



Australian Government

Department of Education, Employment and Workplace Relations

HLTSHU506C Provide specific shiatsu therapy assessment and care

Release: 1

HLTSHU506C Provide specific shiatsu therapy assessment and care

Modification History

Not Applicable

Unit Descriptor

Descriptor

This unit of competency describes the skills and knowledge required to provide specific shiatsu therapy care relating to age specific, gender specific and common conditions in each phase and epoch of life

Application of the Unit

Application

This unit applies to work in a range of health settings

Application of this unit should be contextualised to reflect any professional requirements, issues and practices specific to each workplace

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Pre-requisite unit

This unit must be assessed after successful achievement of pre-requisite:

- HLTSHU507C Provide shiatsu therapy treatment

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in italics are elaborated in the Range Statement.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

1. Provide specific care for children and adolescents

- 1.1 *Take the case* with special reference to the *age of the individual*
- 1.2 Assess the individual according to standard guidelines relating to age
- 1.3 Assess the individual in an age - specific manner after obtaining appropriate consent from the parent/caregiver/guardian if appropriate
- 1.4 Record any deviations from the *normal percentiles, mental and emotional development norms and physiological features* for the age group
- 1.5 Develop a *treatment plan* according to findings and potential sensitivities
- 1.6 Take steps to ensure the client's dignity is maintained at all times
- 1.7 Identify factors likely to have a negative impact on assessment in consultation with the client and implement strategies to minimise the effects of these factors wherever possible
- 1.8 Implement the *treatment plan*

ELEMENT**PERFORMANCE CRITERIA****2. Provide specific care for females/males**

- 2.1 *Take the case* with special reference to *the gender of the individual*
- 2.2 Examine the individual is examined in a gender specific manner after obtaining consent from the parent/caregiver/guardian if appropriate
- 2.3 Conduct a physical examination with special regard to *common conditions* of the female/male and findings documented according to clinic guidelines
- 2.4 Anticipate potential sensitivities of the client, adapt approach accordingly and take steps to ensure the client's dignity is maintained at all times
- 2.5 Identify factors likely to have a negative impact on assessment in consultation with the client and strategies are implemented to minimize the effects of these factors wherever possible
- 2.6 Develop a *treatment plan*
- 2.7 Implement the *treatment plan*

3. Provide geriatric care

- 3.1 *Take the case* with special reference to the *age of the individual* and with special consideration to the client's health, memory, cognitive ability and care requirements
- 3.2 Assess the health of the client with special consideration to conditions relating to aging
- 3.3 Conduct a physical examination with special regard to *common conditions* of aging and document findings according to clinic guidelines
- 3.4 Anticipate potential sensitivities of the client, adapt approach accordingly and take steps to ensure the client's sense of dignity is maintained at all times
- 3.5 Identify factors likely to have a negative impact on assessment and implement strategies are to minimise the effects of these factors wherever possible
- 3.6 Develop a *treatment plan*
- 3.7 Implement the *treatment plan*

ELEMENT**PERFORMANCE CRITERIA****4. Provide palliative care**

- 4.1 *Take the case* with special reference to the *age of the individual* with special consideration to fears, needs, expectations and care requirements
- 4.2 Obtain information on the disease, prognosis, potential risks and relevant tests
- 4.3 Assess the vitality of the client with special consideration to current needs and any distressing or painful symptoms
- 4.4 Develop a *treatment plan*
- 4.5 Anticipate potential sensitivities of the client adapt approach accordingly to take these into account and take steps to ensure the client's sense of dignity is maintained at all times
- 4.6 Identify factors likely to have a negative impact on assessment and implement strategies to minimise the effects of these factors wherever possible
- 4.7 Implement the *treatment plan*
- 4.8 Provide continued support and communication for the client and carers through the dying process
- 4.9 Refer to *other supportive treatment* or services if appropriate

5. Provide prophylactic care and advice

- 5.1 Discuss prophylaxis issues with the client
- 5.2 Advise the client of available lifestyle or dietary options for their situation
- 5.3 Discuss responsibilities of practitioner and client within the treatment plan
- 5.4 Negotiate management of selected treatment in relation to any other current therapies

ELEMENT**PERFORMANCE CRITERIA****6. Manage the treatment plan**

- 6.1 Assess the health of the individual with special regard to common conditions of their age/gender
- 6.2 Document therapeutic expectations in accordance with clinic guidelines
- 6.3 Record findings, recommendations and treatment in accordance with clinic guidelines
- 6.4 Organise and document *follow up visit/s* in accordance with clinic guidelines
- 6.5 Document actual responses in accordance with clinic guidelines and adjust treatment accordingly
- 6.6 Advise clients on possible adverse effects and personal management techniques

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- A range of alternative and complementary therapies
- Anatomy and physiology from neonatal development, childhood and the changes relating to ageing
- Basic counselling and grief counselling with special reference to death and dying
- Clinical anatomy and physiology related to the disease process and treatments of the terminally ill
- Ethical issues in natural medicine
- OHS requirements in the workplace
- The health issues commonly affecting males and females in various epochs
- The principles and tools of shiatsu practice

REQUIRED SKILLS AND KNOWLEDGE

Essential skills:

