



Australian Government

Assessment Requirements for SHBBFAS003 Provide specialised facial treatments

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- communicate, follow and adjust treatment plans to provide six safe and appropriate specialised facial treatments to clients with one or more of the following skin types and conditions:
 - prematurely aged
 - diffused red
 - seborrhoea
 - acne
- design a sequence of four treatments and product recommendations for three of these clients to address client priorities
- recognise contraindications, skin diseases and disorders relevant to each device listed in the Assessment conditions and to allied cosmetic products
- demonstrate correct and safe application technique for each device:
 - direct current
 - iontophoresis
 - desincrustation
 - high frequency
 - micro current
 - ultrasonic
- design, record and maintain treatment plans and records for each client specifying details of:
 - client feedback
 - contraindications and conditions
 - facial treatment provided and equipment and products used
 - outcomes of previous and current treatment
 - post treatment care advice and products
 - recommended future treatments
 - relevant medical history and medications
 - treatment duration, areas treated and not treated
 - treatment objectives
- treat clients effectively and minimise skin reactions

- identify risk situations that cause short or overloaded circuits and take remedial action
- present self, according to organisational policy
- comply with health and hygiene regulations and requirements
- clean, prepare and maintain treatment area according to organisational policy.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- federal, state or territory and local health, hygiene and skin penetration regulations and requirements relevant to specialised facial treatments
- organisational policies and procedures relevant to specialised facial treatments:
 - client record management
 - equipment use and maintenance
 - incident reporting
 - linen use and laundry procedures
 - personal hygiene and presentation
 - presentation of treatment area
 - waste disposal
 - work health and safety
- manufacturer instructions for use of electrical equipment
- legal and insurance liabilities and responsibilities in regard to treatments and use of electrical equipment
- scope of practice:
 - when to refer clients to other practitioners
 - importance of not diagnosing skin conditions and diseases
 - limitations of beauty therapist in relation to use of electrical equipment
 - roles of complementary therapist and medical practitioner
- factors likely to affect suitability of treatment for client
- effects and benefits of two comprehensive and professional skin care ranges and their relationship to each device used
- effects and benefits on the physical structure of skin of:
 - direct current
 - iontophoresis
 - desincrustation
 - high frequency
 - micro current
 - ultrasonic
 - position and action of superficial muscles in the face, throat and chest
- interdependence of body systems and their relationship to a healthy body and skin:
 - skeletal, muscular and nervous systems and relationship to face and neck movement

- nervous system and its relationship to skin sensations
- lymphatic, digestive, respiratory, and circulatory systems and their relationship to skin functions, thermoregulation and homeostasis
- endocrine and reproductive systems in relationship to hormonal influences on skin:
 - age related changes
 - effect of hormones on skin
 - hair growth and loss
 - menstrual cycle skin changes
 - pigmentation
 - sebaceous and sweat gland secretion
- nutritional composition of food
- nutrition guidelines and relationship between nutrition and healthy skin
- foods which may have an effect on the skin or are contraindicated when using specific products
- skin anatomy and physiology
- structure, function and distribution of skin glands
- production, composition, functions and control of skin gland secretions
- appearance and characteristics of skin types:
 - dry/alipid/lipid
 - oily/lipid
 - diffused red
- electromagnetic spectrum and effect of light on skin
- physiological basis of skin colour
- relationship between skin type, minimal erythema dose, skin protection factor and sunscreen use
- Fitzpatrick skin types
- skin as a sense organ and relationship to each device used
- function, formation and behaviour of major skin chemicals
- growth, development, ageing and healing of human skin
- normal skin responses to irritation and trauma
- genetics of skin disorders
- trans-epidermal water loss
- absorption and relationship to skin treatments and products
- formulation, function and action of cosmetic formulations and ingredients in treatment products, effects and benefits to skin, potential adverse effects and those contraindicated for specific clients
- principles of static electricity
- principles and properties of electrical currents and the technology used in specialised facials:
 - alternating current
 - direct current
 - electrical circuits

- electrical supply
- energy
- specialised facial applications:
 - desincrustation
 - direct high frequency
 - iontophoresis
 - warming of tissues
- principles and processes of direct and alternating currents:
 - electrical energy and electron movement
 - electrolytic process
 - thermal effect
 - electrodes
 - frequency ranges
 - capacitance
- principles and properties of ultrasound and beauty therapy ultrasonic applications:
 - energy forms
 - definition of sound waves and ultrasound, ultrasonic
 - characteristics of a wave
 - effects and benefits of ultrasonic applications in beauty therapy:
 - mechanical and thermal responses
 - skin barrier properties
- operational characteristics of ultrasonic devices
- contraindications which prevent treatment or require clearance from a medical professional to proceed and relationship to specialised facials:
 - bacterial, fungal, parasitic and viral infections
 - cancer
 - epilepsy
 - pigmented lesions
 - pacemakers
 - recent cosmetic treatments such as injectables, Intense Pulsed Light (IPL), laser, dermabrasion
 - undiagnosed lumps
- contraindications which restrict treatment and appropriate modifications to specialised facial treatments:
 - allergies
 - anxiety
 - areas exhibiting loss of tactile sensation
 - dysfunction of the nervous system
 - inflammations and swellings
 - medications that cause thinning or inflammation of the skin

- skin trauma
- recent scar tissue
- appearance, genetic factors, possible medical treatments and limitations of facial treatments on skin conditions, diseases and disorders
- appearance and physiology of adverse reactions to specialised facial treatments and products and appropriate remedial action
- lifestyle factors and benefits of lifestyle changes on skin:
 - alcohol consumption
 - climate
 - exercise routine
 - hobbies
 - nutrition
 - sleeping patterns
 - tobacco consumption
 - type of employment
- sustainable operating procedures for the conservation of product, water and power
- aftercare advice, products and future treatments to maintain client treatment objectives.

Assessment Conditions

Skills must be demonstrated in a beauty industry environment; this can be:

- a beauty industry workplace or
- a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients, both new and regular, with different body massage requirements, who have the expectation that the services provided reflect those of a commercial business
- hand washing facilities:
 - basin
 - hot and cold running water
 - liquid soap
 - single use towels or hand dryer
- relevant workplace documentation:
 - blank client records
 - organisational policies and procedures relevant to specialised facial treatments
 - manufacturer instructions for equipment
 - safety data sheets for cleaning products and, where applicable, for treatment products
 - product manuals listing product ingredients, formulations, labelling and guidelines for use.

Assessment must ensure use of:

- bowls
- brushes for application of products
- cleaning and disinfection products and equipment
- client gowns and hair protectors
- disposable facial wipes, microlances, spatulas and tissues
- disposable gloves
- the following devices/equipment:
 - direct current for:
 - iontophoresis
 - desincrustation
 - facial steamer
 - high frequency
 - hot towel cabinet
 - magnifying lamp
 - micro current
 - sonophoresis
 - ultrasonic
 - Woods lamp
- individual work station consisting of:
 - adjustable treatment table with safe working access to both sides and ends
 - individual electricity supply
 - operator chair
 - trolley for products, bowls and equipment
- personal protective equipment
- treatment products from two comprehensive and professional skin care ranges
- treatment towels or linen, or disposable linen.

Assessment activities that allow the individual to:

- complete facial treatments within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisation's requirements for assessors and:

- hold a qualification as a beauty therapist
- have worked as a beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>