



Australian Government

Assessment Requirements for SHBBBOS011 Provide superficial lymph massage treatments

Release: 1

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Modification History

Supersedes and is not equivalent to SHBBBOS006 Provide superficial lymph massage treatments.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- design, interpret, modify and record treatment plans for five clients for manual superficial lymph massage for the face and body as follows:
 - body for relaxation or retention of fluid
 - face to treat any two of the following:
 - facial oedema
 - pre and post-operatively
 - relaxation
 - scar tissue
 - acne
 - rosacea or telangiectasias
- for the above, design and provide treatment routines that demonstrate appropriate selection, application and combination of the following superficial lymph massage movements:
 - correct pressure, direction and stroke pattern
 - appropriate rhythm, speed and treatment duration
 - stationary, circle, pump, scoop and rotary movements.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- state or territory and local health, hygiene and skin penetration regulations and requirements relevant to superficial lymph massage treatment
- organisational policies and procedures relevant to superficial lymph massage treatment:
 - client record management
 - equipment use and maintenance
 - incident reporting
 - linen use and laundry
 - personal hygiene and presentation

- presentation of treatment area
- waste disposal
- work health and safety
- legal and insurance liabilities and responsibilities regarding treatments
- scope of practice:
 - when to refer clients to other practitioners
 - role of complementary therapist and medical practitioner
- indications for manual superficial lymph massage:
 - facial oedema
 - pre and post-operative
 - relaxation
 - scar tissue
 - acne
 - rosacea
 - telangiectasias
- contraindications to manual superficial lymph massage:
 - raised temperature
 - disease:
 - heart
 - kidney
 - liver
 - skin
 - acute asthma
 - acute allergies
 - cancer
 - contagious disease
 - organ transplant
 - hyperthyreosis over the throat area
- detailed anatomy and physiology of lymphatic system:
 - lymphatic pathways
 - lymph tissue, vessels, nodes, nodules
 - lymphocytes
 - lymph composition and formation
 - the spleen
 - the thymus
 - the thoracic duct and the right lymphatic duct
 - lymphatic circulation
 - role of lymphatic system in immunity and wound healing
 - formation of oedema
 - correct terminology

- anatomy and physiology of the skin and skin structures as they relate to superficial lymph massage treatments
- phases of skin growth, cell renewal, healing of skin and factors affecting epidermal mitosis
- normal skin response to irritation and trauma
- scars, including hypertrophic and keloid (their origin and evolution), and abnormal scar tissue
- effects of lymphatic treatments on physical structure of skin
- wound healing in different skin types and locations
- causes of skin reactions and allergies in regard to treatments.

Assessment Conditions

Skills must be demonstrated in a beauty industry environment; this can be:

- a beauty industry workplace or
- a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients with different body massage requirements, who have the expectation that the services provided reflect those of a commercial business
- relevant organisation documentation:
 - blank client records
 - product instructions and safety data sheets
 - organisational policies and procedures relevant to providing superficial lymph massage.

Assessment must ensure use of:

- cleaning and disinfection products and equipment
- client gowns or covers
- individual workstations consisting of:
 - adjustable facial couch with safe working access for operator and equipment
 - magnifying lamp
- a professional range of massage and skincare and home care products
- treatment towels or linen, or disposable linen.

Assessment activities that allow the individual to:

- provide superficial lymph massages within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and:

- hold a qualification as a beauty therapist

- have worked as a beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>