



Australian Government

HLTREM510B Provide specialised remedial massage treatments

Release 2

HLTREM510B Provide specialised remedial massage treatments

Modification History

Release	Comments
Release 5.1	Minor changes and correction of errors. No change to competency outcome.

Unit Descriptor

Descriptor

This unit of competency describes the skills and knowledge required to provide specialised remedial massage treatment for specific client groups and common conditions/disease states in accordance with the age, gender and mental health needs of the client

This unit requires a high level knowledge of remedial massage treatment

Application of the Unit

Application

This unit may apply to work in massage in a range of settings and contexts

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Pre-requisite units

This unit must be assessed after successful achievement of pre-requisites:

- HLTREM502C Provide remedial massage treatment
- HLTREM503C Plan remedial massage treatment
- HLTREM504C Apply remedial massage treatment
- HLTREM505C Perform remedial massage treatment

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in *italics* are elaborated in the Range Statement.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

- | | |
|--|--|
| 1. Manage the <i>specialised remedial massage treatment</i> | <ul style="list-style-type: none">1.1 Using knowledge of remedial massage select the most appropriate treatment strategy1.2 Take into account <i>factors which may interfere with the effectiveness of the treatment</i>1.3 Take into account possible treatment reactions1.4 Take into account contra-indications1.5 Ensure <i>consent for treatment</i>1.6 Recognise reactions to treatment (adverse or otherwise) <i>respond</i> promptly if necessary1.7 Document assessments and recommendations1.8 Provide treatment according to treatment plan1.9 Explain treatment to the client and respond to enquiries1.10 Use counselling skills as appropriate1.11 Review treatment plan and negotiate continuing care with the client |
| 2. Provide specialised remedial massage treatment for children and adolescents | <ul style="list-style-type: none">2.1 Gain <i>consent for treatment</i> from the parent/caregiver/guardian2.2 Assess client health according to standard guidelines relating to age2.3 Develop a specialised remedial massage treatment plan according to findings2.4 Implement the <i>treatment plan</i> |

ELEMENT**PERFORMANCE CRITERIA**

- | | |
|---|--|
| 3. Provide specialised remedial massage treatment for women | 3.1 Assess client health and welfare with special consideration given to conditions common to women
3.2 Conduct a physical examination with special regard to common conditions of women in various <i>life stages</i> and according to local and national regulations
3.3 Develop a specialised remedial massage treatment plan according to findings
3.4 Implement the treatment plan |
| 4. Provide specialised remedial massage treatment for men | 4.1 Assess client health and welfare with special consideration to conditions common to men
4.2 Conduct a physical examination with special regard to common conditions of men relating to age and according to local and national regulations
4.3 Develop a specialised remedial massage treatment plan according to findings
4.4 Implement the treatment plan |
| 5. Provide specialised remedial massage geriatric care | 5.1 Take client history with special consideration to client memory, cognitive ability and care requirements
5.2 Conduct a physical examination with special regard to common conditions of ageing and according to local and national regulations
5.3 Develop a specialised remedial massage treatment plan according to findings
5.4 Implement the treatment plan |
| 6. Provide specialised remedial massage mental health care | 6.1 Take client history with special consideration to client mental health and care requirements
6.2 Develop a specialised remedial massage treatment plan is developed according to findings
6.3 Implement the treatment plan |

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- A range of alternative and complementary therapies
- Contra-indications of treatment
- How to select best treatment within best current practice
- Knowledge and understanding of methods of managing and preparing for treatment
- Medical reports and diagnostic procedure
- Relevant reference works and information sources
- Research issues and their uses
- Research priorities
- Statistical analysis
- Supplementary measures in the management of the conditions eg dietary considerations and exercise
- The possible responses to treatments

Essential skills:

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

- Access and critically evaluate reference material on the effects of current conventional drug therapies and their withdrawal
- Access and interpret up-to-date information
- Analyse a complex problem utilising a remedial massage model of reasoning, and utilising literature review techniques to understand the nature of the problem and its management

