



Australian Government

Department of Education, Employment and Workplace Relations

HLTTTCM502D Perform TCM remedial massage (An Mo Tui Na) health assessment

Release: 1

HLTTTCM502D Perform TCM remedial massage (An Mo Tui Na) health assessment

Modification History

Not Applicable

Unit Descriptor

Descriptor

This unit of competency describes the skills and knowledge required to observe the condition of the client and gather information relevant to the case using traditional chinese massage (TCM) remedial massage assessment techniques

Application of the Unit

Application

This unit applies to work in a range of health settings
Application of this unit should be contextualised to reflect any professional requirements, issues and practices specific to each workplace

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Not Applicable

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in *italics* are elaborated in the Range Statement.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

1. Determine the scope of the assessment and the client's needs

- 1.1 Establish client's purpose for consultation and identify symptoms
- 1.2 Determine client's eligibility for service using clinic/personal policies
- 1.3 Explain clearly services provided and limits of available services
- 1.4 Explore and clarify client's expectations of the service/clinic
- 1.5 Identify *factors likely to have a negative impact* on assessment in consultation with the client and wherever possible implement strategies to minimise the effects of these factors
- 1.6 Define personal abilities, level of professional competence and parameters of role to the client and ensure they determine practice at all times
- 1.7 Refer client to *other health care providers* where their needs are identified as beyond the scope of the services able to be provided, or if in the opinion of the practitioner their needs are best met by doing so
- 1.8 Identify and promote legal rights of the client

ELEMENT**PERFORMANCE CRITERIA**

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| 2. Obtain and record an accurate history of the client | 2.1 Seek information required from the client for the <i>client's history</i> in a respectful way asking all enquiries in a purposeful, systematic and diplomatic manner
2.2 Collect and record accurate, relevant and well organised information in a form which can be interpreted readily by other professionals
2.3 Manage information in a confidential and secure way |
| 3. Manage the health assessment | 3.1 Obtain informed client consent prior to conducting tests, in accordance with relevant legislation and regulations
3.2 Allow adequate time during consultation to gather critical information
3.3 Identify and minimise factors that may interfere with the information gathering process
3.4 Identify, establish and routinely observe essential requirements for the maintenance of clinical and practitioner hygiene
3.5 Anticipate <i>potential sensitivities</i> of the, adapt approach accordingly to take these into account and take steps to ensure the client's dignity is maintained at all times
3.6 Pursue and investigate abnormal findings in a deliberate, logical and appropriate manner
3.7 Assess the reliability of data obtained and ensure appropriate clinical correlation with the client's complaints is established
3.8 Base any decision to carry out laboratory tests on the integration of previously obtained clinical data and history
3.9 Adhere to protocol required by the agency in ordering tests
3.10 Accurately record all information in a systematic manner in accordance with clinic guidelines |
| 4. Prepare the client for assessment | 4.1 Respect client boundaries at all times
4.2 Seek client feedback on comfort levels
4.3 Prepare a suitable environment to maximise client comfort |

ELEMENT**PERFORMANCE CRITERIA**

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|-------------------------------------|---|
| 5. Make an assessment of the client | 5.1 Identify signs of condition according to TCM therapy framework |
| | 5.2 Assess client through palpation, observation and sensory information gathering techniques |
| | 5.3 Use <i>other appropriate assessment techniques</i> |
| | 5.4 Identify <i>contraindications to treatment</i> |
| | 5.5 Conduct assessment according to local regulation and legislative requirements |

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- Aetiology and pathology
- Atheroma formation and oedema and their effects within the human body
- Awareness of critical information required for assessment and treatment according to principles of TCM
- Awareness of time management requirements during consultation
- Bioenergetic concepts and the cardio-respiratory concepts in relation to exercise
- Correct terminology
- Diagnostic ability of face, complexion, posture and vitality
- Disease causation, acute and chronic inflammatory processes, wound healing and haemorrhage processes
- Disease processes and affecting factors for a range of common diseases
- Environmental physiology and the effects of drugs on the individual sport
- Ethical and legal implications of enquiry
- Indications for massage
- Infectious and immunity process
- Jing Luo (meridian) theory
- Legislative and regulatory requirements

REQUIRED SKILLS AND KNOWLEDGE

- Main paths of the human respiratory and cardiovascular systems and their physiology
- Musculo-skeletal, digestive, integumentary, nervous, urinary, endocrine and reproductive systems
- Neoplasms and pathological skin conditions
- Normotensive and hypertensive characteristics
- Palpatory assessment techniques
- Philosophical approach to diagnosis and treatment
- Physiology and anatomy
- Physiology and anatomy according to TCM Remedial Massage framework
- Primary functions of meridians and meridian extensions
- Relationships between body types and symptoms according to five phases theory
- Relevant testing and assessment options and procedures
- Structure and function of anatomical systems
- Structure and function of cells, tissues, blood and organs
- Structure and function of skeletal, muscular; cardiovascular and lymphatic systems

continued ...

