



Australian Government

Assessment Requirements for SHBBBOS006 Provide superficial lymph massage treatments

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- design, interpret, modify and record a treatment plans for manual superficial lymph massage for the face and body as follows:
 - body for relaxation or retention of fluid
 - face to treat any two of the following:
 - facial oedema
 - pre and post-operatively
 - relaxation
 - scar tissue
 - acne
 - rosacea or telangiectstasis
- design and provide treatment routines that demonstrate appropriate selection, application and combination of the following superficial lymph massage movements:
 - correct pressure, direction and stroke pattern
 - appropriate rhythm, speed and treatment duration
 - stationary, circle, pump, scoop and rotary movements
- present self, according to organisational policy
- comply with health and hygiene regulations and requirements
- clean, prepare and maintain treatment area according to organisational policy.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- state or territory and local health, hygiene and skin penetration regulations and requirements relevant to superficial lymph massage treatment
- organisational policies and procedures relevant to superficial lymph massage treatment:
 - client record management
 - equipment use and maintenance
 - incident reporting
 - linen use and laundry

- personal hygiene and presentation
- presentation of treatment area
- waste disposal
- work health and safety
- legal and insurance liabilities and responsibilities regarding treatments
- scope of practice:
 - when to refer clients to other practitioners
 - role of complementary therapist and medical practitioner
- indications for manual superficial lymph massage:
 - facial oedema
 - pre and post-operative
 - relaxation
 - scar tissue
 - acne
 - rosacea
 - telangiectstasis
- contraindications to manual superficial lymph massage:
 - raised temperature
 - disease:
 - heart
 - kidney
 - liver
 - skin
 - acute asthma
 - acute allergies
 - cancer
 - contagious disease
 - organ transplant
 - hyperthyreosis over the throat area
- detailed anatomy and physiology of lymphatic system:
 - lymphatic pathways
 - lymph tissue, vessels, nodes, nodules
 - lymphocytes
 - lymph composition and formation
 - the spleen
 - the thymus
 - the thoracic duct and the right lymphatic duct
 - lymphatic circulation
 - role of lymphatic system in immunity and wound healing
 - formation of oedema

- correct terminology
- anatomy and physiology of the skin and skin structures as they relate to superficial lymph massage treatments
- phases of skin growth, cell renewal, healing of skin and factors affecting epidermal mitosis
- normal skin response to irritation and trauma
- scars, including hypertrophic and keloid (their origin and evolution) and abnormal scar tissue
- effects of lymphatic treatments on physical structure of skin
- wound healing in different skin types and locations
- causes of skin reactions and allergies in regard to treatments.

Assessment Conditions

Skills must be demonstrated in a beauty industry environment; this can be:

- a beauty industry workplace or
- a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients, both new and regular, with different body massage requirements, who have the expectation that the services provided reflect those of a commercial business
- relevant organisation documentation:
 - blank client records
 - product instructions and safety data sheets
 - organisational policies and procedures relevant to providing superficial lymph massage.

Assessment must ensure use of:

- cleaning and disinfection products and equipment
- client gowns or covers
- individual workstations consisting of:
 - adjustable facial couch with safe working access for operator and equipment
 - magnifying lamp
- a professional range of massage/skincare and home care products
- treatment towels or linen, or disposable linen.

Assessment activities that allow the individual to:

- provide superficial lymph massages within commercially realistic speed, timing and productivity

- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisation's requirements for assessors and:

- hold a qualification as a beauty therapist
- have worked as a beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>