



Australian Government

Department of Education, Employment and Workplace Relations

HLTTTCM507C Plan TCM remedial massage (An Mo Tui Na) treatment strategy

Release: 1

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Modification History

Not Applicable

Unit Descriptor

Descriptor

This unit of competency describes the skills and knowledge required to prepare clients for TCM remedial massage treatment and negotiate a treatment management plan with them over the course of treatment required

Application of the Unit

Application

This unit applies to work in a range of health settings

Application of this unit should be contextualised to reflect any professional requirements, issues and practices specific to each workplace

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Not Applicable

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in italics are elaborated in the Range Statement.

Elements and Performance Criteria

ELEMENT

1. Select the therapeutic principles to determine treatment strategy

PERFORMANCE CRITERIA

- 1.1 Determine appropriate therapeutic principles of treatment according to assessment of client and within the skills of competence of the practitioner
- 1.2 Ascertain *contraindications* to treatment and possible complicating factors and modify treatment strategy used according to TCM Remedial Massage principles
- 1.3 Take into consideration treatment, information and advice provided by other health care professionals in determining the strategy to be used in treatment
- 1.4 Select treatment strategy appropriate to the client's condition and supported on the basis of established TCM Remedial Massage practice
- 1.5 Take into consideration possible *client compliance* issues in specific treatment options
- 1.6 Select appropriate *TCM Remedial Massage techniques*
- 1.7 Consider *client constitution* in selecting treatment

ELEMENT**PERFORMANCE CRITERIA**

- | | |
|---|--|
| 2. Discuss the treatment strategy with the client | 2.1 Allocate sufficient time to conclude sessions at a pace appropriate to the client |
| | 2.2 Discuss treatment strategy according to the client's needs |
| | 2.3 Negotiate client compliance |
| | 2.4 Clarify <i>discrepancies</i> between the practitioner's and the client's perception of the condition |
| | 2.5 Explain any perceived risks of the client's condition and treatment |
| | 2.6 Discuss <i>responsibilities of practitioner and client</i> within the treatment plan |
| | 2.7 Negotiate management of selected treatment in relation to any other current therapies |
| | 2.8 Discuss <i>treatment evaluation strategies</i> |

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- Awareness of critical information required for diagnosis and treatment according to TCRM therapy framework
- Community resources and support services
- Ethical and legal implications of enquiry and treatment
- Nutrition, hygiene and personal health care strategies
- Physiology and anatomy
- Possible obstacles to treatment
- Possible reactions and contraindications to treatment

REQUIRED SKILLS AND KNOWLEDGE

- Structure and function of anatomical systems
- Symptomology
- Symptomology and pathology
- Technical and practical knowledge of treatment
- The importance of breathing, exercise
- The principles of human movement and biomechanics
- Traditional dietetics

Essential skills:

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

- Demonstrate communication and negotiation skills
- Demonstrate communication skills to gain and convey required information
- Identify prominent bones/structures and major muscle groups through palpation
- Identify treatment options and establish treatment regimes
- Manage time throughout consultation and treatment
- Prepare treatment plans
- Read medical reports
- Read medical reports and other data relevant to the case
- Take into account opportunities to address waste minimisation, environmental responsibility and sustainable practice issues, including appropriate practices to ensure efficient use of resources

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects for assessment and evidence required to

- The individual being assessed must provide evidence of specified essential knowledge as well as skills

EVIDENCE GUIDE

demonstrate this competency unit:

- Observation of performance in the workplace or a simulated workplace (defined as a supervised clinic) is essential for assessment of this unit
- Consistency of performance should be demonstrated over the required range of situations relevant to the workplace
- Where, for reasons of safety, space, or access to equipment and resources, assessment takes place away from the workplace, the assessment environment should represent workplace conditions as closely as possible

Context of and specific resources for assessment

- An appropriately stocked and equipped clinic or simulated clinic environment
- Relevant texts or medical manuals
- Anatomical model
- Relevant paper-based/video assessment instruments
- Appropriate assessment environment

Method of assessment

- Observation in the work place (if possible)
- Written assignments/projects or questioning should be used to assess knowledge
- Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice.
- Explanations for plan preparations
- Oral questioning and discussion
- Clinical skills involving direct client care are to be assessed initially in a simulated clinical setting (laboratory). If successful, a second assessment is to be conducted during workplace application under direct supervision

EVIDENCE GUIDE

- Access and equity considerations:*
- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
 - All workers should develop their ability to work in a culturally diverse environment
 - In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
 - Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

Related units:

This unit should be assessed in conjunction with the following related unit:

- HLTCOM404C Communicate effectively with clients

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

RANGE STATEMENT

Contraindications to treatment and possible complicating factors may include:

- Infection or infectious diseases
- Pain local sharp, dull, achy, deep, surface
- Fatigue
- Inflammation
- Lumps and tissue changes
- Rashes and changes in the skin
- Oedema
- Mood alterations, eg. depression, anxiety
- Changes in habits such as appetite elimination or sleep
- Bleeding and bruising
- Nausea, vomiting or diarrhoea
- Temperature - hot/cold

TCM Remedial Massage techniques may include:

- Acupressure
- An mo
- Tui na
- Gua sha
- Moxibustion
- Cupping
- A range of TCM Remedial Massage sequences and techniques

Client constitution refers to:

- Genetic foundation
- Body type
- Fitness
- Mental attitude

Client compliance refers to:

- Ability to follow instructions or suggestions
- Willingness to follow instructions or suggestions

RANGE STATEMENT

Discrepancies may include:

- Client is unaware of the immediate danger of the condition
- Client is over anxious about the condition
- Client is unaware of maintaining causes acting on the condition
- Practitioner is unaware of some implications of the client 's condition
- Practitioner and client have differing views of what the main problem is

Practitioner responsibilities may include:

- Isolating the sick person
- Providing advice on public health matters
- Appropriate hygienic or sexual behaviour
- Referring notifiable/communicable disease to a registered doctor
- Commitment to the treatment plan
- Discussing relevant contraindications or potential complications to treatment
- Reviewing treatment plan

Client responsibilities may include:

- Following instruction/advice during and post treatment
- Advising practitioner of any relevant contraindications or potential complications to treatment
- Advising practitioner of compliance issues
- Commitment to the treatment plan

Treatment evaluation strategies may include:

- Discussing and reviewing response to treatment
- Reviewing achievement of treatment goals
- Monitoring time frame for achieving treatment goals

Unit Sector(s)

Not Applicable