



Australian Government

Assessment Requirements for SHBBFAS005 Provide facial treatments and skin care recommendations

Release: 1

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Modification History

Supersedes and is not equivalent to SHBBFAS002 Provide facial treatments and skin care recommendations.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- provide safe and appropriate facial treatments to five different clients that together address each of the following skin types and conditions:
 - dry or alipid
 - oily or lipid
 - diffused red
 - mature skin
 - mild acne
- design a series of four treatments and product recommendations for each of the above clients to address ongoing needs of each client
- provide facial treatments to each of the following areas as appropriate to the above clients:
 - back of neck
 - face
 - décolletage
 - neck
 - shoulders
- design and provide facial treatments for the above clients that demonstrate each of the following treatment steps and techniques:
 - client skin analysis
 - skin cleansing
 - skin steaming:
 - towel
 - steamer
 - exfoliation:
 - manual product
 - removal of minor skin blemishes:
 - milia
 - comedones
 - facial massage movements:
 - effleurage

- petrissage
- tapotement
- vibration
- application and removal of facial mask
- application of facial finishing products
- explain to each of the above clients as appropriate the development of their skin conditions and benefits and limitations of facial treatments
- develop or update treatment plans and records for each client specifying the following details:
 - client feedback
 - contraindications and conditions
 - facial treatment provided and products used
 - outcomes of previous and current treatment
 - post treatment lifestyle and product advice
 - recommended future treatments
 - relevant medical history and medications
 - treatment duration, areas treated and not treated
 - treatment objectives
- perform the activities outlined in the performance criteria of this unit during a period of at least 38 hours of work in a commercial beauty therapy salon.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- state or territory and local health, hygiene and skin penetration regulations and requirements relevant to facial treatments
- organisational policies and procedures relevant to facial treatments:
 - client record management
 - equipment use and maintenance
 - incident reporting
 - linen use and laundry procedures
 - personal hygiene and presentation
 - presentation of treatment area
 - waste and disposal
 - work health and safety
- legal and insurance liabilities and responsibilities regarding treatments
- scope of practice:
 - when to refer clients to other practitioners
 - importance of not stating a diagnosis of a contraindication or conditions
 - limitations of facial treatments

- role of complementary therapist and medical practitioner
- factors likely to affect suitability of treatment for client:
 - budgetary and time constraints
 - outcomes of previous treatment
 - client skin biology
 - client willingness to follow home care advice
- effects and benefits of two comprehensive and professional skin care ranges:
 - role in each step of a facial treatment
 - benefits to skin
 - effect of ingredients on skin
- effects and benefits of each stage of facial on the physical structure of the skin:
 - cleansing
 - exfoliation
 - extractions
 - mask
 - massage
 - steaming
- basic nutrition guidelines and relationship between nutrition and healthy skin
- foods which may have an effect on the skin or are contraindicated when using specific products
- formulation, function and action of cosmetic emulsions and ingredients:
 - anti-oxidants
 - emollients
 - humectants
 - moisturisers
 - occludents
- formulation, function and action of cosmetic ingredients:
 - liposome types, structures and uses
 - oils
 - surfactants
 - thickeners
 - waxes
- chemical formulations of facial products:
 - exfoliants
 - face masks
 - peels
- contraindications to specific cosmetic formulations and ingredients identified in product information:
 - isotretinoin products
 - allergies

- contraindications which prevent facial treatment or require clearance from a medical professional to proceed and their relationship to facials:
 - bacterial, fungal, parasitic and viral infections
 - cancer
 - clients with symptoms of infectious disease
 - erythema
 - pigmented lesions
 - recent cosmetic treatments including - injectables, intense pulsed light, laser, dermabrasion
 - scleroderma
 - skin tumours
 - undiagnosed lumps
 - urticaria
- contraindications which restrict treatment and appropriate modifications to treatment:
 - allergies
 - areas exhibiting loss of tactile sensation
 - dysfunction of the nervous system
 - inflammations and swellings
 - medications that cause thinning or inflammation of the skin
 - skin trauma
 - recent scar tissue
- appearance, possible medical treatments and limitations of facial treatments on skin conditions, diseases and disorders:
 - acne
 - closed comedones or milia
 - couperose
 - dehydration or trans epidermal water loss
 - dermatitis and eczema
 - ichthyosis
 - lupus erythematosus
 - mature
 - photoaged
 - pigmentation disorders
 - open comedones
 - rosacea
 - seborrhoea
 - sensitive or diffused red skin
- physiology of adverse reactions to facial treatments and products and appropriate remedial action:
 - allergic reactions

- erythema or skin inflammation
- normal skin responses to irritation and trauma
- skin blemishes
- skin inflammation
- lifestyle factors and benefits of lifestyle changes on skin:
 - alcohol consumption
 - climate
 - exercise routine
 - hobbies
 - nutrition
 - sleeping patterns
 - tobacco consumption
 - type of employment
- sustainable operating procedures for the conservation of product, water and power
- aftercare advice, products and future treatments to maintain client treatment objectives.

Assessment Conditions

Skills must be demonstrated in a beauty industry environment; this can be:

- a beauty industry workplace or
- a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients with different facial treatment requirements, who have the expectation that the services provided reflect those of a commercial business
- hand washing facilities:
 - basin
 - hot and cold running water
 - liquid soap
 - single use towels or hand dryer
- relevant workplace documentation:
 - blank client records
 - organisational policies and procedures relevant to facial treatments
 - manufacturer instructions for equipment
 - safety data sheets for cleaning products and, where applicable, for treatment products
 - product manuals listing product ingredients, formulations, labelling and guidelines for use.

Assessment must ensure use of:

- bowls
- brushes for application of products

- cleaning and disinfection products and equipment
- client gowns and hair protectors
- disposable facial wipes, microlances, spatulas, tissues
- disposable gloves
- equipment:
 - facial steamer
 - hot towel cabinet
 - magnifying lamp
 - Woods lamp
- individual work station consisting of:
 - adjustable treatment table with safe working access to both sides and ends
 - individual electricity supply
 - operator chair
 - trolley for products, bowls and equipment
- treatment products from two comprehensive professional skin care ranges
- treatment towels or linen, or disposable linen.

Assessment activities that allow the individual to:

- complete facial treatments within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and:

- hold a qualification as a beauty therapist
- have worked as a beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>