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

- Appropriately record details of client treatment according to clinic guidelines
- Communicate in one-to-one and group settings in an age appropriate manner
- Communicate with people from diverse cultural and linguistic backgrounds
- Conduct an age specific external physical examination with minimal internal examination: eyes, ears, mouth and throat
- Conduct basic external physical examination and internal inspection of ears, eyes and throat
- Correctly identify client information needs
- Demonstrate age - appropriate communication skills in a one-to-one and group setting
- Explain relevant services
- Give palliative treatment honestly and with compassion and respect for the individual and carers
- Give specific care according to the age and gender and specific care needs of the client
- Provide client with required information
- Provide the treatment in an age specific manner
- Work or model work which demonstrates an understanding of underpinning values and philosophies in the shiatsu framework

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects for assessment and evidence required to demonstrate this competency unit:

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Observation of performance in the workplace or a simulated workplace (defined as a supervised clinic)

EVIDENCE GUIDE

is essential for assessment of this unit

- Consistency of performance should be demonstrated over the required range of situations relevant to the workplace
- Assessment may contain both theoretical and practical components and examples covering a range of clinical situations
- Where, for reasons of safety, space, or access to equipment and resources, assessment takes place away from the workplace, the assessment environment should represent workplace conditions as closely as possible
- Assessment of sole practitioners must include a range of clinical situations and different client groups covering at minimum, age, culture and gender
- Assessment of sole practitioners must consider their unique workplace context, including:
 - interaction with others in the broader professional community as part of the sole practitioner's workplace
 - scope of practice as detailed in the qualification and component competency units
 - holistic/integrated assessment including:
 - working within the practice framework
 - performing a health assessment
 - assessing the client
 - planning treatment
 - providing treatment

Context of and specific resources for assessment:

- Relevant texts or medical manuals
- Relevant paper-based/video assessment instruments
- Appropriate assessment environment
- Skilled assessors
- Measuring tape, measuring blocks and scales
- Basic physical examination equipment
- Age specific toys
- Infection control equipment

EVIDENCE GUIDE

Method of assessment

- Observation in the work place
- Short tests and essays
- Oral questioning and discussion
- Actual or simulated clinical encounters
- Written assignments/projects or questioning should be used to assess knowledge
- Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice.
- Clinical skills involving direct client care are to be assessed initially in a simulated clinical setting (laboratory). If successful, a second assessment is to be conducted during workplace application under direct supervision

Access and equity considerations:

- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
- All workers should develop their ability to work in a culturally diverse environment
- In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
- Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

The case is taken may include:

- Antenatal, birth and post natal period information, Apgar score, birth weight, feeding method and frequency
- Family history, maternal and paternal
- Growth patterns and changes in the pattern of growth over a series of measurements
- Height, weight and head circumference measurements
- Major milestones in development
- Major milestones in personal and social, fine motor skills, general motor skills and language development to a simplified standard milestone chart
- Age specific considerations (emotional and social) of the adolescent of both genders and the aged
- Memory and intellectual ability of the aging

Age of the individual may include:

- Neonate (birth to 28 days)
- Children
- Adolescence (puberty to adulthood)
- Adulthood
- Sescences

RANGE STATEMENT

Normal percentiles, mental and emotional development norms and physiological features may refer to:

- Apgar score, birth weight
- Growth patterns and changes in the pattern of growth
- Height, weight and head circumference measurements
- Major milestones in development
- Personal and social skills, fine motor skills, general motor skills and language development
- Standard milestone chart
- Ages specific considerations (emotional and social) of the adolescent of both genders and the aged
- Tongue colour and coating
- Pulse type
- Muscle and skin tone
- Constitutional type
- Index finger venule
- Complexion
- Shan gan
- Shen
- Facial zones - eyes, nose, ears, mouth, cheeks,
- Fingernails
- Hara
- Urine and stool
- Diet
- Thirst
- Behaviour

RANGE STATEMENT

- Common conditions may include:*
- Injuries
 - Over exertion
 - Over- or improper consumption of foods or fluids
 - Pain - local sharp, dull, achy, deep, surface
 - Migraines, headaches
 - Rashes
 - Oedema
 - Urinary and defecation disorders
 - Sleep
 - Bleeding and bruising
 - Nausea, vomiting or diarrhoea
 - Temperature - hot/cold
 - Varicose veins
 - Sprains, bruises or whiplash injuries
 - Influence of prescribed/non prescribed drugs
- A treatment plan may include:*
- Providing guidance on breast and/or alternative feeding methods and the weaning of children
 - Describing the importance of breast feeding and the suitability of alternative commonly available feeding formula/s and the weaning process
 - Toilet training, bladder reprogramming exercises in the postpartum period and in older aged client
 - Using therapeutic interview
 - Removing or alleviating of environmental factors likely to impede progress
 - Researching of allopathic medication for iatrogenic influences
- Particular state may include:*
- Pre pubescent female
 - Non pregnant female
 - Pregnant female
 - Climactic female
 - Post menopausal female

RANGE STATEMENT

Follow up visit may include:

- Regular phone or face to face contact/consultations eg hourly, daily or weekly depending on client's condition
- Monthly phone/long distance or face to face consultations
- SOS, face to face or phone/long distance consultations
- Effective response to client feedback and/or complaints

Actual responses may include:

- Amelioration sustained
- Amelioration short lived
- Mild aggravation
- Prolonged aggravation
- No response

Other supportive treatment or services may include:

- TCM - herbs, acupuncture etc
- Body work - massage, reiki, kinesiology etc
- Remedial therapy
- Aromatherapy
- Acupuncture
- Cancer or AIDS support foundations
- Local palliative care associations
- Counsellors
- Nursing community care services

Unit Sector(s)

Not Applicable