



Australian Government

Department of Education, Employment and Workplace Relations

HLTNAT605C Plan naturopathic treatment strategy

Release: 1

HLTNAT605C Plan naturopathic treatment strategy

Modification History

Not Applicable

Unit Descriptor

Descriptor

This unit of competency describes the skills and knowledge required to prepare for treatment of clients and negotiate a treatment management plan with them using a naturopathic framework

Application of the Unit

Application

This unit applies to work undertaken within a naturopathic framework

Licensing/Regulatory Information

Not Applicable

Pre-Requisites

Not Applicable

Employability Skills Information

Employability Skills

This unit contains Employability Skills

Elements and Performance Criteria Pre-Content

Elements define the essential outcomes of a unit of competency.

The Performance Criteria specify the level of performance required to demonstrate achievement of the Element. Terms in italics are elaborated in the Range Statement.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

- | | |
|---------------------------------|---|
| 1. Determine treatment strategy | 1.1 Determine appropriate therapeutic principles of treatment according to diagnosis of client and within the skills of competence of the practitioner |
| | 1.2 Ascertain <i>contraindications to treatment and possible complicating factors</i> and modify treatment strategy used according to naturopathic principles |
| | 1.3 Take into consideration treatment and advice provided by other health care professionals in determining the strategy to be used in treatment |
| | 1.4 Select treatment strategy appropriate to the client's condition and supported on the basis of established naturopathic practice |
| | 1.5 Take into account possible <i>client compliance</i> issues in specific treatment options |

ELEMENT**PERFORMANCE CRITERIA**

- | | |
|---|--|
| 2. Discuss the treatment strategy with the client | 2.1 Discuss the proposed treatment strategy with the client |
| | 2.2 Allocate sufficient time to discuss the treatment strategy, appropriate to the client's needs |
| | 2.3 Negotiate client compliance |
| | 2.4 Clarify <i>discrepancies</i> between the practitioner's and the client's perception of the condition |
| | 2.5 Communicate any relevant information from medical or diagnostic reports where appropriate |
| | 2.6 Explain any perceived risks of the client's condition and treatment |
| | 2.7 Clarify <i>responsibilities of practitioner and client</i> within the treatment plan |
| | 2.8 Negotiate management of selected treatment in relation to any other current therapies |
| | 2.9 Discuss <i>treatment evaluation strategies</i> |

Required Skills and Knowledge

REQUIRED SKILLS AND KNOWLEDGE

This describes the essential skills and knowledge and their level required for this unit.

Essential knowledge:

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes knowledge of:

- Advanced knowledge of medical terminology
- Allopathic drugs, their classifications, usage and side effects
- Common disease states and functional problems of each bodily system
- Community resources and support services
- Drug abuse - signs, consequences, treatment, community resources available
- Drug interactions

REQUIRED SKILLS AND KNOWLEDGE

- Drugs used in pregnancy and breast feeding
- Drugs used to treat disorders of each system of the body
- Groups of remedies and how to distinguish between them
- Knowledge and understanding of methods of preparing treatment and management plans
- Legal and ethical considerations in treating clients with remedies/treatments
- Lifestyle factors relevant to treatment of specific conditions and diseases
- Major remedies with respect to their use for general symptoms, psychological and physiological indications
- Medical reports and diagnostic procedures
- Minor remedies in respect to their most important indications
- Pathogenesis of the remedies/treatments administered
- Pharmacodynamics and the theory of drug action, factors modifying drug effect and dosage, drug toxicity and toxicology
- Pharmacokinetics - drug administration, absorption, distribution, metabolism and excretion
- Pharmacology
- Possible obstacles to cure
- Remedies/treatments and dosages used to treat particular conditions
- Supplementary measures in the management of the condition/system (dietary considerations, exercise)
- The active principles of the remedies/treatments used for each condition/system
- The clinical indications of remedies relevant to specific circumstances - infectious diseases, first aid and injuries
- The derivation of the materia medica from provings, clinical and toxicological sources
- The interaction of remedies/treatments with foods, herbs, nutritional supplements and drugs

continued ...

Essential knowledge (contd):

- The correct preparations required for specific treatment
- The possible responses and contraindications to treatments
- The principles and practice of treating common conditions
- The principles of formulation including dosage and duration of treatment

Essential skills:

It is critical that the candidate demonstrate the ability to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role

This includes the ability to:

REQUIRED SKILLS AND KNOWLEDGE

- Access and interpret up-to-date information
- Access and interpret up-to-date information
- Access and understand reference material on the effects of current conventional drug therapies and their withdrawal
- Access and understand reference material on the effects of current conventional drug therapies and their withdrawal
- Apply methods of treating and managing disease process of each system using naturopathic remedies/treatments
- Demonstrate communication and negotiation skills
- Demonstrate consideration of the impact of client vitality on selected remedies/treatments
- Demonstrate interpersonal and questioning skills
- Discuss (and understand) medical reports and other data relevant to the case
- Identify treatment options and establish treatment regimes
- Prepare treatment plans
- Prescribe remedies/treatments according to the time-frame appropriate to the client condition and the remedies/treatments selected, and to the dosage recommended for the client age group
- Provide advice
- Take into account opportunities to address waste minimisation, environmental responsibility and sustainable practice issues
- Select dietary regimes for specific conditions

Evidence Guide

EVIDENCE GUIDE

The evidence guide provides advice on assessment and must be read in conjunction with the Performance Criteria, Required Skills and Knowledge, the Range Statement and the Assessment Guidelines for this Training Package.

