



Australian Government

SHBBSKT001 Provide skin therapy consultations

Release: 1

SHBBSKT001 Provide skin therapy consultations

Modification History

No equivalent unit.

Application

This unit describes the performance outcomes, skills and knowledge required to provide detailed consultations for clients seeking advanced skin rejuvenation treatments. It includes skin therapy techniques including intense pulsed light, light emitting diode and laser.

It requires the ability to consult with clients, determine suitable clients for treatment, provide detailed consultations including skin analysis, to design and recommend a skin rejuvenation treatment program including pre- and post-treatment care and obtain informed consent.

This unit applies to skin therapists with knowledge of skin biology. They provide treatments in skin or beauty therapy clinics according to legislative requirements and organisational policies and procedures.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Skin Therapy

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine client treatment priorities.
 - 1.1. Determine, through discussion and questioning, client needs and expectations.
 - 1.2. Actively encourage and respond to client queries.
 - 1.3. Administer and collect pre-treatment questionnaire.
 - 1.4. Use physical examination and skin diagnostic equipment to classify client skin.
 - 1.5. Establish and record client details relevant to skin treatment.
 - 1.6. Determine treatment options according to client assessment and scope of practice.

2. Determine contraindications to treatment.
 - 2.1. Consult with and visually observe client to identify and determine impact of contraindications.
 - 2.2. Determine non-medical precautions for non-medical contraindications and explain to client.
 - 2.3. Advise client to seek and provide signed proof of medical release for medical contraindications and medical precautions prior to treatment.
 - 2.4. Discuss treatment alternatives and refer to a healthcare professional as required.

3. Design a skin therapy program.
 - 3.1. Determine treatment type and program according to outcomes of client consultation, and within safe practice protocols.
 - 3.2. Advise client on treatment procedure, outcomes, and possible effects and after care of proposed skin rejuvenation therapy program.
 - 3.3. Identify and instruct client about special precautions that must be followed pre, during and post treatment and negotiate compliance.
 - 3.4. Communicate pre-treatment and post-treatment precautions and care, and ask questions to confirm client understanding.
 - 3.5. Discuss role and responsibilities of the practitioner and the client, and gain client agreement to client responsibilities.
 - 3.6. Identify need for, and take and store photographs of pre-treatment area according to organisational policies and procedures.
 - 3.7. Discuss and select treatment evaluation strategies with client.
 - 3.8. Finalise and document treatment program and gain signed client consent.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	• extract relevant information from • manufacturer instructions and promotions • organisational policies and procedures.
Oral communication skills to:	• sensitively and supportively discuss client needs and negotiate with clients • use dermal and medical terminology appropriately in consultations with clients, colleagues and health care professionals.
Numeracy skills to:	• calculate treatment parameters, timing and costs.
Learning skills to:	• collaborate with and consider feedback from colleagues and referring health care professionals • evaluate own knowledge and skill in relation to emerging skin rejuvenation treatments and determine learning needs.
Problem-solving skills to:	• identify treatment limitations for specific clients, select and recommend alternative solution • identify alternative solutions for contraindicated clients.
Initiative and enterprise skills to:	• promote treatments to existing and new clients.
Teamwork skills to:	• work collaboratively with colleagues and health care professionals to optimise client outcomes.
Planning and organising skills to:	• sequence treatments into an effective therapy plan • identify appointment times and negotiate with colleagues for access to equipment and rooms.
Self-management skills to:	• manage length of consultation • recognise scope of practice issues and refer clients to colleagues or health care professional.
Technology skills to:	• take photographs using suitable lighting, lens and focussing to

- accurately record skin treatment progress
- use client software to record and update client notes.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>

Assessment Requirements for SHBBSKT001 Provide skin therapy consultations

Modification History

No equivalent unit.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- analyse skin, communicate with, and develop treatment plans for six clients with a range of skin conditions and requirements, which includes the following treatments:
 - superficial skin needling
 - superficial epidermal peeling
 - light emitting diode
 - intense pulsed light or laser.
- for each of the above clients:
 - develop, record and maintain treatment plans and records for each client specifying all relevant details
 - take photographs of pre-treatment skin according to organisational policies and procedures
 - identify and manage contraindications or potential adverse reactions to treatment.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- current local, state or territory health legislation, regulation and industry standards and guidelines relevant to treatments:
 - non-ionising radiation protection
 - skin penetration
 - work health and safety
- variations in skin anatomy and physiology according to:
 - gender
 - age
 - ethnic origins
 - location on face and body
- contraindications as related to the skin treatment
- client concern or condition
- client expectations and realistic outcomes
- methods of educating client