REQUIRED SKILLS AND KNOWLEDGE

- Appropriately record details of client enquiries according to clinic guidelines
- Communicate information through written or verbal media
- Correctly identify client information needs
- Critically evaluate research
- Demonstrate age appropriate communication skills in a one-to-one and group setting
- Demonstrate interpersonal and questioning skills
- Determine 'level of concern' in relation to risk of complications, severity of disease process, lifestyle factors and their impact on treatment strategies, timeframe of treatment, and other factors
- Explain relevant services and case management program
- Extrapolate case study information to new cases
- Identify and effectively monitor 'high level of concern' clients
- Provide client with required information
- Provide treatment appropriate to age and specific needs of clients
- Work or model work which demonstrates an ability to apply the underpinning values and philosophies of remedial massage
- Write referrals, appraisal letters for insurance companies and other documentation

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects for assessment and evidence required to demonstrate this competency unit:

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Observation of performance in the workplace or a simulated workplace (defined as a supervised clinic)
- Consistency of performance should be demonstrated over the required range of situations relevant to the workplace
- Where, for reasons of safety, space, or access to equipment and resources, assessment takes place away from the workplace, the assessment environment should represent workplace conditions as closely as possible

EVIDENCE GUIDE

- Assessment may contain both theoretical and practical components and examples covering a range of clinical situations
- Assessment of sole practitioners must include a range of clinical situations and different client groups covering at minimum, age, culture and gender
- Assessment of sole practitioners must consider their unique workplace context, including:
 - interaction with others in the broader professional community as part of the sole practitioner's workplace
 - scope of practice as detailed in the qualification and component competency units
 - holistic/integrated assessment including:
 - working within the practice framework
 - performing a health assessment
 - assessing the client
 - planning treatment
 - providing treatment

Context of and specific resources for assessment:

- An appropriately stocked and equipped clinic or simulated clinic environment
- Relevant texts or medical manuals
- Appropriate assessment environment
- Skilled assessors

Method of assessment

- Observation in the workplace
- Written assignments/projects or questioning should be used to assess knowledge
- Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice
- Clinical skills involving direct client care are to be assessed initially in a simulated clinical setting. If successful, a second assessment is to be conducted during workplace application under direct supervision.
- Explanations of technique
- Oral questioning and discussion

EVIDENCE GUIDE

- Access and equity considerations:*
- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
 - All workers should develop their ability to work in a culturally diverse environment
 - In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
 - Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

Range Statement

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

- Specialised remedial massage treatment includes::*
- Using a high level of remedial massage knowledge to enable extrapolation of case study information to new cases
 - Using research including literature reviews and critical assessment of research, as a tool in providing treatment
 - Knowledge and understanding of the remedial massage treatment of conditions/disease states of particular groups in society with specific needs
 - Ensuring all treatment or care delivered meets the requirements of relevant legislation and regulations
 - Collaborating with or referring to other health care professionals as required

- Factors which interfere with the effectiveness of treatment may include:*
- Other medical treatment being undertaken
 - Client physical and psychological readiness and/or wellness
 - Cultural factors
 - Contra-indications to treatment
 - Post treatment activity
- Responses to reactions may include:*
- Adjusting treatment accordingly
 - Seeking appropriate expertise
 - Discussing reaction with the client
 - Adhering to clinic guidelines for response to accidents and emergencies
 - Use of first aid procedures according to St Johns, Australian Red Cross or other appropriate first aid training
 - Accessing local emergency services
- Consent for treatment refers to:*
- Informed consent according to the local and national regulations and legal guidelines
- Response to enquiries may include:*
- Providing (or directing to) information material
 - Answering questions
 - Following up with further information
 - Providing of referrals
- Assessment of the case may include:*
- Antenatal, birth and post natal period information, apgar score, birth weight and feeding method and frequency
 - Family history, maternal and paternal
 - Growth and growth patterns
 - Height, weight and head circumference measurements
 - Changes in the pattern of growth over a series of measurements
 - Recognise major milestones in development
 - Relate the major milestones in personal and social skills fine motor skills, general motor skills and language development to a simplified standard milestone chart

Life stages refers to:

- Neonate (birth to 28 days)
- Children
- Adolescence (puberty to adulthood)
- Adulthood
- Old Age
- Pregnancy and post natal period for women
- Peri-menopausal and post menopausal state for women

Unit Sector(s)

Not Applicable