Critical aspects for assessment and evidence required to demonstrate this competency unit:

- The individual being assessed must provide evidence of specified essential knowledge as well as skills
- Observation of performance in the workplace or a simulated workplace (defined as a supervised clinic)
- Consistency of performance should be demonstrated over the required range of situations relevant to the workplace

EVIDENCE GUIDE

- Where, for reasons of safety, space, or access to equipment and resources, assessment takes place away from the workplace, the assessment environment should represent workplace conditions as closely as possible
- Assessment may contain both theoretical and practical components and examples covering a range of clinical situations
- Assessment of sole practitioners must include a range of clinical situations and different client groups covering at minimum, age, culture and gender
- Assessment of sole practitioners must consider their unique workplace context, including:
 - interaction with others in the broader professional community as part of the sole practitioner's workplace
 - scope of practice as detailed in the qualification and component competency units
 - holistic/integrated assessment including:
 - working within the practice framework
 - performing a health assessment
 - assessing the client
 - planning treatment
 - providing treatment

Context of and specific resources for assessment:

- An appropriately stocked and equipped clinic or simulated clinic environment
- Relevant texts or medical manuals
- Documented process to enable the access and interpretation of up-to-date information
- Relevant assessment instruments
- Appropriate assessment environment
- Skilled assessors

EVIDENCE GUIDE

Method of assessment

- Observation in the work place
- Written assignments/projects or questioning should be used to assess knowledge
- Case study and scenario as a basis for discussion of issues and strategies to contribute to best practice.
- Clinical skills involving direct client care are to be assessed initially in a simulated clinical setting. If successful, a second assessment is to be conducted during workplace application under direct supervision.
- Explanations for plan preparations
- Oral questioning and discussion
- Research work

Access and equity considerations:

- All workers in the health industry should be aware of access and equity issues in relation to their own area of work
- All workers should develop their ability to work in a culturally diverse environment
- In recognition of particular health issues facing Aboriginal and Torres Strait Islander communities, workers should be aware of cultural, historical and current issues impacting on health of Aboriginal and Torres Strait Islander people
- Assessors and trainers must take into account relevant access and equity issues, in particular relating to factors impacting on health of Aboriginal and/or Torres Strait Islander clients and communities

Related units:

This unit should be assessed in conjunction with the following related units:

- HLTCOM404C Communicate effectively with clients
- HLTNAT608C Apply naturopathic diagnostic framework
- HLTNAT609C Work within a naturopathic framework

Range Statement

RANGE STATEMENT

The Range Statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Add any essential operating conditions that may be present with training and assessment depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts.

Contraindications to treatment and possible complicating factors may include:

- Acute surgical and medical conditions such as cardiac arrest, acute hypovolaemic shock, paralytic ileus and loss of consciousness
- Traumatic injuries or conditions requiring immediate medical attention
- Life threatening situations
- Personal or life circumstances
- Ability or willingness to comply with treatment
- Allergies/sensitivities
- Past treatment history
- Current conditions/disease state
- Current medications/treatments
- Contraindications for use of certain excipients and bases

Treatments may include:

- Nutrition therapies including the use of specific micronutrient supplements and food therapy
- Herbal medicine
- Homeopathy
- Bodywork eg massage, reflexology, shiatsu,
- Counselling

Client compliance refers to:

- Ability to follow instructions or suggestions
- Willingness to follow instructions or suggestions

RANGE STATEMENT*Discrepancies may include:*

- Client is unaware of the immediate danger of their condition
- Client is over anxious about their condition
- Client is unaware of maintaining causes acting on their condition
- Practitioner is unaware of some implications of the client 's condition
- Practitioner and client have a different view of what the main problem is

Practitioner responsibilities may include:

- Isolating the sick person if appropriate
- Notifying doctor about their condition
- Appropriate hygienic behaviour
- Appropriate client relations
- Notifying state health authorities of notifiable/communicable disease
- Commitment to the treatment plan
- Discussing relevant contraindications or potential complications to treatment
- Reviewing treatment plan

Client responsibilities may include:

- Following instruction/advice during and post treatment
- Advising practitioner of any relevant contraindications or potential complications to treatment
- Advising practitioner of compliance issues
- Commitment to the treatment plan

Treatment evaluation strategies may include:

- Discussing and reviewing of response to treatment
- Reviewing achievement of treatment goals
- Monitoring time-frame for achieving treatment goals

Unit Sector(s)

Not Applicable