- use of skin classification frameworks and terminology:
 - Fitzpatrick Skin Types
 - Rubin classification of ageing
 - Glogau classification of photo-ageing
 - acne grades and types
 - rosacea grades and types
 - intrinsic and extrinsic skin ageing
- suitability to treatment:
 - underage clients seeking treatment
 - body dysmorphism
 - lifestyle
- informed consent:
 - risks and risk management
 - legal disclaimer
 - complications
 - marketing
 - ethical communication of treatment including viable treatment options
 - pre- and post-treatment care:
 - information
 - compliance
 - normal, abnormal and delayed wound healing as related to the specific treatment
 - advice on lifestyle
 - treatment plan or program:
 - number of treatments
 - cost
- scope of practice of skin therapists:
 - relationship between qualifications, education and scope
 - when to refer to other health care professionals
- common medications that affect the skin and beauty treatment outcomes
- skin diagnostic equipment:
 - Woods lamp
 - magnifiers
 - equipment to measure melanin, erythema, sebum and hydration concentration in skin
 - skin scanners
- patch testing:
 - purpose
 - technique
- photographs:
 - pre- and post- treatment
 - when and how to take photos

- privacy:
 - photographs
 - record keeping:
 - record and information storage
 - security of data
- information to be obtained and recorded during client consultation and observation:
 - client details
 - consent from parent or guardian for treatment of minors, when required
 - client needs and expectations
 - consent for collection of personal information and photographic content, when required
 - family history of skin cancer
 - medical history, conditions, allergies and medications
 - treatment history
 - presence of tattoos and other artificial pigment
 - vitamins and supplements
 - sun exposure and reactions
 - treatment area
 - Fitzpatrick skin type
 - skin characteristics and condition
 - hair characteristics
 - treatment types and equipment settings
 - signed client informed consent for treatment
 - signed medical release, when required
 - pre-treatment photographs, when required
 - patch test results
- treatment plans and records and contents including:
 - contraindications
 - skin analysis
 - treatment program
 - relevant medical history and medications
 - adverse reactions
 - aftercare recommendations and advice
 - changes in client skin condition
- changes in client skin condition
- common cosmetic or medical procedures and suitability of treatment:
 - muscle relaxant injections
 - dermal fillers
 - cancer treatments
 - platelet rich plasma

- dermabrasion
- chemical peels
- laser
- plastic and cosmetic surgery including:
 - blepharoplasty
 - rhinoplasty
 - rhytidectomy
 - browplasty
 - implants
 - lip augmentation
 - mammoplasty
 - sclerotherapy
 - abdominoplasty
 - normal, abnormal and delayed wound healing.

Assessment Conditions

Assessment must be demonstrated in a skin treatment area; this can be:

- an industry workplace
- a simulated industry environment set up for the purposes of assessment.

Assessment must ensure access to:

- documentation related to intense pulsed light, LED and laser treatments:
 - organisational policies and procedures
 - workplace reporting documentation and templates
 - current standards and guidelines:
 - AS/NZS 4173:2018 Safe use of lasers and intense light sources in health care
 - AS/NZS IEC 60825.1:2014 Safety of laser products – Part 1: Equipment classifications and requirements
 - AS/NZS 1336:2014 Eye and face protection – Guidelines
 - key aspects of relevant local, federal, state or territory, legislation and regulations relating to use of intense pulsed light and laser for skin treatments
 - manufacturer instructions and safety data sheets
 - non-ionising radiation safety protection plan.

Assessment must ensure use of:

- computer with salon software system
- camera, lighting and photographic equipment
- cleaning and disinfection products and equipment
- individual work station consisting of:
 - adjustable treatment table with safe working access to both sides and ends
 - individual electricity supply

- magnifying light
- operator chair
- appropriate supply of towels
- client gowns or covers
- skin product range
- relevant workplace documentation including:
 - manufacturer equipment instructions
 - product instructions
 - manufacturer and product safety data sheets
 - organisational policies and procedures
- paying clients, both new and existing, with different skin rejuvenation therapy requirements, who have the expectation that the services provided reflect those of a commercial business
- assessment activities that allow the individual to complete consultation with clients within commercial time constraints.

At least one assessment must be directly observed in person, for the total duration of the skin therapy consultation, by assessors who meet the assessor requirements outlined below.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and:

- have worked for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

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