



Australian Government

Assessment Requirements for SHBBSKS007 Provide diathermy treatments

Release: 1

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Modification History

Supersedes and is not equivalent to SHBBSK002 Provide diathermy treatments.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- provide four diathermy treatments for clients on each of the following areas:
 - face area
 - upper chest
- provide patch tests for each of the above clients that replicate the parameters in each treatment plan:
 - equipment
 - procedure
 - treatment
- provide consecutive diathermy treatments for two of the clients as required to achieve the treatment objectives
- provide diathermy treatments using each of the following machines at least once:
 - thermolysis
 - blend machines
- develop and update treatment plans and records for each client specifying details of:
 - client feedback and adverse reactions
 - capillary type and distribution
 - contraindications and conditions
 - current type, duration and intensity
 - outcomes of patch test and treatments
 - post treatment care advice and products
 - probe or needle size and type
 - products used
 - recommended future treatments
 - relevant medical history and medications
 - skin analysis
 - treatment duration, areas treated and not treated
 - treatment objectives
- provide safe treatments demonstrating application of health and hygiene regulations and skin penetration guidelines for each client with a focus on:

- disinfection of treatment area
- disposal of infectious and non-infectious waste
- disposal of sharps
- equipment sterilisation and disinfection
- hand washing
- prevention of blood-to-blood contact
- use of equipment:
 - disposable
 - personal protection equipment
 - single use disposable probes or needles
- treat each client demonstrating the application of correct techniques:
 - angle of probing
 - choice of size and type of probe or needles
 - current intensity and duration
 - depth of probing
- treat clients causing minimal skin reaction.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- state or territory and local health and hygiene and skin penetration regulations and requirements relevant to providing diathermy treatments
- infectious disease transmission routes and prevention of infection transmission:
 - clients with blood borne diseases
 - contingency procedures for blood and body fluid contact
 - prevention of blood-to-blood contact
 - safe handling and disposal of sharps
- infection control procedures and application of standard precautions
- definitions and methods of cleaning, disinfection and sterilisation
- organisational policies and procedures relevant to providing diathermy treatments:
 - client record management
 - equipment use and maintenance
 - incident reporting
 - linen use and laundry procedures
 - personal protection equipment
 - personal hygiene and presentation
 - presentation of treatment area
 - waste and hazardous substance disposal
 - work health and safety

- legal and insurance liabilities and responsibilities regarding treatments
- scope of practice:
 - when to refer clients to other practitioners
 - importance of not stating a diagnosis of a contraindication
 - limitations to diathermy treatments
 - roles of nutritionist, dietician, complementary therapist and medical practitioner
- factors that affect treatment planning and client suitability for treatment:
 - areas treated
 - client finances
 - extent of area treated
 - pain tolerance
 - skin:
 - healing
 - reactions
- effects, risks, benefits and indications for diathermy treatments on the physical structure of skin and blood vessels and minor blemishes
- sources, risks, benefits and effects of light treatments for dilated capillary removal
- anatomy and physiology of blood vessels and capillaries
- typical medical treatments, medications and side effects relevant to diathermy treatments
- principles and properties of electrical currents and the technology used in specialised diathermy application:
 - alternating current
 - direct current
 - electrical circuits
 - electrical supply
 - energy
 - specialised hair reduction applications:
 - blend
 - thermolysis
- principles and processes of direct and alternating currents:
 - electrical energy and electron movement
 - electrolytic process
 - thermal effect
 - electrodes
 - frequency ranges
 - capacitance
- safe practices and management when using electrical currents
- factors affecting diathermy treatment outcomes:
 - accurate probing:
 - duration

- angle
- depth
- areas treated
- causes of skin damage
- correct probing and successful treatment outcomes
- current intensity and type
- extent of area treated
- needle or probe size selection
- pain tolerance
- safety and comfort
- contraindications that prevent or restrict treatment or require clearance from a medical practitioner to proceed and their relationship to diathermy:
 - acne
 - adverse outcomes of previous diathermy treatments
 - bacteria, fungal, parasitic and viral infections
 - type one and two diabetes mellitus
 - medications that cause skin thinning
 - metal implants
 - pacemakers
 - rashes
 - scar tissue
 - skin trauma
- appearance, causes and management of adverse effects of diathermy treatments:
 - bruising
 - inflammation arising from treatment
 - over treatment
 - reaction of client to electrical current
 - scarring
- post treatment care procedures and advice for specific treatment areas:
 - special care of treatment area
 - sun protection
 - avoidance of intense physical activity
 - dietary advice
 - skin peels
- sustainable operating procedures for the conservation of product, water and power.

Assessment Conditions

Skills must be demonstrated in a diathermy environment; this can be:

- an industry workplace or

- a simulated workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients with different diathermy requirements, who have the expectation that the services provided reflect those of a commercial business
- hand washing facilities:
 - basin
 - hot and cold running water
 - liquid soap
 - single use towels or hand dryer
- relevant workplace documentation:
 - blank client records
 - organisational policies and procedures relevant to diathermy treatments
 - manufacturer instructions for equipment
 - safety data sheets for cleaning products.

Assessment must ensure use of:

- alcohol disposable single use skin wipes
- cleaning and disinfection products and equipment
- client gown or protective sheets
- diathermy equipment:
 - thermolysis
 - blend
- disposable needles or probes of a range of sizes in sterile packs
- disposable tissues and spatulas
- individual work station:
 - adjustable treatment table with safe working access to both sides and ends
 - individual electricity supply
 - magnifying lamp
 - operator chair
 - trolley for products, bowls and equipment
- personal protective equipment:
 - disposable gloves
 - apron
 - sharps container
- sterilised small tools and equipment or all equipment to be single use and disposable
- treatment towels or linen, or disposable linen.

Assessment activities that allow the individuals to:

- complete diathermy treatments within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations

- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and:

- hold a qualification as a beauty therapist
- have worked as a beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>