Essential knowledge (contd):

- Symptomology and pathology according to TCM Remedial Massage framework
- The basis of health and disease
- The character and function of tsubo (acu-points)
- The effects of hormones on the body
- The formation and function of blood, essence and fluids
- The history and development of TCM, anatomy and physiology
- The influence of constitution and medical history on personal health
- The influence of lifestyle, diet, personal history and values and attitudes on health
- The influence of rest and activity on health status
- The pathological process of thrombosis and embolism
- The principles of human movement and biomechanics
- The relational dynamics within and between human behaviour, anatomy and physiology, pathology and the natural world
- The relationship between physical and social environment and health
- The vital substances: Qi, Xue, Jing, Jin Ye
- Understanding signs and symptoms of condition
- Yin and Yang and Five Elemental Phases
- Zang fu (organ) theory

Essential skills:

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in

REQUIRED SKILLS AND KNOWLEDGE

the context of the identified work role

This includes the ability to:

- Assess client using a range of TCM remedial massage assessment techniques
- Communicate effectively to gain required information
- Correctly use stethoscope, sphygmomanometer and an otoscope
- Demonstrate assessment skills
- Demonstrate communication skills
- Demonstrate record keeping skills
- Identify and describe major diagnostic zones of the body
- Identify contra-indications for massage
- Identify prominent bones/structures and major muscle groups through palpation
- Read medical reports
- Select and use appropriate assessment techniques
- Use correct terminology
- Use equipment and technology competently and safely

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects for assessment and evidence required to demonstrate this competency unit:

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Observation of performance in the workplace or a simulated workplace (defined as a supervised clinic) is essential for assessment of this unit
- Consistency of performance should be demonstrated over the required range of situations relevant to the workplace
- Where, for reasons of safety, space, or access to equipment and resources, assessment takes place away from the workplace, the assessment environment should represent workplace conditions as closely as possible

EVIDENCE GUIDE

- Context of and specific resources for assessment:*
- An appropriately stocked and equipped clinic or simulated clinic environment
 - Relevant assessment instruments
 - Appropriate assessment environment
 - Skilled assessors
- Method of assessment*
- Observation in the work place (if possible)
 - Written assignments/projects or questioning should be used to assess knowledge
 - Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice.
 - Examples of assessment notes
 - Oral questioning on technique or assessment strategy
 - Clinical skills involving direct client care are to be assessed initially in a simulated clinical setting (laboratory). If successful, a second assessment is to be conducted during workplace application under direct supervision
- Access and equity considerations:*
- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
 - All workers should develop their ability to work in a culturally diverse environment
 - In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
 - Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

EVIDENCE GUIDE

Related units:

This unit should be assessed in conjunction with the following related units:

- HLTCOM404C Communicate effectively with clients
- HLTHIR501B Maintain an effective health work environment
- HLTIN301C Comply with infection control policies and procedures

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

Factors likely to have a negative impact on assessment may include:

- Language difficulties
- Disabilities
- Emotional trauma
- Lack of privacy or focus due to additional parties being present
- Cultural or gender factors

Other health care professional may include:

- Medical practitioners
- Psychologists
- Social workers
- Counsellors
- Other alternative/complementary health practitioners

RANGE STATEMENT

Other appropriate assessment techniques may include:

- Palpation
- Observation
- Listening and smelling
- Taking of blood pressure, temperature, radial pulse rate and quality
- Percussion
- TCM pattern differentiation
- Discussion/questioning
- Or any other method in which the practitioner has been trained to a competent standard
- Procedure which is conducted according to legislative and regulatory requirements

RANGE STATEMENT

Client history may include:

- Date of presentation
- Identifying personal details
- Source of referral (if applicable)
- Main presenting complaint or reason for massage
- Presenting symptom picture
- General state of health
 - biological
 - emotional
 - psychological
 - social
 - spiritual
 - allergies
 - appetite and eating habits
 - bowel and urinary habits
 - menstrual cycle
 - sleep patterns
 - exercise
 - relaxation/leisure activities
- Childhood and adult illness
- Accidents, injuries, operations
- Hospitalisations
- Occupational history and environment
- Other current medical treatment
- Medication, supplements and natural prescriptions - current and previous
- Social lifestyle including social drug usage
- Family history

Potential sensitivities may include:

- Gender
- Ethnicity
- Language
- Religious beliefs
- Cultural heritage
- Sexuality
- Ability
- Presenting disease state and personal history

RANGE STATEMENT

Contraindications to treatment may include:

- Infection or infectious diseases
- Pain local sharp, dull, achy, deep, surface
- Fatigue
- Inflammation
- Lumps and tissue changes
- Rashes and changes in the skin
- Oedema
- Mood alterations, eg. depression, anxiety
- Changes in habits such as appetite elimination or sleep
- Bleeding and bruising
- Nausea, vomiting or diarrhoea
- Temperature - hot/cold
- Varicose veins
- Recent severe sprains, bruises or whiplash injuries
- Migraines

Unit Sector(s)

Not Applicable