - care of skin
 - sun or solaria protection
 - infection control
 - normal and abnormal reactions
 - circumstances that indicate the client should contact the clinic
 - lifestyle changes.

Assessment Conditions

Skills must be demonstrated in a simulated clinical workplace environment set up for the purposes of assessment.

Assessment must ensure access to:

- relevant documentation:
 - key aspects of federal and state and territory legislation in relation to work health and safety
 - National Infection Control Guidelines.

Assessment must ensure use of:

- individual client workstations with:
 - electrical supply

- skin needling equipment and single use disposable sterile rollers of 1.0mm or less needle length
- sharps container
- adjustable couches with safe working access for operator and equipment at head, foot and each side
- magnifying lamps
- trolleys
- towels
- client gowns and covers
- professional skin care range and post treatment products
- skin antiseptic and sterile saline solution
- cleaning and disinfection products and equipment
- disposable single use sponges or skin wipes
- relevant workplace documentation:
 - safety data sheets
 - manufacturer instructions
 - product instructions
 - organisational policies and procedures
- clients, both new and existing, with different skin rejuvenation therapy requirements; who have the expectation that the services provided reflect those of a commercial business
- activities that reflect industry practice and allow the individual to work with commercial timing and productivity to complete skin treatments within designated timeframes.

At least one assessment must be directly observed in person, for the total duration of the skin needling treatment, by assessors who meet the assessor requirements outlined below.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and:

- have worked for at least three years where they have applied the skills and knowledge of this unit of competency.

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